Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

1. Uitslag 10000 meter

Pos		Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	29	**Ruben Molenaar**	HA2	5	O	**16:46.44**		
2	28	**Mike van Dijk**	HSA	5	I	**16:59.67**		
3	34	**Johan Boere**	H45	4	O	**17:58.02**		
4	16	**Evert Jan van Dijk**	H45	6	I	**18:50.76**		
5	3	**Kees Langeveld**	H65	6	O	**18:55.69**	TRC	
6	51	**Sep Jan de Graaff**	HA1	1	O	**19:42.75**		
7	2	**Erwin Henskes**	H70	3	I	**19:42.93**	TRC	
8	58	**Walter Boon**	HSB	3	O	**19:43.63**		
9	5	**Sander Nederstigt**	HSA	4	I	**20:18.57**		
10	19	**Charline Kwadrin**	DN1	1	I	**20:39.82**		

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:11:37 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

1. Rituitslag 10000 meter

			Naam	Cat	PR	Tijd	Info
1	wt	19	**Charline Kwadrin**	DN1		20:39.82	
	rd	51	**Sep Jan de Graaff**	HA1	19:28.01	19:42.75	

Charline Kwadrin			Sep Jan de Graaff		
400m	45.78	(45.78)	400m	47.88	(47.88)
800m	1:29.85	(44.07)	800m	1:32.25	(44.37)
1200m	2:16.68	(46.83)	1200m	2:17.68	(45.43)
1600m	3:03.62	(46.94)	1600m	3:04.29	(46.61)
2000m	3:51.76	(48.14)	2000m	3:50.87	(46.58)
2400m	4:39.27	(47.51)	2400m	4:38.88	(48.01)
2800m	5:26.97	(47.70)	2800m	5:26.06	(47.18)
3200m	6:15.21	(48.24)	3200m	6:13.98	(47.92)
3600m	7:03.97	(48.76)	3600m	7:01.45	(47.47)
4000m	7:53.12	(49.15)	4000m	7:49.25	(47.80)
4400m	8:41.43	(48.31)	4400m	8:36.95	(47.70)
4800m	9:30.50	(49.07)	4800m	9:25.47	(48.52)
5200m	10:19.89	(49.39)	5200m	10:13.48	(48.01)
5600m	11:09.25	(49.36)	5600m	11:02.30	(48.82)
6000m	11:58.88	(49.63)	6000m	11:51.19	(48.89)
6400m	12:49.22	(50.34)	6400m	12:40.98	(49.79)
6800m	13:41.30	(52.08)	6800m	13:29.08	(48.10)
7200m	14:33.72	(52.42)	7200m	14:17.66	(48.58)
7600m	15:25.90	(52.18)	7600m	15:05.32	(47.66)
8000m	16:18.08	(52.18)	8000m	15:52.63	(47.31)
8400m	17:10.65	(52.57)	8400m	16:39.53	(46.90)
8800m	18:02.99	(52.34)	8800m	17:25.86	(46.33)
9200m	18:56.32	(53.33)	9200m	18:11.55	(45.69)
9600m	19:49.07	(52.75)	9600m	18:58.06	(46.51)
10000m	20:39.82	(50.75)	10000m	19:42.75	(44.69)

			Naam	Cat	PR	Tijd	Info
2	gl						
	bl						

m	m

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:11:37 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
3	wt	2	**Erwin Henskes**	H70	18:03.45	19:42.93	TRC
	rd	58	**Walter Boon**	HSB		19:43.63	

