

## 1. Uitslag Pupillen 500 meter

| Pos | Naam                    | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-------------------------|-----|------|------|---------|------|--------|
| 1   | 6 Jort van Diemen       | HPA | 6    | O    | 49.37   |      |        |
| 2   | 16 Carlos Godwaldt      | HPA | 6    | I    | 50.84   |      |        |
| 3   | 13 Laurena van Doorn    | DPC | 5    | I    | 53.69   |      |        |
| 4   | 14 Rinske van der Maarl | DPB | 5    | O    | 55.36   | PR   |        |
| 5   | 68 Mylo Fischer         | HPA | 2    | I    | 56.51   |      |        |
| 6   | 5 Esmee Bijl            | DPB | 4    | O    | 56.99   |      |        |
| 7   | 19 Danischa Aukes       | DPA | 4    | I    | 58.10   | PR   |        |
| 8   | 45 Mara Nummerdor       | DPA | 3    | O    | 59.62   |      |        |
| 9   | 62 Rens Vink            | HPB | 2    | O    | 1:02.48 |      |        |
| 10  | 40 Nikki Heuzen         | DPA | 3    | I    | 1:05.71 | PR   |        |
| 11  | 63 Tijn Meijer          | HPB | 1    | I    | 1:10.28 |      |        |
| 12  | 64 Ruben Boere          | HPB | 1    | O    | 1:17.46 |      |        |

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|   |    | Naam               |                    | Cat     |                    | PR      | Tijd           | Info |
|---|----|--------------------|--------------------|---------|--------------------|---------|----------------|------|
| 1 | wt | 63                 | <b>Tijn Meijer</b> |         | HPB                |         | <b>1:10.28</b> |      |
|   | rd | 64                 | <b>Ruben Boere</b> |         | HPB                |         | <b>1:17.46</b> |      |
|   |    | <u>Tijn Meijer</u> |                    |         | <u>Ruben Boere</u> |         |                |      |
|   |    | 100m               | 15.81              | (15.81) | 100m               | 18.03   | (18.03)        |      |
|   |    | 500m               | 1:10.28            | (54.47) | 500m               | 1:17.46 | (59.43)        |      |

|   |    | Naam                |                     | Cat     |                  | PR      | Tijd           | Info |
|---|----|---------------------|---------------------|---------|------------------|---------|----------------|------|
| 2 | gl | 68                  | <b>Mylo Fischer</b> |         | HPA              |         | <b>56.51</b>   |      |
|   | bl | 62                  | <b>Rens Vink</b>    |         | HPB              |         | <b>1:02.48</b> |      |
|   |    | <u>Mylo Fischer</u> |                     |         | <u>Rens Vink</u> |         |                |      |
|   |    | 100m                | 13.70               | (13.70) | 100m             | 14.08   | (14.08)        |      |
|   |    | 500m                | 56.51               | (42.81) | 500m             | 1:02.48 | (48.40)        |      |

|   |    | Naam                |                       | Cat     |                       | PR      | Tijd           | Info |
|---|----|---------------------|-----------------------|---------|-----------------------|---------|----------------|------|
| 3 | wt | 40                  | <b>Nikki Heuzen</b>   |         | DPA                   | 1:07.38 | <b>1:05.71</b> | PR   |
|   | rd | 45                  | <b>Mara Nummerdor</b> |         | DPA                   |         | <b>59.62</b>   |      |
|   |    | <u>Nikki Heuzen</u> |                       |         | <u>Mara Nummerdor</u> |         |                |      |
|   |    | 100m                | 14.72                 | (14.72) | 100m                  | 13.89   | (13.89)        |      |
|   |    | 500m                | 1:05.71               | (50.99) | 500m                  | 59.62   | (45.73)        |      |

|   |    | Naam                  |                       | Cat     |                   | PR      | Tijd         | Info |
|---|----|-----------------------|-----------------------|---------|-------------------|---------|--------------|------|
| 4 | gl | 19                    | <b>Danischa Aukes</b> |         | DPA               | 1:03.48 | <b>58.10</b> | PR   |
|   | bl | 5                     | <b>Esmee Bijl</b>     |         | DPB               | 56.59   | <b>56.99</b> |      |
|   |    | <u>Danischa Aukes</u> |                       |         | <u>Esmee Bijl</u> |         |              |      |
|   |    | 100m                  | 13.78                 | (13.78) | 100m              | 14.17   | (14.17)      |      |
|   |    | 500m                  | 58.10                 | (44.32) | 500m              | 56.99   | (42.82)      |      |

|   |    | Naam                     |                             | Cat     |                             | PR    | Tijd         | Info |
|---|----|--------------------------|-----------------------------|---------|-----------------------------|-------|--------------|------|
| 5 | wt | 13                       | <b>Laurena van Doorn</b>    |         | DPC                         | 49.36 | <b>53.69</b> |      |
|   | rd | 14                       | <b>Rinske van der Maarl</b> |         | DPB                         | 56.55 | <b>55.36</b> | PR   |
|   |    | <u>Laurena van Doorn</u> |                             |         | <u>Rinske van der Maarl</u> |       |              |      |
|   |    | 100m                     | 13.35                       | (13.35) | 100m                        | 13.89 | (13.89)      |      |
|   |    | 500m                     | 53.69                       | (40.34) | 500m                        | 55.36 | (41.47)      |      |

|   |    | Naam |                        | Cat                    |     | PR    | Tijd         | Info          |
|---|----|------|------------------------|------------------------|-----|-------|--------------|---------------|
| 6 | gl | 16   | <b>Carlos Godwaldt</b> |                        | HPA | 50.61 | <b>50.84</b> |               |
|   | bl | 6    | <b>Jort van Diemen</b> |                        | HPA | 48.03 | <b>49.37</b> |               |
|   |    |      |                        | <b>Carlos Godwaldt</b> |     |       |              |               |
|   |    |      |                        | <b>Jort van Diemen</b> |     |       |              |               |
|   |    | 100m | 13.50                  | (13.50)                |     |       | 100m         | 12.57 (12.57) |
|   |    | 500m | 50.84                  | (37.34)                |     |       | 500m         | 49.37 (36.80) |

## 2. Uitslag Junioren C t/m Masters 500 meter

| Pos | Naam                        | Cat | Paar | Baan | Tijd  | Info | Punten |
|-----|-----------------------------|-----|------|------|-------|------|--------|
| 1   | 59 Camiel Vletter           | HN4 | 32   | I    | 41.41 |      |        |
| 2   | 41 Niels Rewijk             | HA2 | 31   | O    | 41.81 | PR   |        |
| 3   | 17 Marino Godwaldt          | HB1 | 30   | I    | 44.36 |      |        |
| 4   | 7 Zhara Möllers             | DB1 | 28   | O    | 45.29 |      |        |
| 5   | 47 Mark Rewijk              | HSB | 31   | I    | 45.34 |      |        |
| 6   | 57 Bart van Velzen          | HSB | 32   | O    | 45.57 |      |        |
| 7   | 23 Jeroen Rewijk            | HSB | 29   | O    | 45.64 |      |        |
| 8   | 42 Tim Rewijk               | HN1 | 27   | O    | 45.87 |      |        |
| 9   | 82 Roeland van der Hoorn    | HSA | 30   | O    | 46.17 |      |        |
| 10  | 10 Lotte de Bock            | DB2 | 25   | I    | 46.75 |      |        |
| 11  | 18 Cock Baas                | H55 | 26   | O    | 46.92 |      |        |
| 12  | 76 Matthijs Knelange        | HSB | 29   | I    | 47.22 |      |        |
| 13  | 31 Sanne Roos               | DA2 | 25   | O    | 47.29 |      |        |
| 14  | 72 Jeroen Achterberg        | HSB | 20   | I    | 47.61 | PR   |        |
| 15  | 69 Remco Gerritsen          | H55 | 23   | O    | 47.91 |      |        |
| 16  | 49 Manouk van Emmerik       | DSB | 27   | I    | 48.16 |      |        |
| 17  | 81 Dennis Verhoeven         | H45 | 26   | I    | 48.31 |      |        |
| 18  | 55 Rob Ligtenberg           | H60 | 19   | I    | 48.81 |      |        |
| 19  | 71 Gijs Vis                 | HB2 | 21   | O    | 48.82 | PR   |        |
| 20  | 2 Merit de Bruin            | DB2 | 24   | O    | 48.86 |      |        |
| 21  | 12 Koen Zandvliet           | HSA | 22   | I    | 49.47 |      |        |
| 22  | 80 Jeffrey van der Zeeuw    | HSA | 22   | O    | 49.73 |      |        |
| 23  | 11 Roelle de Koning         | DSA | 19   | O    | 49.91 | PR   |        |
| 24  | 48 Dylan Pieterse           | HB1 | 16   | O    | 50.44 | PR   |        |
| 25  | 52 Jonah van Lienden        | HC1 | 7    | I    | 52.16 | RW   |        |
| 26  | 56 Robert van der Zwaan     | H50 | 9    | I    | 52.30 | PR   |        |
| 27  | 37 Kees de Koning           | H60 | 20   | O    | 52.38 |      |        |
| 28  | 8 Marieke van de Zwaan-Weij | D40 | 14   | I    | 52.63 |      |        |
| 29  | 78 Tamar van der Zwaan      | DSB | 24   | I    | 52.65 |      |        |
| 30  | 30 Dione Dompeling          | DC1 | 18   | O    | 53.15 |      |        |
| 31  | 38 Leandra Mulder           | DSA | 15   | O    | 53.33 | PR   |        |
| 32  | 15 Franca Baars             | DC1 | 14   | O    | 53.58 | PR   |        |
| 33  | 77 Peter Paul Adriaansen    | H55 | 17   | O    | 53.83 |      |        |
| 34  | 83 Reinier Kempenaar        | H50 | 17   | I    | 54.26 |      |        |
| 35  | 1 Vincent Lankamp           | HC1 | 13   | I    | 54.59 |      |        |
| 36  | 29 Wieke Eikelenboom        | DB1 | 15   | I    | 54.64 |      |        |
| 37  | 39 Rocco Heuzen             | HC2 | 11   | O    | 55.13 | PR   |        |
| 38  | 3 Dana de Bruin             | DC2 | 12   | O    | 55.83 |      |        |