Erwin Henskes			Walter Boon		
400m	51.07	(51.07)	400m	51.12	(51.12)
800m	1:39.97	(48.90)	800m	1:37.87	(46.75)
1200m	2:28.40	(48.43)	1200m	2:25.66	(47.79)
1600m	3:13.12	(44.72)	1600m	3:16.00	(50.34)
2000m	4:00.13	(47.01)	2000m	4:03.27	(47.27)
2400m	4:47.49	(47.36)	2400m	4:51.24	(47.97)
2800m	5:35.49	(48.00)	2800m	5:39.02	(47.78)
3200m	6:22.96	(47.47)	3200m	6:26.76	(47.74)
3600m	7:10.92	(47.96)	3600m	7:14.30	(47.54)
4000m	7:58.51	(47.59)	4000m	8:01.59	(47.29)
4400m	8:46.08	(47.57)	4400m	8:49.69	(48.10)
4800m	9:33.79	(47.71)	4800m	9:39.29	(49.60)
5200m	10:21.85	(48.06)	5200m	10:27.64	(48.35)
5600m	11:09.36	(47.51)	5600m	11:16.17	(48.53)
6000m	11:57.31	(47.95)	6000m	12:03.26	(47.09)
6400m	12:44.90	(47.59)	6400m	12:51.15	(47.89)
6800m	13:32.84	(47.94)	6800m	13:38.57	(47.42)
7200m	14:20.51	(47.67)	7200m	14:25.57	(47.00)
7600m	15:07.80	(47.29)	7600m	15:12.26	(46.69)
8000m	15:54.72	(46.92)	8000m	15:58.63	(46.37)
8400m	16:41.10	(46.38)	8400m	16:44.52	(45.89)
8800m	17:27.64	(46.54)	8800m	17:30.27	(45.75)
9200m	18:14.38	(46.74)	9200m	18:16.12	(45.85)
9600m	18:59.58	(45.20)	9600m	19:00.95	(44.83)
10000m	19:42.93	(43.35)	10000m	19:43.63	(42.68)

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
4	gl	5	**Sander Nederstigt**	HSA		20:18.57	
	bl	34	**Johan Boere**	H45		17:58.02	

Sander Nederstigt			Johan Boere		
400m	48.82	(48.82)	400m	46.48	(46.48)
800m	1:31.53	(42.71)	800m	1:30.31	(43.83)
1200m	2:13.70	(42.17)	1200m	2:15.61	(45.30)
1600m	3:01.06	(47.36)	1600m	2:56.44	(40.83)
2000m	3:47.75	(46.69)	2000m	3:39.24	(42.80)
2400m	4:34.43	(46.68)	2400m	4:22.43	(43.19)
2800m	5:22.06	(47.63)	2800m	5:05.77	(43.34)
3200m	6:09.53	(47.47)	3200m	5:49.29	(43.52)
3600m	6:56.79	(47.26)	3600m	6:32.43	(43.14)
4000m	7:44.22	(47.43)	4000m	7:16.07	(43.64)
4400m	8:33.54	(49.32)	4400m	7:59.46	(43.39)
4800m	9:22.76	(49.22)	4800m	8:42.76	(43.30)
5200m	10:13.01	(50.25)	5200m	9:25.29	(42.53)
5600m	11:03.29	(50.28)	5600m	10:07.58	(42.29)
6000m	11:53.87	(50.58)	6000m	10:50.03	(42.45)
6400m	12:44.38	(50.51)	6400m	11:33.15	(43.12)
6800m	13:34.57	(50.19)	6800m	12:15.89	(42.74)
7200m	14:24.20	(49.63)	7200m	12:58.76	(42.87)
7600m	15:14.72	(50.52)	7600m	13:41.15	(42.39)
8000m	16:06.50	(51.78)	8000m	14:24.17	(43.02)
8400m	16:56.99	(50.49)	8400m	15:07.35	(43.18)
8800m	17:47.59	(50.60)	8800m	15:50.76	(43.41)
9200m	18:38.60	(51.01)	9200m	16:33.46	(42.70)
9600m	19:29.01	(50.41)	9600m	17:15.79	(42.33)
10000m	20:18.57	(49.56)	10000m	17:58.02	(42.23)

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
5	wt	28	**Mike van Dijk**	HSA	16:51.68	16:59.67	
	rd	29	**Ruben Molenaar**	HA2	16:21.30	16:46.44	

Mike van Dijk			Ruben Molenaar		
400m	40.57	(40.57)	400m	40.03	(40.03)
800m	1:18.69	(38.12)	800m	1:18.69	(38.66)
1200m	1:57.62	(38.93)	1200m	1:57.01	(38.32)
1600m	2:36.21	(38.59)	1600m	2:36.05	(39.04)
2000m	3:14.87	(38.66)	2000m	3:14.63	(38.58)
2400m	3:53.34	(38.47)	2400m	3:53.79	(39.16)
2800m	4:32.19	(38.85)	2800m	4:32.17	(38.38)
3200m	5:11.23	(39.04)	3200m	5:10.90	(38.73)
3600m	5:50.68	(39.45)	3600m	5:50.70	(39.80)
4000m	6:30.82	(40.14)	4000m	6:30.90	(40.20)
4400m	7:11.41	(40.59)	4400m	7:11.02	(40.12)
4800m	7:52.77	(41.36)	4800m	7:51.03	(40.01)
5200m	8:34.13	(41.36)	5200m	8:31.44	(40.41)
5600m	9:15.23	(41.10)	5600m	9:12.04	(40.60)
6000m	9:56.86	(41.63)	6000m	9:52.17	(40.13)
6400m	10:39.70	(42.84)	6400m	10:32.82	(40.65)
6800m	11:22.54	(42.84)	6800m	11:13.70	(40.88)
7200m	12:04.41	(41.87)	7200m	11:54.91	(41.21)
7600m	12:46.71	(42.30)	7600m	12:35.70	(40.79)
8000m	13:29.57	(42.86)	8000m	13:17.36	(41.66)
8400m	14:12.06	(42.49)	8400m	13:58.81	(41.45)
8800m	14:54.33	(42.27)	8800m	14:41.15	(42.34)
9200m	15:36.70	(42.37)	9200m	15:23.09	(41.94)
9600m	16:19.03	(42.33)	9600m	16:05.15	(42.06)
10000m	16:59.67	(40.64)	10000m	16:46.44	(41.29)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:11:37 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
6	gl	16	**Evert Jan van Dijk**	H45	16:09.86	18:50.76	
	bl	3	**Kees Langeveld**	H65	16:04.82	18:55.69	TRC

Evert Jan van Dijk			Kees Langeveld		
400m	44.43	(44.43)	400m	44.92	(44.92)
800m	1:24.82	(40.39)	800m	1:26.72	(41.80)
1200m	2:06.25	(41.43)	1200m	2:10.49	(43.77)
1600m	2:48.15	(41.90)	1600m	2:55.38	(44.89)
2000m	3:30.18	(42.03)	2000m	3:40.40	(45.02)
2400m	4:12.58	(42.40)	2400m	4:25.92	(45.52)
2800m	4:55.31	(42.73)	2800m	5:10.00	(44.08)
3200m	5:37.42	(42.11)	3200m	5:53.66	(43.66)
3600m	6:20.04	(42.62)	3600m	6:37.63	(43.97)
4000m	7:03.44	(43.40)	4000m	7:22.49	(44.86)
4400m	7:47.44	(44.00)	4400m	8:07.46	(44.97)
4800m	8:32.18	(44.74)	4800m	8:52.17	(44.71)
5200m	9:17.43	(45.25)	5200m	9:37.14	(44.97)
5600m	10:02.76	(45.33)	5600m	10:22.37	(45.23)
6000m	10:48.22	(45.46)	6000m	11:07.73	(45.36)
6400m	11:33.55	(45.33)	6400m	11:53.46	(45.73)
6800m	12:19.22	(45.67)	6800m	12:40.00	(46.54)
7200m	13:05.24	(46.02)	7200m	13:26.39	(46.39)
7600m	13:52.64	(47.40)	7600m	14:12.74	(46.35)
8000m	14:39.96	(47.32)	8000m	14:59.51	(46.77)
8400m	15:26.76	(46.80)	8400m	15:46.11	(46.60)
8800m	16:15.77	(49.01)	8800m	16:32.96	(46.85)
9200m	17:05.12	(49.35)	9200m	17:19.83	(46.87)
9600m	17:57.30	(52.18)	9600m	18:07.33	(47.50)
10000m	18:50.76	(53.46)	10000m	18:55.69	(48.36)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:11:37 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

2. Uitslag 5000 meter

Pos		Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	44	**Pepijn van de Poll**	HA1	9	I	**8:27.18**		
2	55	**Sara ter Hart**	DN1	11	I	**8:32.87**		
3	1	**Sven-Yvo Stoop**	HSB	12	I	**8:38.28**		
4	42	**Michiel de Ruijter**	H50	10	I	**8:41.59**		
5	43	**Mees de Ruijter**	HA1	11	O	**8:43.93**	PR	
6	4	**Maartje Heine-Stoop**	DSA	9	O	**8:44.42**		
7	32	**Lianne van Assema**	DA1	10	O	**8:53.50**		
8	31	**Stefanie Koot**	DA2	12	O	**8:53.62**		
9	38	**Sepp Nauta**	HB2	8	O	**8:54.33**	PR	
10	25	**Robin Schippers**	HB2	7	O	**9:01.40**	PR	
11	56	**Espen Huijzer**	HB2	8	I	**9:46.52**		
12	27	**Noa Bierens**	DA2	7	I	**9:54.41**		