## IJsbahn Haarlem - Haarlem

| Pos | Naam                  | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------|-----|------|------|---------|------|--------|
| 39  | 65 Wendy Straathof    | DSA | 18   | I    | 55.98   |      |        |
| 40  | 4 Anne Lubbers        | DC2 | 13   | O    | 56.20   |      |        |
| 41  | 24 Iris Dekker        | DB1 | 11   | I    | 56.29   |      |        |
| 42  | 21 Ellis Zandvliet    | DN2 | 12   | I    | 57.27   | PR   |        |
| 43  | 46 Jaap Tanis         | H70 | 23   | I    | 58.05   |      |        |
| 44  | 73 Astrid Engele      | D50 | 16   | I    | 58.46   |      |        |
| 45  | 51 Senna Ravestijn    | DC1 | 8    | I    | 58.90   |      |        |
| 46  | 33 Feline Wesselius   | DC1 | 7    | O    | 1:00.38 |      |        |
| 47  | 70 Henk van der Zwaan | H65 | 21   | I    | 1:04.22 |      |        |
| 48  | 43 Kjeld Maarsen      | HB1 | 10   | I    | 1:05.17 | PR   |        |
| 49  | 20 Ilsa Koek          | DC1 | 9    | O    | 1:07.24 | PR   |        |
| 50  | 9 Jelle de Bock       | HC2 | 28   | I    | 1:08.58 | FL   |        |
| 51  | 36 Carla Engele       | D60 | 10   | O    | 1:08.95 |      |        |
| 52  | 53 Tygo van der Meer  | HB1 | 8    | O    | 1:17.01 |      |        |

## 2. Rituitslag Junioren C t/m Masters 500 meter

|   |    | Naam                        |       | Cat     |                         | PR      | Tijd           | Info |
|---|----|-----------------------------|-------|---------|-------------------------|---------|----------------|------|
| 7 | wt | 52 <b>Jonah van Lienden</b> |       | HC1     |                         |         | <b>52.16</b>   | RW   |
|   | rd | 33 <b>Feline Wesselius</b>  |       | DC1     |                         |         | <b>1:00.38</b> |      |
|   |    | <u>Jonah van Lienden</u>    |       |         | <u>Feline Wesselius</u> |         |                |      |
|   |    | 100m                        | 12.43 | (12.43) | 100m                    | 14.80   | (14.80)        |      |
|   |    | 500m                        | 52.16 | (39.73) | 500m                    | 1:00.38 | (45.58)        |      |

|   |    | Naam                        |       | Cat     |                          | PR      | Tijd           | Info |
|---|----|-----------------------------|-------|---------|--------------------------|---------|----------------|------|
| 8 | gl | 51 <b>Senna Ravestijn</b>   |       | DC1     |                          |         | <b>58.90</b>   |      |
|   | bl | 53 <b>Tygo van der Meer</b> |       | HB1     |                          |         | <b>1:17.01</b> |      |
|   |    | <u>Senna Ravestijn</u>      |       |         | <u>Tygo van der Meer</u> |         |                |      |
|   |    | 100m                        | 14.27 | (14.27) | 100m                     | 15.44   | (15.44)        |      |
|   |    | 500m                        | 58.90 | (44.63) | 500m                     | 1:17.01 | (61.57)        |      |

|   |    | Naam                           |       | Cat     |                  | PR      | Tijd           | Info |
|---|----|--------------------------------|-------|---------|------------------|---------|----------------|------|
| 9 | wt | 56 <b>Robert van der Zwaan</b> |       | H50     |                  | 1:09.21 | <b>52.30</b>   | PR   |
|   | rd | 20 <b>Ilsa Koek</b>            |       | DC1     |                  | 1:14.04 | <b>1:07.24</b> | PR   |
|   |    | <u>Robert van der Zwaan</u>    |       |         | <u>Ilsa Koek</u> |         |                |      |
|   |    | 100m                           | 14.00 | (14.00) | 100m             | 14.60   | (14.60)        |      |
|   |    | 500m                           | 52.30 | (38.30) | 500m             | 1:07.24 | (52.64)        |      |

|    |    | Naam                    |         | Cat     |                     | PR      | Tijd           | Info |
|----|----|-------------------------|---------|---------|---------------------|---------|----------------|------|
| 10 | gl | 43 <b>Kjeld Maarsen</b> |         | HB1     |                     | 1:25.08 | <b>1:05.17</b> | PR   |
|    | bl | 36 <b>Carla Engele</b>  |         | D60     |                     | 1:04.16 | <b>1:08.95</b> |      |
|    |    | <u>Kjeld Maarsen</u>    |         |         | <u>Carla Engele</u> |         |                |      |
|    |    | 100m                    | 15.09   | (15.09) | 100m                | 18.14   | (18.14)        |      |
|    |    | 500m                    | 1:05.17 | (50.08) | 500m                | 1:08.95 | (50.81)        |      |

|    |    | Naam                   |       | Cat     |                     | PR    | Tijd         | Info |
|----|----|------------------------|-------|---------|---------------------|-------|--------------|------|
| 11 | wt | 24 <b>Iris Dekker</b>  |       | DB1     |                     | 56.16 | <b>56.29</b> |      |
|    | rd | 39 <b>Rocco Heuzen</b> |       | HC2     |                     | 58.67 | <b>55.13</b> | PR   |
|    |    | <u>Iris Dekker</u>     |       |         | <u>Rocco Heuzen</u> |       |              |      |
|    |    | 100m                   | 13.83 | (13.83) | 100m                | 13.75 | (13.75)      |      |
|    |    | 500m                   | 56.29 | (42.46) | 500m                | 55.13 | (41.38)      |      |

|    |    | Naam                             |                                  |         | Cat                   | PR    | Tijd         | Info |
|----|----|----------------------------------|----------------------------------|---------|-----------------------|-------|--------------|------|
| 12 | gl | 21                               | <b>Ellis Zandvliet</b>           |         | DN2                   | 57.85 | <b>57.27</b> | PR   |
|    | bl | 3                                | <b>Dana de Bruin</b>             |         | DC2                   | 55.45 | <b>55.83</b> |      |
|    |    | <b>Ellis Zandvliet</b>           |                                  |         | <b>Dana de Bruin</b>  |       |              |      |
|    |    | 100m                             | 14.75                            | (14.75) | 100m                  | 13.97 | (13.97)      |      |
|    |    | 500m                             | 57.27                            | (42.52) | 500m                  | 55.83 | (41.86)      |      |
|    |    | Naam                             |                                  |         | Cat                   | PR    | Tijd         | Info |
| 13 | wt | 1                                | <b>Vincent Lankamp</b>           |         | HC1                   | 54.15 | <b>54.59</b> |      |
|    | rd | 4                                | <b>Anne Lubbers</b>              |         | DC2                   | 53.93 | <b>56.20</b> |      |
|    |    | <b>Vincent Lankamp</b>           |                                  |         | <b>Anne Lubbers</b>   |       |              |      |
|    |    | 100m                             | 14.37                            | (14.37) | 100m                  | 14.18 | (14.18)      |      |
|    |    | 500m                             | 54.59                            | (40.22) | 500m                  | 56.20 | (42.02)      |      |
|    |    | Naam                             |                                  |         | Cat                   | PR    | Tijd         | Info |
| 14 | gl | 8                                | <b>Marieke van de Zwaan-Weij</b> |         | D40                   | 48.14 | <b>52.63</b> |      |
|    | bl | 15                               | <b>Franca Baars</b>              |         | DC1                   | 54.97 | <b>53.58</b> | PR   |
|    |    | <b>Marieke van de Zwaan-Weij</b> |                                  |         | <b>Franca Baars</b>   |       |              |      |
|    |    | 100m                             | 13.51                            | (13.51) | 100m                  | 14.03 | (14.03)      |      |
|    |    | 500m                             | 52.63                            | (39.12) | 500m                  | 53.58 | (39.55)      |      |
|    |    | Naam                             |                                  |         | Cat                   | PR    | Tijd         | Info |
| 15 | wt | 29                               | <b>Wieke Eikelenboom</b>         |         | DB1                   | 50.67 | <b>54.64</b> |      |
|    | rd | 38                               | <b>Leandra Mulder</b>            |         | DSA                   | 53.83 | <b>53.33</b> | PR   |
|    |    | <b>Wieke Eikelenboom</b>         |                                  |         | <b>Leandra Mulder</b> |       |              |      |
|    |    | 100m                             | 13.78                            | (13.78) | 100m                  | 13.77 | (13.77)      |      |
|    |    | 500m                             | 54.64                            | (40.86) | 500m                  | 53.33 | (39.56)      |      |
|    |    | Naam                             |                                  |         | Cat                   | PR    | Tijd         | Info |
| 16 | gl | 73                               | <b>Astrid Engele</b>             |         | D50                   | 53.14 | <b>58.46</b> |      |
|    | bl | 48                               | <b>Dylan Pieterse</b>            |         | HB1                   | 53.27 | <b>50.44</b> | PR   |
|    |    | <b>Astrid Engele</b>             |                                  |         | <b>Dylan Pieterse</b> |       |              |      |
|    |    | 100m                             | 14.94                            | (14.94) | 100m                  | 12.29 | (12.29)      |      |
|    |    | 500m                             | 58.46                            | (43.52) | 500m                  | 50.44 | (38.15)      |      |