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:59:38 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

2. Rituitslag 5000 meter

			Naam	Cat	PR	Tijd	Info
7	wt	27	**Noa Bierens**	DA2	9:27.62	9:54.41	
	rd	25	**Robin Schippers**	HB2	9:05.07	9:01.40	PR

Noa Bierens			Robin Schippers		
200m	24.55	(24.55)	200m	25.23	(25.23)
600m	1:05.36	(40.81)	600m	1:05.08	(39.85)
1000m	1:48.60	(43.24)	1000m	1:47.68	(42.60)
1400m	2:33.25	(44.65)	1400m	2:30.24	(42.56)
1800m	3:18.70	(45.45)	1800m	3:13.56	(43.32)
2200m	4:05.84	(47.14)	2200m	3:57.30	(43.74)
2600m	4:54.38	(48.54)	2600m	4:41.81	(44.51)
3000m	5:44.48	(50.10)	3000m	5:26.53	(44.72)
3400m	6:34.70	(50.22)	3400m	6:10.48	(43.95)
3800m	7:25.58	(50.88)	3800m	6:55.25	(44.77)
4200m	8:15.87	(50.29)	4200m	7:38.57	(43.32)
4600m	9:05.67	(49.80)	4600m	8:19.46	(40.89)
5000m	9:54.41	(48.74)	5000m	9:01.40	(41.94)

			Naam	Cat	PR	Tijd	Info
8	gl	56	**Espen Huijzer**	HB2		9:46.52	
	bl	38	**Sepp Nauta**	HB2	8:57.84	8:54.33	PR

Espen Huijzer			Sepp Nauta		
200m	24.80	(24.80)	200m	22.83	(22.83)
600m	1:07.61	(42.81)	600m	1:03.28	(40.45)
1000m	1:52.88	(45.27)	1000m	1:45.19	(41.91)
1400m	2:37.76	(44.88)	1400m	2:27.86	(42.67)
1800m	3:23.90	(46.14)	1800m	3:10.82	(42.96)
2200m	4:10.33	(46.43)	2200m	3:54.04	(43.22)
2600m	4:56.39	(46.06)	2600m	4:36.89	(42.85)
3000m	5:43.83	(47.44)	3000m	5:19.66	(42.77)
3400m	6:31.70	(47.87)	3400m	6:02.69	(43.03)
3800m	7:19.75	(48.05)	3800m	6:46.04	(43.35)
4200m	8:07.98	(48.23)	4200m	7:28.57	(42.53)
4600m	8:57.37	(49.39)	4600m	8:11.84	(43.27)
5000m	9:46.52	(49.15)	5000m	8:54.33	(42.49)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:59:38 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
9	wt	44	**Pepijn van de Poll**	HA1		8:27.18	
	rd	4	**Maartje Heine-Stoop**	DSA	8:27.78	8:44.42	

Pepijn van de Poll			Maartje Heine-Stoop		
200m	22.69	(22.69)	200m	23.48	(23.48)
600m	1:01.53	(38.84)	600m	1:02.83	(39.35)
1000m	1:41.84	(40.31)	1000m	1:43.97	(41.14)
1400m	2:22.05	(40.21)	1400m	2:24.06	(40.09)
1800m	3:02.30	(40.25)	1800m	3:04.37	(40.31)
2200m	3:42.53	(40.23)	2200m	3:44.60	(40.23)
2600m	4:22.72	(40.19)	2600m	4:25.08	(40.48)
3000m	5:03.21	(40.49)	3000m	5:06.36	(41.28)
3400m	5:43.93	(40.72)	3400m	5:48.96	(42.60)
3800m	6:24.69	(40.76)	3800m	6:32.34	(43.38)
4200m	7:05.68	(40.99)	4200m	7:16.15	(43.81)
4600m	7:45.99	(40.31)	4600m	7:59.96	(43.81)
5000m	8:27.18	(41.19)	5000m	8:44.42	(44.46)

			Naam	Cat	PR	Tijd	Info
10	gl	42	**Michiel de Ruijter**	H50	8:39.68	8:41.59	
	bl	32	**Lianne van Assema**	DA1	8:45.09	8:53.50	

Michiel de Ruijter			Lianne van Assema		
200m	23.82	(23.82)	200m	24.39	(24.39)
600m	1:03.19	(39.37)	600m	1:03.53	(39.14)
1000m	1:42.80	(39.61)	1000m	1:44.42	(40.89)
1400m	2:23.59	(40.79)	1400m	2:26.16	(41.74)
1800m	3:04.65	(41.06)	1800m	3:08.37	(42.21)
2200m	3:46.05	(41.40)	2200m	3:50.62	(42.25)
2600m	4:27.68	(41.63)	2600m	4:33.56	(42.94)
3000m	5:09.70	(42.02)	3000m	5:17.09	(43.53)
3400m	5:51.97	(42.27)	3400m	6:01.18	(44.09)
3800m	6:34.35	(42.38)	3800m	6:45.13	(43.95)
4200m	7:16.86	(42.51)	4200m	7:28.42	(43.29)
4600m	7:59.46	(42.60)	4600m	8:09.34	(40.92)
5000m	8:41.59	(42.13)	5000m	8:53.50	(44.16)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:59:38 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
11	wt	55	**Sara ter Hart**	DN1	8:04.13	8:32.87	
	rd	43	**Mees de Ruijter**	HA1	8:52.59	8:43.93	PR

Sara ter Hart			Mees de Ruijter		
200m	22.50	(22.50)	200m	22.30	(22.30)
600m	1:00.34	(37.84)	600m	59.75	(37.45)
1000m	1:38.96	(38.62)	1000m	1:38.96	(39.21)
1400m	2:18.23	(39.27)	1400m	2:18.85	(39.89)
1800m	2:57.78	(39.55)	1800m	2:59.22	(40.37)
2200m	3:38.74	(40.96)	2200m	3:40.30	(41.08)
2600m	4:20.04	(41.30)	2600m	4:22.66	(42.36)
3000m	5:02.33	(42.29)	3000m	5:05.89	(43.23)
3400m	5:44.39	(42.06)	3400m	5:50.26	(44.37)
3800m	6:26.95	(42.56)	3800m	6:34.72	(44.46)
4200m	7:09.31	(42.36)	4200m	7:18.46	(43.74)
4600m	7:51.62	(42.31)	4600m	8:01.76	(43.30)
5000m	8:32.87	(41.25)	5000m	8:43.93	(42.17)

			Naam	Cat	PR	Tijd	Info
12	gl	1	**Sven-Yvo Stoop**	HSB	7:41.52	8:38.28	
	bl	31	**Stefanie Koot**	DA2	8:40.28	8:53.62	

Sven-Yvo Stoop			Stefanie Koot		
200m	22.69	(22.69)	200m	23.50	(23.50)
600m	1:01.12	(38.43)	600m	1:01.08	(37.58)
1000m	1:41.19	(40.07)	1000m	1:41.67	(40.59)
1400m	2:21.80	(40.61)	1400m	2:23.38	(41.71)
1800m	3:02.94	(41.14)	1800m	3:05.91	(42.53)
2200m	3:44.06	(41.12)	2200m	3:49.27	(43.36)
2600m	4:25.67	(41.61)	2600m	4:32.55	(43.28)
3000m	5:07.72	(42.05)	3000m	5:16.44	(43.89)
3400m	5:49.70	(41.98)	3400m	6:00.23	(43.79)
3800m	6:31.96	(42.26)	3800m	6:43.78	(43.55)
4200m	7:14.25	(42.29)	4200m	7:28.05	(44.27)
4600m	7:56.47	(42.22)	4600m	8:11.33	(43.28)
5000m	8:38.28	(41.81)	5000m	8:53.62	(42.29)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 20:59:38 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