|       |    | Naam                      |                              |         | Cat                          |       |         | PR    | Tijd           | Info |
|-------|----|---------------------------|------------------------------|---------|------------------------------|-------|---------|-------|----------------|------|
| 17    | wt | 83                        | <b>Reinier Kempenaar</b>     |         | H50                          |       |         | 52.36 | <b>54.26</b>   |      |
|       | rd | 77                        | <b>Peter Paul Adriaansen</b> |         | H55                          |       |         | 52.62 | <b>53.83</b>   |      |
|       |    | <b>Reinier Kempenaar</b>  |                              |         | <b>Peter Paul Adriaansen</b> |       |         |       |                |      |
|       |    | 100m                      | 14.14                        | (14.14) | 100m                         | 14.28 | (14.28) |       |                |      |
|       |    | 500m                      | 54.26                        | (40.12) | 500m                         | 53.83 | (39.55) |       |                |      |
| <hr/> |    |                           |                              |         |                              |       |         |       |                |      |
|       |    | Naam                      |                              |         | Cat                          |       |         | PR    | Tijd           | Info |
| 18    | gl | 65                        | <b>Wendy Straathof</b>       |         | DSA                          |       |         | 51.17 | <b>55.98</b>   |      |
|       | bl | 30                        | <b>Dione Dompeling</b>       |         | DC1                          |       |         | 51.95 | <b>53.15</b>   |      |
|       |    | <b>Wendy Straathof</b>    |                              |         | <b>Dione Dompeling</b>       |       |         |       |                |      |
|       |    | 100m                      | 14.26                        | (14.26) | 100m                         | 13.46 | (13.46) |       |                |      |
|       |    | 500m                      | 55.98                        | (41.72) | 500m                         | 53.15 | (39.69) |       |                |      |
| <hr/> |    |                           |                              |         |                              |       |         |       |                |      |
|       |    | Naam                      |                              |         | Cat                          |       |         | PR    | Tijd           | Info |
| 19    | wt | 55                        | <b>Rob Ligtenberg</b>        |         | H60                          |       |         | 44.32 | <b>48.81</b>   |      |
|       | rd | 11                        | <b>Roelle de Koning</b>      |         | DSA                          |       |         | 50.42 | <b>49.91</b>   | PR   |
|       |    | <b>Rob Ligtenberg</b>     |                              |         | <b>Roelle de Koning</b>      |       |         |       |                |      |
|       |    | 100m                      | 12.83                        | (12.83) | 100m                         | 13.63 | (13.63) |       |                |      |
|       |    | 500m                      | 48.81                        | (35.98) | 500m                         | 49.91 | (36.28) |       |                |      |
| <hr/> |    |                           |                              |         |                              |       |         |       |                |      |
|       |    | Naam                      |                              |         | Cat                          |       |         | PR    | Tijd           | Info |
| 20    | gl | 72                        | <b>Jeroen Achterberg</b>     |         | HSB                          |       |         | 49.54 | <b>47.61</b>   | PR   |
|       | bl | 37                        | <b>Kees de Koning</b>        |         | H60                          |       |         | 50.62 | <b>52.38</b>   |      |
|       |    | <b>Jeroen Achterberg</b>  |                              |         | <b>Kees de Koning</b>        |       |         |       |                |      |
|       |    | 100m                      | 12.66                        | (12.66) | 100m                         | 13.73 | (13.73) |       |                |      |
|       |    | 500m                      | 47.61                        | (34.95) | 500m                         | 52.38 | (38.65) |       |                |      |
| <hr/> |    |                           |                              |         |                              |       |         |       |                |      |
|       |    | Naam                      |                              |         | Cat                          |       |         | PR    | Tijd           | Info |
| 21    | wt | 70                        | <b>Henk van der Zwaan</b>    |         | H65                          |       |         | 49.44 | <b>1:04.22</b> |      |
|       | rd | 71                        | <b>Gijs Vis</b>              |         | HB2                          |       |         | 49.29 | <b>48.82</b>   | PR   |
|       |    | <b>Henk van der Zwaan</b> |                              |         | <b>Gijs Vis</b>              |       |         |       |                |      |
|       |    | 100m                      | 20.01                        | (20.01) | 100m                         | 12.46 | (12.46) |       |                |      |
|       |    | 500m                      | 1:04.22                      | (44.21) | 500m                         | 48.82 | (36.36) |       |                |      |



|    |    | Naam                       |                              |         | Cat                          | PR    | Tijd         | Info |
|----|----|----------------------------|------------------------------|---------|------------------------------|-------|--------------|------|
| 22 | gl | 12                         | <b>Koen Zandvliet</b>        |         | HSA                          | 48.96 | <b>49.47</b> |      |
|    | bl | 80                         | <b>Jeffrey van der Zeeuw</b> |         | HSA                          | 49.01 | <b>49.73</b> |      |
|    |    | <u>Koen Zandvliet</u>      |                              |         | <u>Jeffrey van der Zeeuw</u> |       |              |      |
|    |    | 100m                       | 12.86                        | (12.86) | 100m                         | 12.79 | (12.79)      |      |
|    |    | 500m                       | 49.47                        | (36.61) | 500m                         | 49.73 | (36.94)      |      |
|    |    | Naam                       |                              |         | Cat                          | PR    | Tijd         | Info |
| 23 | wt | 46                         | <b>Jaap Tanis</b>            |         | H70                          | 48.84 | <b>58.05</b> |      |
|    | rd | 69                         | <b>Remco Gerritsen</b>       |         | H55                          | 44.55 | <b>47.91</b> |      |
|    |    | <u>Jaap Tanis</u>          |                              |         | <u>Remco Gerritsen</u>       |       |              |      |
|    |    | 100m                       | 15.29                        | (15.29) | 100m                         | 12.94 | (12.94)      |      |
|    |    | 500m                       | 58.05                        | (42.76) | 500m                         | 47.91 | (34.97)      |      |
|    |    | Naam                       |                              |         | Cat                          | PR    | Tijd         | Info |
| 24 | gl | 78                         | <b>Tamar van der Zwaan</b>   |         | DSB                          | 47.63 | <b>52.65</b> |      |
|    | bl | 2                          | <b>Merit de Bruin</b>        |         | DB2                          | 47.57 | <b>48.86</b> |      |
|    |    | <u>Tamar van der Zwaan</u> |                              |         | <u>Merit de Bruin</u>        |       |              |      |
|    |    | 100m                       | 13.27                        | (13.27) | 100m                         | 12.88 | (12.88)      |      |
|    |    | 500m                       | 52.65                        | (39.38) | 500m                         | 48.86 | (35.98)      |      |
|    |    | Naam                       |                              |         | Cat                          | PR    | Tijd         | Info |
| 25 | wt | 10                         | <b>Lotte de Bock</b>         |         | DB2                          | 45.45 | <b>46.75</b> |      |
|    | rd | 31                         | <b>Sanne Roos</b>            |         | DA2                          | 46.77 | <b>47.29</b> |      |
|    |    | <u>Lotte de Bock</u>       |                              |         | <u>Sanne Roos</u>            |       |              |      |
|    |    | 100m                       | 12.20                        | (12.20) | 100m                         | 12.51 | (12.51)      |      |
|    |    | 500m                       | 46.75                        | (34.55) | 500m                         | 47.29 | (34.78)      |      |
|    |    | Naam                       |                              |         | Cat                          | PR    | Tijd         | Info |
| 26 | gl | 81                         | <b>Dennis Verhoeven</b>      |         | H45                          | 45.80 | <b>48.31</b> |      |
|    | bl | 18                         | <b>Cock Baas</b>             |         | H55                          | 43.16 | <b>46.92</b> |      |
|    |    | <u>Dennis Verhoeven</u>    |                              |         | <u>Cock Baas</u>             |       |              |      |
|    |    | 100m                       | 13.25                        | (13.25) | 100m                         | 12.08 | (12.08)      |      |
|    |    | 500m                       | 48.31                        | (35.06) | 500m                         | 46.92 | (34.84)      |      |