3. Uitslag 3000 meter

Pos		Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	12	**Ids Witkamp**	HA1	25	O	**4:33.96**		
2	13	**Teun van Nobelen**	HA1	25	I	**4:50.73**		
3	24	**Marcel Huismans**	H55	26	I	**4:54.71**		
4	10	**Danny Witkamp**	H60	23	O	**5:00.29**		
5	6	**Mees Olie**	HB1	24	O	**5:00.92**	PR	
6	57	**Ilse van der Velden**	DB2	24	I	**5:07.65**		
7	22	**Arjan Vink**	HB1	19	I	**5:11.95**	PR	
8	9	**Rinske van der Maarl**	DB1	20	I	**5:16.02**	PR	
9	65	**Jan Buisman**	H60	26	O	**5:20.92**		
10	60	**Tycho Holleman**	HB1	13	O	**5:21.01**		
11	17	**Esmee Bijl**	DB1	20	O	**5:25.34**		
12	41	**Vincent Dekker**	HSA	16	O	**5:25.45**	PR	
13	23	**Simon Huismans**	HB2	21	O	**5:26.52**		
14	33	**Daniel Klijnsma**	HB2	21	I	**5:28.31**		
15	21	**Evi Ruissen**	DB1	22	I	**5:30.45**		
16	46	**Kelsy Mulckhuyse**	DB1	13	I	**5:32.09**	PR	
17	66	**Mark Prins**	HC2	15	O	**5:35.19**	PR	
18	61	**Sandra van Bijlert-Burgerhout**	D45	23	I	**5:36.09**		
19	26	**Lisa Meeuwissen**	DB1	19	O	**5:41.85**		
20	52	**Freek Tonino**	HB1	18	O	**5:42.59**		
21	35	**Anne Lubbers**	DA2	18	I	**5:43.53**		
22	64	**Cock Baas**	H60	22	O	**5:46.66**		
23	36	**Meike Lubbers**	D40	16	I	**5:48.28**		
24	7	**Wieteke Huiberts**	DN3	17	O	**5:55.64**		
25	15	**Pieter van Dijk**	HN2	15	I	**6:07.52**		
	59	**Jente Noordijk**	DC2	17	I	**DQ**[T08]		

T08 - Niet wisselen / Verkeerd wisselen (te vroege/te late wissel) (254.5)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 22:00:37 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

3. Rituitslag 3000 meter

			Naam	Cat	PR	Tijd	Info
13	wt	46	**Kelsy Mulckhuyse**	DB1	6:01.43	5:32.09	PR
	rd	60	**Tycho Holleman**	HB1		5:21.01	

Kelsy Mulckhuyse			Tycho Holleman		
200m	22.68	(22.68)	200m	22.77	(22.77)
600m	1:02.14	(39.46)	600m	1:00.85	(38.08)
1000m	1:44.66	(42.52)	1000m	1:42.05	(41.20)
1400m	2:28.55	(43.89)	1400m	2:25.06	(43.01)
1800m	3:13.18	(44.63)	1800m	3:08.13	(43.07)
2200m	3:58.79	(45.61)	2200m	3:52.25	(44.12)
2600m	4:46.12	(47.33)	2600m	4:36.65	(44.40)
3000m	5:32.09	(45.97)	3000m	5:21.01	(44.36)

			Naam	Cat	PR	Tijd	Info
14	gl						
	bl						

	m		m	

			Naam	Cat	PR	Tijd	Info
15	wt	15	**Pieter van Dijk**	HN2	5:18.69	6:07.52	
	rd	66	**Mark Prins**	HC2	5:42.85	5:35.19	PR

Pieter van Dijk			Mark Prins		
200m	23.54	(23.54)	200m	23.85	(23.85)
600m	1:05.29	(41.75)	600m	1:04.98	(41.13)
1000m	1:49.88	(44.59)	1000m	1:49.73	(44.75)
1400m	2:36.37	(46.49)	1400m	2:34.77	(45.04)
1800m	3:27.35	(50.98)	1800m	3:20.62	(45.85)
2200m	4:21.29	(53.94)	2200m	4:05.38	(44.76)
2600m	5:17.13	(55.84)	2600m	4:50.97	(45.59)
3000m	6:07.52	(50.39)	3000m	5:35.19	(44.22)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 22:00:37 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
16	gl	36	**Meike Lubbers**	D40	5:43.88	5:48.28	
	bl	41	**Vincent Dekker**	HSA	5:54.01	5:25.45	PR

Meike Lubbers			Vincent Dekker		
200m	25.68	(25.68)	200m	22.86	(22.86)
600m	1:08.63	(42.95)	600m	1:00.62	(37.76)
1000m	1:55.05	(46.42)	1000m	1:40.17	(39.55)
1400m	2:41.40	(46.35)	1400m	2:21.08	(40.91)
1800m	3:27.59	(46.19)	1800m	3:04.22	(43.14)
2200m	4:14.37	(46.78)	2200m	3:49.26	(45.04)
2600m	5:01.72	(47.35)	2600m	4:36.42	(47.16)
3000m	5:48.28	(46.56)	3000m	5:25.45	(49.03)

			Naam	Cat	PR	Tijd	Info
17	wt	59	**Jente Noordijk**	DC2	5:37.68	DQ[T08]	
	rd	7	**Wieteke Huiberts**	DN3	5:41.67	5:55.64	