|       |    | Naam                      |                              |         | Cat                          | PR    | Tijd           | Info |
|-------|----|---------------------------|------------------------------|---------|------------------------------|-------|----------------|------|
| 27    | wt | 49                        | <b>Manouk van Emmerik</b>    |         | DSB                          | 44.14 | <b>48.16</b>   |      |
|       | rd | 42                        | <b>Tim Rewijk</b>            |         | HN1                          | 45.35 | <b>45.87</b>   |      |
|       |    | <u>Manouk van Emmerik</u> |                              |         | <u>Tim Rewijk</u>            |       |                |      |
|       |    | 100m                      | 13.35                        | (13.35) | 100m                         | 11.90 | (11.90)        |      |
|       |    | 500m                      | 48.16                        | (34.81) | 500m                         | 45.87 | (33.97)        |      |
| <hr/> |    |                           |                              |         |                              |       |                |      |
|       |    | Naam                      |                              |         | Cat                          | PR    | Tijd           | Info |
| 28    | gl | 9                         | <b>Jelle de Bock</b>         |         | HC2                          | 43.97 | <b>1:08.58</b> | FL   |
|       | bl | 7                         | <b>Zhara Möllers</b>         |         | DB1                          | 44.22 | <b>45.29</b>   |      |
|       |    | <u>Jelle de Bock</u>      |                              |         | <u>Zhara Möllers</u>         |       |                |      |
|       |    | 100m                      | 11.91                        | (11.91) | 100m                         | 12.46 | (12.46)        |      |
|       |    | 500m                      | 1:08.58                      | (56.67) | 500m                         | 45.29 | (32.83)        |      |
| <hr/> |    |                           |                              |         |                              |       |                |      |
|       |    | Naam                      |                              |         | Cat                          | PR    | Tijd           | Info |
| 29    | wt | 76                        | <b>Matthijs Knelange</b>     |         | HSB                          | 43.50 | <b>47.22</b>   |      |
|       | rd | 23                        | <b>Jeroen Rewijk</b>         |         | HSB                          | 43.10 | <b>45.64</b>   |      |
|       |    | <u>Matthijs Knelange</u>  |                              |         | <u>Jeroen Rewijk</u>         |       |                |      |
|       |    | 100m                      | 12.61                        | (12.61) | 100m                         | 11.82 | (11.82)        |      |
|       |    | 500m                      | 47.22                        | (34.61) | 500m                         | 45.64 | (33.82)        |      |
| <hr/> |    |                           |                              |         |                              |       |                |      |
|       |    | Naam                      |                              |         | Cat                          | PR    | Tijd           | Info |
| 30    | gl | 17                        | <b>Marino Godwaldt</b>       |         | HB1                          | 43.58 | <b>44.36</b>   |      |
|       | bl | 82                        | <b>Roeland van der Hoorn</b> |         | HSA                          | 43.17 | <b>46.17</b>   |      |
|       |    | <u>Marino Godwaldt</u>    |                              |         | <u>Roeland van der Hoorn</u> |       |                |      |
|       |    | 100m                      | 11.95                        | (11.95) | 100m                         | 12.47 | (12.47)        |      |
|       |    | 500m                      | 44.36                        | (32.41) | 500m                         | 46.17 | (33.70)        |      |
| <hr/> |    |                           |                              |         |                              |       |                |      |
|       |    | Naam                      |                              |         | Cat                          | PR    | Tijd           | Info |
| 31    | wt | 47                        | <b>Mark Rewijk</b>           |         | HSB                          | 42.41 | <b>45.34</b>   |      |
|       | rd | 41                        | <b>Niels Rewijk</b>          |         | HA2                          | 42.70 | <b>41.81</b>   | PR   |
|       |    | <u>Mark Rewijk</u>        |                              |         | <u>Niels Rewijk</u>          |       |                |      |
|       |    | 100m                      | 12.16                        | (12.16) | 100m                         | 10.92 | (10.92)        |      |
|       |    | 500m                      | 45.34                        | (33.18) | 500m                         | 41.81 | (30.89)        |      |

|    |    | Naam |                        | Cat                    |     | PR    | Tijd         | Info          |
|----|----|------|------------------------|------------------------|-----|-------|--------------|---------------|
| 32 | gl | 59   | <b>Camiel Vletter</b>  |                        | HN4 | 39.88 | <b>41.41</b> |               |
|    | bl | 57   | <b>Bart van Velzen</b> |                        | HSB | 40.58 | <b>45.57</b> |               |
|    |    |      |                        | <b>Camiel Vletter</b>  |     |       |              |               |
|    |    |      |                        | <b>Bart van Velzen</b> |     |       |              |               |
|    |    | 100m | 11.08                  | (11.08)                |     |       | 100m         | 12.27 (12.27) |
|    |    | 500m | 41.41                  | (30.33)                |     |       | 500m         | 45.57 (33.30) |

## 3. Uitslag Recreanten 500 meter

| Pos | Naam                            | Cat | Paar | Baan | Tijd           | Info | Punten |
|-----|---------------------------------|-----|------|------|----------------|------|--------|
| 1   | 34 <b>Danny Wesselius</b>       | H45 | 36   | O    | <b>48.37</b>   |      |        |
| 2   | 50 <b>Jan Ravestijn</b>         | H45 | 35   | O    | <b>51.84</b>   |      |        |
| 3   | 44 <b>Ed Vink</b>               | H55 | 35   | I    | <b>52.10</b>   |      |        |
| 4   | 67 <b>Maarten Fischer</b>       | H45 | 38   | I    | <b>53.15</b>   |      |        |
| 5   | 58 <b>Johan Boere</b>           | H40 | 33   | O    | <b>55.16</b>   |      |        |
| 6   | 27 <b>Hilco Eikelenboom</b>     | H45 | 37   | I    | <b>58.20</b>   |      |        |
| 7   | 54 <b>Jeroen Bosman</b>         | H50 | 33   | I    | <b>58.68</b>   |      |        |
| 8   | 79 <b>Jacques van der Knaap</b> | H60 | 36   | I    | <b>1:00.60</b> |      |        |
| 9   | 26 <b>Corina Blaazer</b>        | D50 | 38   | O    | <b>1:10.40</b> |      |        |
| 10  | 61 <b>Arlinde Vletter</b>       | D50 | 37   | O    | <b>1:10.62</b> |      |        |

## 3. Rituitslag Recreanten 500 meter

|    |    | Naam                 |                      | Cat     |                    | PR    | Tijd         | Info |
|----|----|----------------------|----------------------|---------|--------------------|-------|--------------|------|
| 33 | wt | 54                   | <b>Jeroen Bosman</b> |         | H50                |       | <b>58.68</b> |      |
|    | rd | 58                   | <b>Johan Boere</b>   |         | H40                |       | <b>55.16</b> |      |
|    |    | <b>Jeroen Bosman</b> |                      |         | <b>Johan Boere</b> |       |              |      |
|    |    | 100m                 | 15.89                | (15.89) | 100m               | 14.67 | (14.67)      |      |
|    |    | 500m                 | 58.68                | (42.79) | 500m               | 55.16 | (40.49)      |      |

|    |    | Naam |   | Cat |  | PR | Tijd | Info |
|----|----|------|---|-----|--|----|------|------|
| 34 | gl |      |   |     |  |    |      |      |
|    | bl |      |   |     |  |    |      |      |
|    |    |      | m |     |  |    |      |      |
|    |    |      | m |     |  |    |      |      |

|    |    | Naam           |                      | Cat     |                      | PR    | Tijd         | Info |
|----|----|----------------|----------------------|---------|----------------------|-------|--------------|------|
| 35 | wt | 44             | <b>Ed Vink</b>       |         | H55                  |       | <b>52.10</b> |      |
|    | rd | 50             | <b>Jan Ravestijn</b> |         | H45                  |       | <b>51.84</b> |      |
|    |    | <b>Ed Vink</b> |                      |         | <b>Jan Ravestijn</b> |       |              |      |
|    |    | 100m           | 14.04                | (14.04) | 100m                 | 13.70 | (13.70)      |      |
|    |    | 500m           | 52.10                | (38.06) | 500m                 | 51.84 | (38.14)      |      |

|    |    | Naam                         |                              | Cat     |                        | PR    | Tijd           | Info |
|----|----|------------------------------|------------------------------|---------|------------------------|-------|----------------|------|
| 36 | gl | 79                           | <b>Jacques van der Knaap</b> |         | H60                    |       | <b>1:00.60</b> |      |
|    | bl | 34                           | <b>Danny Wesselius</b>       |         | H45                    |       | <b>48.37</b>   |      |
|    |    | <b>Jacques van der Knaap</b> |                              |         | <b>Danny Wesselius</b> |       |                |      |
|    |    | 100m                         | 16.26                        | (16.26) | 100m                   | 12.72 | (12.72)        |      |
|    |    | 500m                         | 1:00.60                      | (44.34) | 500m                   | 48.37 | (35.65)        |      |

|    |    | Naam                     |                          | Cat     |                        | PR      | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|----------------|------|
| 37 | wt | 27                       | <b>Hilco Eikelenboom</b> |         | H45                    | 54.80   | <b>58.20</b>   |      |
|    | rd | 61                       | <b>Arlinde Vletter</b>   |         | D50                    |         | <b>1:10.62</b> |      |
|    |    | <b>Hilco Eikelenboom</b> |                          |         | <b>Arlinde Vletter</b> |         |                |      |
|    |    | 100m                     | 15.04                    | (15.04) | 100m                   | 17.10   | (17.10)        |      |
|    |    | 500m                     | 58.20                    | (43.16) | 500m                   | 1:10.62 | (53.52)        |      |

|    |    | Naam |                        | Cat                    |     | PR | Tijd    | Info            |
|----|----|------|------------------------|------------------------|-----|----|---------|-----------------|
| 38 | gl | 67   | <b>Maarten Fischer</b> |                        | H45 |    | 52.52   | <b>53.15</b>    |
|    | bl | 26   | <b>Corina Blaazer</b>  |                        | D50 |    | 1:04.22 | <b>1:10.40</b>  |
|    |    |      |                        | <b>Maarten Fischer</b> |     |    |         |                 |
|    |    |      |                        | <b>Corina Blaazer</b>  |     |    |         |                 |
|    |    | 100m | 13.87                  | (13.87)                |     |    | 100m    | 17.52 (17.52)   |
|    |    | 500m | 53.15                  | (39.28)                |     |    | 500m    | 1:10.40 (52.88) |

IJsbahn Haarlem - Haarlem  
**4. Uitslag Pupillen 300 meter**

| Pos | Naam                           | Cat | Paar | Baan | Tijd         | Info | Punten |
|-----|--------------------------------|-----|------|------|--------------|------|--------|
| 1   | 13 <b>Laurena van Doorn</b>    | DPC | 43   | I    | <b>32.30</b> |      |        |
| 2   | 68 <b>Mylo Fischer</b>         | HPA | 42   | I    | <b>33.43</b> |      |        |
| 3   | 14 <b>Rinske van der Maarl</b> | DPB | 44   | I    | <b>34.08</b> | PR   |        |
| 4   | 19 <b>Danischa Aukes</b>       | DPA | 43   | O    | <b>35.38</b> | PR   |        |
| 5   | 5 <b>Esmee Bijl</b>            | DPB | 44   | O    | <b>35.55</b> |      |        |
| 6   | 45 <b>Mara Nummerdor</b>       | DPA | 42   | O    | <b>35.97</b> |      |        |
| 7   | 62 <b>Rens Vink</b>            | HPB | 39   | O    | <b>38.68</b> |      |        |
| 8   | 40 <b>Nikki Heuzen</b>         | DPA | 41   | I    | <b>40.10</b> | PR   |        |
| 9   | 63 <b>Tijn Meijer</b>          | HPB | 39   | I    | <b>41.25</b> |      |        |
| 10  | 64 <b>Ruben Boere</b>          | HPB | 41   | O    | <b>47.94</b> |      |        |