Jente Noordijk			Wieteke Huiberts		
			200m	25.74	(25.74)
			600m	1:09.40	(43.66)
			1000m	1:55.04	(45.64)
			1400m	2:42.34	(47.30)
			1800m	3:30.52	(48.18)
			2200m	4:19.25	(48.73)
			2600m	5:07.69	(48.44)
			3000m	5:55.64	(47.95)

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
18	gl	35	**Anne Lubbers**	DA2	5:22.39	5:43.53	
	bl	52	**Freek Tonino**	HB1	5:37.98	5:42.59	

Anne Lubbers			Freek Tonino		
200m	24.13	(24.13)	200m	24.25	(24.25)
600m	1:05.35	(41.22)	600m	1:06.85	(42.60)
1000m	1:48.98	(43.63)	1000m	1:52.57	(45.72)
1400m	2:34.06	(45.08)	1400m	2:38.43	(45.86)
1800m	3:20.29	(46.23)	1800m	3:24.93	(46.50)
2200m	4:07.06	(46.77)	2200m	4:10.94	(46.01)
2600m	4:55.11	(48.05)	2600m	4:57.44	(46.50)
3000m	5:43.53	(48.42)	3000m	5:42.59	(45.15)

			Naam	Cat	PR	Tijd	Info
19	wt	22	**Arjan Vink**	HB1	5:25.23	5:11.95	PR
	rd	26	**Lisa Meeuwissen**	DB1	5:21.78	5:41.85	

Arjan Vink			Lisa Meeuwissen		
200m	22.09	(22.09)	200m	24.43	(24.43)
600m	59.95	(37.86)	600m	1:05.30	(40.87)
1000m	1:40.89	(40.94)	1000m	1:48.57	(43.27)
1400m	2:21.97	(41.08)	1400m	2:33.47	(44.90)
1800m	3:03.95	(41.98)	1800m	3:19.79	(46.32)
2200m	3:46.78	(42.83)	2200m	4:06.89	(47.10)
2600m	4:30.40	(43.62)	2600m	4:54.58	(47.69)
3000m	5:11.95	(41.55)	3000m	5:41.85	(47.27)

Scheidsrechter: Leo Bakker Assistent: Starter: Madelon Reijne

Van 22-11-2026 19:00:00 tot 22-11-2026 22:00:37 Print: 22-11-2026 22:09:44

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
20	gl	9	**Rinske van der Maarl**	DB1	5:17.27	5:16.02	PR
	bl	17	**Esmee Bijl**	DB1	5:18.54	5:25.34	

Rinske van der Maarl			Esmee Bijl		
200m	23.72	(23.72)	200m	25.29	(25.29)
600m	1:03.13	(39.41)	600m	1:06.99	(41.70)
1000m	1:43.85	(40.72)	1000m	1:51.58	(44.59)
1400m	2:25.18	(41.33)	1400m	2:35.92	(44.34)
1800m	3:07.72	(42.54)	1800m	3:20.48	(44.56)
2200m	3:50.66	(42.94)	2200m	4:05.16	(44.68)
2600m	4:34.06	(43.40)	2600m	4:46.34	(41.18)
3000m	5:16.02	(41.96)	3000m	5:25.34	(39.00)

			Naam	Cat	PR	Tijd	Info
21	wt	33	**Daniel Klijnsma**	HB2	5:15.62	5:28.31	
	rd	23	**Simon Huismans**	HB2	5:17.12	5:26.52	

Daniel Klijnsma			Simon Huismans		
200m	23.92	(23.92)	200m	23.29	(23.29)
600m	1:05.84	(41.92)	600m	1:02.99	(39.70)
1000m	1:49.50	(43.66)	1000m	1:44.53	(41.54)
1400m	2:33.92	(44.42)	1400m	2:27.50	(42.97)
1800m	3:17.08	(43.16)	1800m	3:11.72	(44.22)
2200m	4:01.00	(43.92)	2200m	3:56.77	(45.05)
2600m	4:45.25	(44.25)	2600m	4:40.93	(44.16)
3000m	5:28.31	(43.06)	3000m	5:26.52	(45.59)

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
22	gl	21	**Evi Ruissen**	DB1	5:17.63	5:30.45	
	bl	64	**Cock Baas**	H60	4:28.66	5:46.66	