# Clubkampioenschap Nut en Vermaak & Blauwe Beugel

IJsbaan Haarlem - Haarlem

## 4. Rituitslag Pupillen 300 meter

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|    |    | Naam               |                    | Cat     |      | PR               | Tijd         | Info |
|----|----|--------------------|--------------------|---------|------|------------------|--------------|------|
| 39 | wt | 63                 | <b>Tijn Meijer</b> |         | HPB  |                  | <b>41.25</b> |      |
|    | rd | 62                 | <b>Rens Vink</b>   |         | HPB  |                  | <b>38.68</b> |      |
|    |    | <u>Tijn Meijer</u> |                    |         |      | <u>Rens Vink</u> |              |      |
|    |    | 300m               | 41.25              | (41.25) | 300m | 38.68            | (38.68)      |      |

|    |    | Naam     |  | Cat |  | PR       | Tijd | Info |
|----|----|----------|--|-----|--|----------|------|------|
| 40 | gl |          |  |     |  |          |      |      |
|    | bl |          |  |     |  |          |      |      |
|    |    | <u>m</u> |  |     |  | <u>m</u> |      |      |

|    |    | Naam                |                     | Cat     |      | PR                 | Tijd         | Info |
|----|----|---------------------|---------------------|---------|------|--------------------|--------------|------|
| 41 | wt | 40                  | <b>Nikki Heuzen</b> |         | DPA  | 41.40              | <b>40.10</b> | PR   |
|    | rd | 64                  | <b>Ruben Boere</b>  |         | HPB  |                    | <b>47.94</b> |      |
|    |    | <u>Nikki Heuzen</u> |                     |         |      | <u>Ruben Boere</u> |              |      |
|    |    | 300m                | 40.10               | (40.10) | 300m | 47.94              | (47.94)      |      |

|    |    | Naam                |                       | Cat     |      | PR                    | Tijd         | Info |
|----|----|---------------------|-----------------------|---------|------|-----------------------|--------------|------|
| 42 | gl | 68                  | <b>Mylo Fischer</b>   |         | HPA  |                       | <b>33.43</b> |      |
|    | bl | 45                  | <b>Mara Nummerdor</b> |         | DPA  |                       | <b>35.97</b> |      |
|    |    | <u>Mylo Fischer</u> |                       |         |      | <u>Mara Nummerdor</u> |              |      |
|    |    | 300m                | 33.43                 | (33.43) | 300m | 35.97                 | (35.97)      |      |

|    |    | Naam                     |                          | Cat     |      | PR                    | Tijd         | Info |
|----|----|--------------------------|--------------------------|---------|------|-----------------------|--------------|------|
| 43 | wt | 13                       | <b>Laurena van Doorn</b> |         | DPC  | 31.13                 | <b>32.30</b> |      |
|    | rd | 19                       | <b>Danische Aukes</b>    |         | DPA  | 37.42                 | <b>35.38</b> | PR   |
|    |    | <u>Laurena van Doorn</u> |                          |         |      | <u>Danische Aukes</u> |              |      |
|    |    | 300m                     | 32.30                    | (32.30) | 300m | 35.38                 | (35.38)      |      |

|    |    | Naam                        |                             | Cat     |      | PR                | Tijd         | Info |
|----|----|-----------------------------|-----------------------------|---------|------|-------------------|--------------|------|
| 44 | gl | 14                          | <b>Rinske van der Maarl</b> |         | DPB  | 34.21             | <b>34.08</b> | PR   |
|    | bl | 5                           | <b>Esmee Bijl</b>           |         | DPB  | 35.50             | <b>35.55</b> |      |
|    |    | <u>Rinske van der Maarl</u> |                             |         |      | <u>Esmee Bijl</u> |              |      |
|    |    | 300m                        | 34.08                       | (34.08) | 300m | 35.55             | (35.55)      |      |

## 5. Uitslag Junioren C t/m Masters 1500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 59 Camiel Vletter        | HN4 | 72   | O    | 2:16.01 |      |        |
| 2   | 17 Marino Godwaldt       | HB1 | 69   | O    | 2:17.35 |      |        |
| 3   | 82 Roeland van der Hoorn | HSA | 70   | O    | 2:19.48 |      |        |
| 4   | 41 Niels Rewijk          | HA2 | 65   | O    | 2:20.48 |      |        |
| 5   | 57 Bart van Velzen       | HSB | 71   | I    | 2:21.44 |      |        |
| 6   | 76 Matthijs Knelange     | HSB | 72   | I    | 2:24.30 |      |        |
| 7   | 7 Zhara Möllers          | DB1 | 68   | I    | 2:25.08 |      |        |
| 8   | 9 Jelle de Bock          | HC2 | 66   | I    | 2:25.71 |      |        |
| 9   | 47 Mark Rewijk           | HSB | 71   | O    | 2:25.94 |      |        |
| 10  | 42 Tim Rewijk            | HN1 | 63   | I    | 2:27.46 | PR   |        |
| 11  | 2 Merit de Bruin         | DB2 | 66   | O    | 2:27.91 |      |        |
| 12  | 23 Jeroen Rewijk         | HSB | 68   | O    | 2:28.73 |      |        |
| 13  | 10 Lotte de Bock         | DB2 | 67   | I    | 2:28.77 |      |        |
| 14  | 49 Manouk van Emmerik    | DSB | 69   | I    | 2:29.14 |      |        |
| 15  | 81 Dennis Verhoeven      | H45 | 65   | I    | 2:31.62 |      |        |
| 16  | 69 Remco Gerritsen       | H55 | 62   | I    | 2:31.78 |      |        |
| 17  | 72 Jeroen Achterberg     | HSB | 67   | O    | 2:32.20 |      |        |
| 18  | 16 Carlos Godwaldt       | HPA | 57   | I    | 2:32.41 | PR   |        |
| 19  | 18 Cock Baas             | H55 | 64   | O    | 2:32.98 |      |        |
| 20  | 55 Rob Ligtenberg        | H60 | 59   | I    | 2:33.78 |      |        |
| 21  | 12 Koen Zandvliet        | HSA | 61   | I    | 2:33.94 |      |        |
| 22  | 31 Sanne Roos            | DA2 | 62   | O    | 2:35.17 |      |        |
| 23  | 71 Gijs Vis              | HB2 | 58   | O    | 2:35.88 | PR   |        |
| 24  | 11 Roelle de Koning      | DSA | 60   | O    | 2:36.38 |      |        |
| 25  | 56 Robert van der Zwaan  | H50 | 50   | I    | 2:38.94 |      |        |
| 26  | 6 Jort van Diemen        | HPA | 59   | O    | 2:39.06 | PR   |        |
| 27  | 77 Peter Paul Adriaansen | H55 | 61   | O    | 2:40.03 |      |        |
| 28  | 30 Dione Dompeling       | DC1 | 58   | I    | 2:43.56 | PR   |        |
| 29  | 52 Jonah van Lienden     | HC1 | 47   | O    | 2:47.86 |      |        |
| 30  | 80 Jeffrey van der Zeeuw | HSA | 48   | I    | 2:48.16 |      |        |
| 31  | 83 Reinier Kempenaar     | H50 | 57   | O    | 2:49.57 |      |        |
| 32  | 29 Wieke Eikelenboom     | DB1 | 54   | I    | 2:50.43 |      |        |
| 33  | 48 Dylan Pieterse        | HB1 | 55   | I    | 2:52.46 |      |        |
| 34  | 46 Jaap Tanis            | H70 | 63   | O    | 2:53.94 |      |        |
| 35  | 15 Franca Baars          | DC1 | 53   | I    | 2:54.72 |      |        |
| 36  | 78 Tamar van der Zwaan   | DSB | 64   | I    | 2:55.53 |      |        |
| 37  | 39 Rocco Heuzen          | HC2 | 52   | O    | 2:57.44 | PR   |        |
| 38  | 70 Henk van der Zwaan    | H65 | 70   | I    | 2:58.04 |      |        |

| Pos | Naam                        | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|-----------------------------|-----|------|------|---------|------|--------|
| 39  | 8 Marieke van de Zwaan-Weij | D40 | 52   | I    | 2:58.53 |      |        |
| 40  | 38 Leandra Mulder           | DSA | 49   | O    | 3:00.71 | PR   |        |
| 41  | 4 Anne Lubbers              | DC2 | 56   | O    | 3:01.47 |      |        |
| 42  | 65 Wendy Straathof          | DSA | 55   | O    | 3:02.23 |      |        |
| 43  | 73 Astrid Engele            | D50 | 56   | I    | 3:04.45 |      |        |
| 44  | 3 Dana de Bruin             | DC2 | 54   | O    | 3:04.46 |      |        |
| 45  | 1 Vincent Lankamp           | HC1 | 50   | O    | 3:04.89 | PR   |        |
|     | 37 Kees de Koning           | H60 | 60   | I    | 3:04.89 | FL   |        |
| 47  | 24 Iris Dekker              | DB1 | 51   | I    | 3:05.23 | PR   |        |
| 48  | 51 Senna Ravestijn          | DC1 | 49   | I    | 3:05.79 | RW   |        |
| 49  | 21 Ellis Zandvliet          | DN2 | 53   | O    | 3:11.97 |      |        |
| 50  | 33 Feline Wesselius         | DC1 | 45   | O    | 3:17.37 |      |        |
| 51  | 43 Kjeld Maarsen            | HB1 | 48   | O    | 3:36.29 |      |        |
| 52  | 36 Carla Engele             | D60 | 51   | O    | 3:36.93 |      |        |
| 53  | 53 Tygo van der Meer        | HB1 | 45   | I    | 3:49.11 |      |        |
| 54  | 20 Ilsa Koek                | DC1 | 47   | I    | 3:59.23 | FL   |        |

## 5. Rituitslag Junioren C t/m Masters 1500 meter

|    |    | Naam |                          | Cat |     | PR | Tijd           | Info |
|----|----|------|--------------------------|-----|-----|----|----------------|------|
| 45 | wt | 53   | <b>Tygo van der Meer</b> |     | HB1 |    | <b>3:49.11</b> |      |
|    | rd | 33   | <b>Feline Wesselius</b>  |     | DC1 |    | <b>3:17.37</b> |      |

### Tygo van der Meer

|       |         |         |
|-------|---------|---------|
| 300m  | 41.99   | (41.99) |
| 700m  | 1:38.40 | (56.41) |
| 1100m | 2:47.38 | (68.98) |
| 1500m | 3:49.11 | (61.73) |

### Feline Wesselius

|       |         |         |
|-------|---------|---------|
| 300m  | 37.23   | (37.23) |
| 700m  | 1:25.98 | (48.75) |
| 1100m | 2:20.11 | (54.13) |
| 1500m | 3:17.37 | (57.26) |

|    |    | Naam |  | Cat |  | PR | Tijd | Info |
|----|----|------|--|-----|--|----|------|------|
| 46 | gl |      |  |     |  |    |      |      |
|    | bl |      |  |     |  |    |      |      |
|    |    |      |  |     |  |    |      |      |
|    |    |      |  |     |  |    |      |      |

|    |    | Naam |                          | Cat |     | PR | Tijd           | Info |
|----|----|------|--------------------------|-----|-----|----|----------------|------|
| 47 | wt | 20   | <b>Ilsa Koek</b>         |     | DC1 |    | <b>3:59.23</b> | FL   |
|    | rd | 52   | <b>Jonah van Lienden</b> |     | HC1 |    | <b>2:47.86</b> |      |

### Ilsa Koek

|       |         |         |
|-------|---------|---------|
| 300m  | 43.69   | (43.69) |
| 700m  | 1:44.70 | (61.01) |
| 1100m | 2:48.91 | (64.21) |
| 1500m | 3:59.23 | (70.32) |

### Jonah van Lienden

|       |         |         |
|-------|---------|---------|
| 300m  | 33.79   | (33.79) |
| 700m  | 1:17.27 | (43.48) |
| 1100m | 2:02.28 | (45.01) |
| 1500m | 2:47.86 | (45.58) |

|    |    | Naam |                              | Cat |     | PR | Tijd           | Info |
|----|----|------|------------------------------|-----|-----|----|----------------|------|
| 48 | gl | 80   | <b>Jeffrey van der Zeeuw</b> |     | HSA |    | <b>2:48.16</b> |      |
|    | bl | 43   | <b>Kjeld Maarsen</b>         |     | HB1 |    | <b>3:36.29</b> |      |

### Jeffrey van der Zeeuw

|       |         |         |
|-------|---------|---------|
| 300m  | 34.59   | (34.59) |
| 700m  | 1:17.84 | (43.25) |
| 1100m | 2:03.07 | (45.23) |
| 1500m | 2:48.16 | (45.09) |

### Kjeld Maarsen

|       |         |         |
|-------|---------|---------|
| 300m  | 41.84   | (41.84) |
| 700m  | 1:39.18 | (57.34) |
| 1100m | 2:38.46 | (59.28) |
| 1500m | 3:36.29 | (57.83) |

|    |    | Naam                      | Cat | PR      | Tijd | Info              |
|----|----|---------------------------|-----|---------|------|-------------------|
| 49 | wt | 51 <b>Senna Ravestijn</b> | DC1 |         |      | <b>3:05.79</b> RW |
|    | rd | 38 <b>Leandra Mulder</b>  | DSA | 3:16.16 |      | <b>3:00.71</b> PR |

**Senna Ravestijn**

|       |         |         |
|-------|---------|---------|
| 300m  | 37.12   | (37.12) |
| 700m  | 1:21.56 | (44.44) |
| 1100m | 2:15.80 | (54.24) |
| 1500m | 3:05.79 | (49.99) |

**Leandra Mulder**

|       |         |         |
|-------|---------|---------|
| 300m  | 35.82   | (35.82) |
| 700m  | 1:24.37 | (48.55) |
| 1100m | 2:11.10 | (46.73) |
| 1500m | 3:00.71 | (49.61) |

|    |    | Naam                           | Cat | PR      | Tijd | Info              |
|----|----|--------------------------------|-----|---------|------|-------------------|
| 50 | gl | 56 <b>Robert van der Zwaan</b> | H50 |         |      | <b>2:38.94</b>    |
|    | bl | 1 <b>Vincent Lankamp</b>       | HC1 | 3:15.09 |      | <b>3:04.89</b> PR |

**Robert van der Zwaan**

|       |         |         |
|-------|---------|---------|
| 300m  | 34.78   | (34.78) |
| 700m  | 1:14.86 | (40.08) |
| 1100m | 1:56.65 | (41.79) |
| 1500m | 2:38.94 | (42.29) |

**Vincent Lankamp**

|       |         |         |
|-------|---------|---------|
| 300m  | 35.97   | (35.97) |
| 700m  | 1:21.11 | (45.14) |
| 1100m | 2:13.15 | (52.04) |
| 1500m | 3:04.89 | (51.74) |

|    |    | Naam                   | Cat | PR      | Tijd | Info              |
|----|----|------------------------|-----|---------|------|-------------------|
| 51 | wt | 24 <b>Iris Dekker</b>  | DB1 | 3:06.55 |      | <b>3:05.23</b> PR |
|    | rd | 36 <b>Carla Engele</b> | D60 | 3:10.68 |      | <b>3:36.93</b>    |

**Iris Dekker**

|       |         |         |
|-------|---------|---------|
| 300m  | 38.51   | (38.51) |
| 700m  | 1:26.71 | (48.20) |
| 1100m | 2:15.80 | (49.09) |
| 1500m | 3:05.23 | (49.43) |

**Carla Engele**

|       |         |         |
|-------|---------|---------|
| 300m  | 47.01   | (47.01) |
| 700m  | 1:42.95 | (55.94) |
| 1100m | 2:39.39 | (56.44) |
| 1500m | 3:36.93 | (57.54) |

|    |    | Naam                               | Cat | PR      | Tijd | Info              |
|----|----|------------------------------------|-----|---------|------|-------------------|
| 52 | gl | 8 <b>Marieke van de Zwaan-Weij</b> | D40 | 2:32.38 |      | <b>2:58.53</b>    |
|    | bl | 39 <b>Rocco Heuzen</b>             | HC2 | 3:10.33 |      | <b>2:57.44</b> PR |

**Marieke van de Zwaan-Weij**

|       |         |         |
|-------|---------|---------|
| 300m  | 34.88   | (34.88) |
| 700m  | 1:18.39 | (43.51) |
| 1100m | 2:06.84 | (48.45) |
| 1500m | 2:58.53 | (51.69) |

**Rocco Heuzen**

|       |         |         |
|-------|---------|---------|
| 300m  | 34.94   | (34.94) |
| 700m  | 1:20.43 | (45.49) |
| 1100m | 2:08.52 | (48.09) |
| 1500m | 2:57.44 | (48.92) |

|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
|----|----|--------------------------|--------------------------|---------|------------------------|---------|----------------|------|
| 53 | wt | 15                       | <b>Franca Baars</b>      |         | DC1                    | 2:52.10 | <b>2:54.72</b> |      |
|    | rd | 21                       | <b>Ellis Zandvliet</b>   |         | DN2                    | 2:58.41 | <b>3:11.97</b> |      |
|    |    | <b>Franca Baars</b>      |                          |         | <b>Ellis Zandvliet</b> |         |                |      |
|    |    | 300m                     | 36.00                    | (36.00) | 300m                   | 38.01   | (38.01)        |      |
|    |    | 700m                     | 1:21.24                  | (45.24) | 700m                   | 1:26.43 | (48.42)        |      |
|    |    | 1100m                    | 2:08.61                  | (47.37) | 1100m                  | 2:19.33 | (52.90)        |      |
|    |    | 1500m                    | 2:54.72                  | (46.11) | 1500m                  | 3:11.97 | (52.64)        |      |
|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
| 54 | gl | 29                       | <b>Wieke Eikelenboom</b> |         | DB1                    | 2:35.48 | <b>2:50.43</b> |      |
|    | bl | 3                        | <b>Dana de Bruin</b>     |         | DC2                    | 2:55.53 | <b>3:04.46</b> |      |
|    |    | <b>Wieke Eikelenboom</b> |                          |         | <b>Dana de Bruin</b>   |         |                |      |
|    |    | 300m                     | 34.85                    | (34.85) | 300m                   | 36.51   | (36.51)        |      |
|    |    | 700m                     | 1:18.71                  | (43.86) | 700m                   | 1:23.35 | (46.84)        |      |
|    |    | 1100m                    | 2:04.07                  | (45.36) | 1100m                  | 2:13.86 | (50.51)        |      |
|    |    | 1500m                    | 2:50.43                  | (46.36) | 1500m                  | 3:04.46 | (50.60)        |      |
|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
| 55 | wt | 48                       | <b>Dylan Pieterse</b>    |         | HB1                    | 2:50.81 | <b>2:52.46</b> |      |
|    | rd | 65                       | <b>Wendy Straathof</b>   |         | DSA                    | 2:48.94 | <b>3:02.23</b> |      |
|    |    | <b>Dylan Pieterse</b>    |                          |         | <b>Wendy Straathof</b> |         |                |      |
|    |    | 300m                     | 32.25                    | (32.25) | 300m                   | 36.81   | (36.81)        |      |
|    |    | 700m                     | 1:15.43                  | (43.18) | 700m                   | 1:22.25 | (45.44)        |      |
|    |    | 1100m                    | 2:03.66                  | (48.23) | 1100m                  | 2:11.18 | (48.93)        |      |
|    |    | 1500m                    | 2:52.46                  | (48.80) | 1500m                  | 3:02.23 | (51.05)        |      |
|    |    | Naam                     |                          |         | Cat                    | PR      | Tijd           | Info |
| 56 | gl | 73                       | <b>Astrid Engele</b>     |         | D50                    | 2:51.11 | <b>3:04.45</b> |      |
|    | bl | 4                        | <b>Anne Lubbers</b>      |         | DC2                    | 2:47.95 | <b>3:01.47</b> |      |
|    |    | <b>Astrid Engele</b>     |                          |         | <b>Anne Lubbers</b>    |         |                |      |
|    |    | 300m                     | 38.28                    | (38.28) | 300m                   | 37.46   | (37.46)        |      |
|    |    | 700m                     | 1:24.83                  | (46.55) | 700m                   | 1:24.27 | (46.81)        |      |
|    |    | 1100m                    | 2:15.46                  | (50.63) | 1100m                  | 2:12.50 | (48.23)        |      |
|    |    | 1500m                    | 3:04.45                  | (48.99) | 1500m                  | 3:01.47 | (48.97)        |      |