Evi Ruissen			Cock Baas		
200m	24.10	(24.10)	200m	24.57	(24.57)
600m	1:04.28	(40.18)	600m	1:04.41	(39.84)
1000m	1:46.42	(42.14)	1000m	1:47.35	(42.94)
1400m	2:29.71	(43.29)	1400m	2:32.33	(44.98)
1800m	3:14.17	(44.46)	1800m	3:19.59	(47.26)
2200m	3:59.89	(45.72)	2200m	4:08.20	(48.61)
2600m	4:45.45	(45.56)	2600m	4:57.61	(49.41)
3000m	5:30.45	(45.00)	3000m	5:46.66	(49.05)

			Naam	Cat	PR	Tijd	Info
23	wt	61	**Sandra van Bijlert-Burgerhout**	D45	4:54.27	5:36.09	
	rd	10	**Danny Witkamp**	H60	4:10.68	5:00.29	

Sandra van Bijlert-Burgerhout			Danny Witkamp		
200m	25.21	(25.21)	200m	23.80	(23.80)
600m	1:06.73	(41.52)	600m	1:02.27	(38.47)
1000m	1:49.79	(43.06)	1000m	1:41.57	(39.30)
1400m	2:34.19	(44.40)	1400m	2:21.14	(39.57)
1800m	3:19.59	(45.40)	1800m	3:00.69	(39.55)
2200m	4:04.74	(45.15)	2200m	3:40.43	(39.74)
2600m	4:49.90	(45.16)	2600m	4:20.28	(39.85)
3000m	5:36.09	(46.19)	3000m	5:00.29	(40.01)

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
24	gl	57	**Ilse van der Velden**	DB2	4:51.50	5:07.65	
	bl	6	**Mees Olie**	HB1	5:03.69	5:00.92	PR

Ilse van der Velden			Mees Olie		
200m	21.85	(21.85)	200m	21.26	(21.26)
600m	58.68	(36.83)	600m	57.53	(36.27)
1000m	1:38.63	(39.95)	1000m	1:36.34	(38.81)
1400m	2:19.59	(40.96)	1400m	2:15.61	(39.27)
1800m	3:00.82	(41.23)	1800m	2:55.70	(40.09)
2200m	3:43.05	(42.23)	2200m	3:36.29	(40.59)
2600m	4:25.38	(42.33)	2600m	4:17.97	(41.68)
3000m	5:07.65	(42.27)	3000m	5:00.92	(42.95)

			Naam	Cat	PR	Tijd	Info
25	wt	13	**Teun van Nobelen**	HA1	4:17.73	4:50.73	
	rd	12	**Ids Witkamp**	HA1	4:20.34	4:33.96	

Teun van Nobelen			Ids Witkamp		
200m	21.37	(21.37)	200m	20.89	(20.89)
600m	55.50	(34.13)	600m	54.35	(33.46)
1000m	1:30.68	(35.18)	1000m	1:28.80	(34.45)
1400m	2:06.99	(36.31)	1400m	2:04.08	(35.28)
1800m	2:45.39	(38.40)	1800m	2:40.05	(35.97)
2200m	3:25.75	(40.36)	2200m	3:17.10	(37.05)
2600m	4:07.55	(41.80)	2600m	3:55.18	(38.08)
3000m	4:50.73	(43.18)	3000m	4:33.96	(38.78)

Kennemercup 7 + open inschrijving

IJsbaan Haarlem - Haarlem

22 november 2026

			Naam	Cat	PR	Tijd	Info
26	gl	24	**Marcel Huismans**	H55	4:22.51	4:54.71	
	bl	65	**Jan Buisman**	H60	4:19.28	5:20.92	

Marcel Huismans			Jan Buisman		
200m	22.73	(22.73)	200m	24.89	(24.89)
600m	59.78	(37.05)	600m	1:04.65	(39.76)
1000m	1:37.51	(37.73)	1000m	1:45.90	(41.25)
1400m	2:15.88	(38.37)	1400m	2:28.09	(42.19)
1800m	2:54.96	(39.08)	1800m	3:10.68	(42.59)
2200m	3:34.29	(39.33)	2200m	3:53.72	(43.04)
2600m	4:14.26	(39.97)	2600m	4:36.63	(42.91)
3000m	4:54.71	(40.45)	3000m	5:20.92	(44.29)

T08 - Niet wisselen / Verkeerd wisselen (te vroege/te late wissel) (254.5)