|    |    | Naam                   |                          |         | Cat                      | PR      | Tijd           | Info |
|----|----|------------------------|--------------------------|---------|--------------------------|---------|----------------|------|
| 57 | wt | 16                     | <b>Carlos Godwaldt</b>   |         | HPA                      | 2:36.40 | <b>2:32.41</b> | PR   |
|    | rd | 83                     | <b>Reinier Kempenaar</b> |         | H50                      | 2:40.96 | <b>2:49.57</b> |      |
|    |    | <b>Carlos Godwaldt</b> |                          |         | <b>Reinier Kempenaar</b> |         |                |      |
|    |    | 300m                   | 33.11                    | (33.11) | 300m                     | 35.91   | (35.91)        |      |
|    |    | 700m                   | 1:12.19                  | (39.08) | 700m                     | 1:19.39 | (43.48)        |      |
|    |    | 1100m                  | 1:52.80                  | (40.61) | 1100m                    | 2:03.65 | (44.26)        |      |
|    |    | 1500m                  | 2:32.41                  | (39.61) | 1500m                    | 2:49.57 | (45.92)        |      |
|    |    | Naam                   |                          |         | Cat                      | PR      | Tijd           | Info |
| 58 | gl | 30                     | <b>Dione Dompeling</b>   |         | DC1                      | 2:45.34 | <b>2:43.56</b> | PR   |
|    | bl | 71                     | <b>Gijs Vis</b>          |         | HB2                      | 2:41.11 | <b>2:35.88</b> | PR   |
|    |    | <b>Dione Dompeling</b> |                          |         | <b>Gijs Vis</b>          |         |                |      |
|    |    | 300m                   | 34.35                    | (34.35) | 300m                     | 31.94   | (31.94)        |      |
|    |    | 700m                   | 1:15.79                  | (41.44) | 700m                     | 1:11.59 | (39.65)        |      |
|    |    | 1100m                  | 1:59.58                  | (43.79) | 1100m                    | 1:53.18 | (41.59)        |      |
|    |    | 1500m                  | 2:43.56                  | (43.98) | 1500m                    | 2:35.88 | (42.70)        |      |
|    |    | Naam                   |                          |         | Cat                      | PR      | Tijd           | Info |
| 59 | wt | 55                     | <b>Rob Ligtenberg</b>    |         | H60                      | 2:19.18 | <b>2:33.78</b> |      |
|    | rd | 6                      | <b>Jort van Diemen</b>   |         | HPA                      | 2:40.37 | <b>2:39.06</b> | PR   |
|    |    | <b>Rob Ligtenberg</b>  |                          |         | <b>Jort van Diemen</b>   |         |                |      |
|    |    | 300m                   | 31.21                    | (31.21) | 300m                     | 31.95   | (31.95)        |      |
|    |    | 700m                   | 1:08.89                  | (37.68) | 700m                     | 1:11.92 | (39.97)        |      |
|    |    | 1100m                  | 1:50.31                  | (41.42) | 1100m                    | 1:55.50 | (43.58)        |      |
|    |    | 1500m                  | 2:33.78                  | (43.47) | 1500m                    | 2:39.06 | (43.56)        |      |
|    |    | Naam                   |                          |         | Cat                      | PR      | Tijd           | Info |
| 60 | gl | 37                     | <b>Kees de Koning</b>    |         | H60                      | 2:36.01 | <b>3:04.89</b> | FL   |
|    | bl | 11                     | <b>Roelle de Koning</b>  |         | DSA                      | 2:35.62 | <b>2:36.38</b> |      |
|    |    | <b>Kees de Koning</b>  |                          |         | <b>Roelle de Koning</b>  |         |                |      |
|    |    | 300m                   | 33.58                    | (33.58) | 300m                     | 32.97   | (32.97)        |      |
|    |    | 700m                   | 1:13.59                  | (40.01) | 700m                     | 1:11.26 | (38.29)        |      |
|    |    | 1100m                  | 2:15.86                  | (62.27) | 1100m                    | 1:52.44 | (41.18)        |      |
|    |    | 1500m                  | 3:04.89                  | (49.03) | 1500m                    | 2:36.38 | (43.94)        |      |

|    |    | Naam                       |                              |         | Cat                          | PR      | Tijd           | Info |
|----|----|----------------------------|------------------------------|---------|------------------------------|---------|----------------|------|
| 61 | wt | 12                         | <b>Koen Zandvliet</b>        |         | HSA                          | 2:31.75 | <b>2:33.94</b> |      |
|    | rd | 77                         | <b>Peter Paul Adriaansen</b> |         | H55                          | 2:39.89 | <b>2:40.03</b> |      |
|    |    | <b>Koen Zandvliet</b>      |                              |         | <b>Peter Paul Adriaansen</b> |         |                |      |
|    |    | 300m                       | 33.36                        | (33.36) | 300m                         | 34.44   | (34.44)        |      |
|    |    | 700m                       | 1:13.23                      | (39.87) | 700m                         | 1:14.74 | (40.30)        |      |
|    |    | 1100m                      | 1:53.68                      | (40.45) | 1100m                        | 1:56.87 | (42.13)        |      |
|    |    | 1500m                      | 2:33.94                      | (40.26) | 1500m                        | 2:40.03 | (43.16)        |      |
|    |    | Naam                       |                              |         | Cat                          | PR      | Tijd           | Info |
| 62 | gl | 69                         | <b>Remco Gerritsen</b>       |         | H55                          | 2:16.11 | <b>2:31.78</b> |      |
|    | bl | 31                         | <b>Sanne Roos</b>            |         | DA2                          | 2:27.41 | <b>2:35.17</b> |      |
|    |    | <b>Remco Gerritsen</b>     |                              |         | <b>Sanne Roos</b>            |         |                |      |
|    |    | 300m                       | 31.43                        | (31.43) | 300m                         | 31.89   | (31.89)        |      |
|    |    | 700m                       | 1:08.95                      | (37.52) | 700m                         | 1:10.38 | (38.49)        |      |
|    |    | 1100m                      | 1:49.15                      | (40.20) | 1100m                        | 1:51.93 | (41.55)        |      |
|    |    | 1500m                      | 2:31.78                      | (42.63) | 1500m                        | 2:35.17 | (43.24)        |      |
|    |    | Naam                       |                              |         | Cat                          | PR      | Tijd           | Info |
| 63 | wt | 42                         | <b>Tim Rewijk</b>            |         | HN1                          | 2:28.42 | <b>2:27.46</b> | PR   |
|    | rd | 46                         | <b>Jaap Tanis</b>            |         | H70                          | 2:24.67 | <b>2:53.94</b> |      |
|    |    | <b>Tim Rewijk</b>          |                              |         | <b>Jaap Tanis</b>            |         |                |      |
|    |    | 300m                       | 29.62                        | (29.62) | 300m                         | 38.10   | (38.10)        |      |
|    |    | 700m                       | 1:05.83                      | (36.21) | 700m                         | 1:22.43 | (44.33)        |      |
|    |    | 1100m                      | 1:45.15                      | (39.32) | 1100m                        | 2:23.43 | (61.00)        |      |
|    |    | 1500m                      | 2:27.46                      | (42.31) | 1500m                        | 2:53.94 | (30.51)        |      |
|    |    | Naam                       |                              |         | Cat                          | PR      | Tijd           | Info |
| 64 | gl | 78                         | <b>Tamar van der Zwaan</b>   |         | DSB                          | 2:30.00 | <b>2:55.53</b> |      |
|    | bl | 18                         | <b>Cock Baas</b>             |         | H55                          | 2:07.17 | <b>2:32.98</b> |      |
|    |    | <b>Tamar van der Zwaan</b> |                              |         | <b>Cock Baas</b>             |         |                |      |
|    |    | 300m                       | 35.13                        | (35.13) | 300m                         | 32.24   | (32.24)        |      |
|    |    | 700m                       | 1:20.99                      | (45.86) | 700m                         | 1:11.95 | (39.71)        |      |
|    |    | 1100m                      | 1:52.47                      | (31.48) | 1100m                        | 1:52.47 | (40.52)        |      |
|    |    | 1500m                      | 2:55.53                      | (63.06) | 1500m                        | 2:32.98 | (40.51)        |      |



|    |    | Naam |                          |         | Cat     |                          |         | PR      | Tijd           | Info |
|----|----|------|--------------------------|---------|---------|--------------------------|---------|---------|----------------|------|
| 65 | wt | 81   | <b>Dennis Verhoeven</b>  |         | H45     |                          |         | 2:20.57 | <b>2:31.62</b> |      |
|    | rd | 41   | <b>Niels Rewijk</b>      |         | HA2     |                          |         | 2:18.48 | <b>2:20.48</b> |      |
|    |    |      | <b>Dennis Verhoeven</b>  |         |         | <b>Niels Rewijk</b>      |         |         |                |      |
|    |    |      | 300m                     | 32.56   | (32.56) | 300m                     | 29.12   | (29.12) |                |      |
|    |    |      | 700m                     | 1:09.98 | (37.42) | 700m                     | 1:04.48 | (35.36) |                |      |
|    |    |      | 1100m                    | 1:49.67 | (39.69) | 1100m                    | 1:41.72 | (37.24) |                |      |
|    |    |      | 1500m                    | 2:31.62 | (41.95) | 1500m                    | 2:20.48 | (38.76) |                |      |
|    |    | Naam |                          |         | Cat     |                          |         | PR      | Tijd           | Info |
| 66 | gl | 9    | <b>Jelle de Bock</b>     |         | HC2     |                          |         | 2:17.28 | <b>2:25.71</b> |      |
|    | bl | 2    | <b>Merit de Bruin</b>    |         | DB2     |                          |         | 2:24.13 | <b>2:27.91</b> |      |
|    |    |      | <b>Jelle de Bock</b>     |         |         | <b>Merit de Bruin</b>    |         |         |                |      |
|    |    |      | 300m                     | 29.01   | (29.01) | 300m                     | 31.65   | (31.65) |                |      |
|    |    |      | 700m                     | 1:05.92 | (36.91) | 700m                     | 1:09.17 | (37.52) |                |      |
|    |    |      | 1100m                    | 1:46.12 | (40.20) | 1100m                    | 1:48.01 | (38.84) |                |      |
|    |    |      | 1500m                    | 2:25.71 | (39.59) | 1500m                    | 2:27.91 | (39.90) |                |      |
|    |    | Naam |                          |         | Cat     |                          |         | PR      | Tijd           | Info |
| 67 | wt | 10   | <b>Lotte de Bock</b>     |         | DB2     |                          |         | 2:21.32 | <b>2:28.77</b> |      |
|    | rd | 72   | <b>Jeroen Achterberg</b> |         | HSB     |                          |         | 2:12.86 | <b>2:32.20</b> |      |
|    |    |      | <b>Lotte de Bock</b>     |         |         | <b>Jeroen Achterberg</b> |         |         |                |      |
|    |    |      | 300m                     | 30.15   | (30.15) | 300m                     | 30.44   | (30.44) |                |      |
|    |    |      | 700m                     | 1:07.48 | (37.33) | 700m                     | 1:07.47 | (37.03) |                |      |
|    |    |      | 1100m                    | 1:47.39 | (39.91) | 1100m                    | 1:48.29 | (40.82) |                |      |
|    |    |      | 1500m                    | 2:28.77 | (41.38) | 1500m                    | 2:32.20 | (43.91) |                |      |
|    |    | Naam |                          |         | Cat     |                          |         | PR      | Tijd           | Info |
| 68 | gl | 7    | <b>Zhara Möllers</b>     |         | DB1     |                          |         | 2:16.94 | <b>2:25.08</b> |      |
|    | bl | 23   | <b>Jeroen Rewijk</b>     |         | HSB     |                          |         | 2:16.62 | <b>2:28.73</b> |      |
|    |    |      | <b>Zhara Möllers</b>     |         |         | <b>Jeroen Rewijk</b>     |         |         |                |      |
|    |    |      | 300m                     | 29.60   | (29.60) | 300m                     | 30.23   | (30.23) |                |      |
|    |    |      | 700m                     | 1:05.34 | (35.74) | 700m                     | 1:07.00 | (36.77) |                |      |
|    |    |      | 1100m                    | 1:44.39 | (39.05) | 1100m                    | 1:47.20 | (40.20) |                |      |
|    |    |      | 1500m                    | 2:25.08 | (40.69) | 1500m                    | 2:28.73 | (41.53) |                |      |

|    |    | Naam                         | Cat | PR      | Tijd           | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 69 | wt | 49 <b>Manouk van Emmerik</b> | DSB | 2:12.72 | <b>2:29.14</b> |      |
|    | rd | 17 <b>Marino Godwaldt</b>    | HB1 | 2:11.87 | <b>2:17.35</b> |      |

**Manouk van Emmerik**

|       |         |         |
|-------|---------|---------|
| 300m  | 31.19   | (31.19) |
| 700m  | 1:08.23 | (37.04) |
| 1100m | 1:48.22 | (39.99) |
| 1500m | 2:29.14 | (40.92) |

**Marino Godwaldt**

|       |         |         |
|-------|---------|---------|
| 300m  | 28.98   | (28.98) |
| 700m  | 1:03.83 | (34.85) |
| 1100m | 1:40.13 | (36.30) |
| 1500m | 2:17.35 | (37.22) |

|    |    | Naam                            | Cat | PR      | Tijd           | Info |
|----|----|---------------------------------|-----|---------|----------------|------|
| 70 | gl | 70 <b>Henk van der Zwaan</b>    | H65 | 2:11.41 | <b>2:58.04</b> |      |
|    | bl | 82 <b>Roeland van der Hoorn</b> | HSA | 2:11.70 | <b>2:19.48</b> |      |

**Henk van der Zwaan**

|       |         |         |
|-------|---------|---------|
| 300m  | 38.86   | (38.86) |
| 700m  | 1:23.66 | (44.80) |
| 1100m | 2:09.64 | (45.98) |
| 1500m | 2:58.04 | (48.40) |

**Roeland van der Hoorn**

|       |         |         |
|-------|---------|---------|
| 300m  | 30.43   | (30.43) |
| 700m  | 1:05.96 | (35.53) |
| 1100m | 1:42.25 | (36.29) |
| 1500m | 2:19.48 | (37.23) |

|    |    | Naam                      | Cat | PR      | Tijd           | Info |
|----|----|---------------------------|-----|---------|----------------|------|
| 71 | wt | 57 <b>Bart van Velzen</b> | HSB | 2:02.56 | <b>2:21.44</b> |      |
|    | rd | 47 <b>Mark Rewijk</b>     | HSB | 2:10.10 | <b>2:25.94</b> |      |

**Bart van Velzen**

|       |         |         |
|-------|---------|---------|
| 300m  | 29.66   | (29.66) |
| 700m  | 1:04.36 | (34.70) |
| 1100m | 1:41.78 | (37.42) |
| 1500m | 2:21.44 | (39.66) |

**Mark Rewijk**

|       |         |         |
|-------|---------|---------|
| 300m  | 30.06   | (30.06) |
| 700m  | 1:06.29 | (36.23) |
| 1100m | 1:45.67 | (39.38) |
| 1500m | 2:25.94 | (40.27) |

|    |    | Naam                        | Cat | PR      | Tijd           | Info |
|----|----|-----------------------------|-----|---------|----------------|------|
| 72 | gl | 76 <b>Matthijs Knelange</b> | HSB | 2:10.51 | <b>2:24.30</b> |      |
|    | bl | 59 <b>Camiel Vletter</b>    | HN4 | 2:06.21 | <b>2:16.01</b> |      |

**Matthijs Knelange**

|       |         |         |
|-------|---------|---------|
| 300m  | 30.58   | (30.58) |
| 700m  | 1:07.19 | (36.61) |
| 1100m | 1:44.93 | (37.74) |
| 1500m | 2:24.30 | (39.37) |

**Camiel Vletter**

|       |         |         |
|-------|---------|---------|
| 300m  | 28.02   | (28.02) |
| 700m  | 1:01.80 | (33.78) |
| 1100m | 1:37.53 | (35.73) |
| 1500m | 2:16.01 | (38.48) |

## 6. Uitslag Recreanten 1500 meter

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 44 Ed Vink               | H55 | 76   | I    | 2:43.50 |      |        |
| 2   | 50 Jan Ravestijn         | H45 | 77   | I    | 2:46.20 |      |        |
| 3   | 58 Johan Boere           | H40 | 78   | O    | 2:46.75 |      |        |
| 4   | 34 Danny Wesselius       | H45 | 77   | O    | 2:49.21 |      |        |
| 5   | 67 Maarten Fischer       | H45 | 73   | I    | 2:51.97 |      |        |
| 6   | 27 Hilco Eikelenboom     | H45 | 76   | O    | 2:58.02 |      |        |
| 7   | 79 Jacques van der Knaap | H60 | 78   | I    | 3:14.01 |      |        |
| 8   | 54 Jeroen Bosman         | H50 | 73   | O    | 3:17.41 |      |        |
| 9   | 26 Corina Blaazer        | D50 | 75   | O    | 3:42.63 |      |        |
| 10  | 61 Arlinde Vletter       | D50 | 75   | I    | 3:50.11 |      |        |

## 6. Rituitslag Recreanten 1500 meter

|    |    | Naam |                        | Cat                    |                      | PR | Tijd           | Info |
|----|----|------|------------------------|------------------------|----------------------|----|----------------|------|
| 73 | wt | 67   | <b>Maarten Fischer</b> |                        | H45                  |    | <b>2:51.97</b> |      |
|    | rd | 54   | <b>Jeroen Bosman</b>   |                        | H50                  |    | <b>3:17.41</b> |      |
|    |    |      |                        | <b>Maarten Fischer</b> | <b>Jeroen Bosman</b> |    |                |      |
|    |    |      | 300m                   | 36.56                  | (36.56)              |    |                |      |
|    |    |      | 700m                   | 1:20.30                | (43.74)              |    |                |      |
|    |    |      | 1100m                  | 2:06.34                | (46.04)              |    |                |      |
|    |    |      | 1500m                  | 2:51.97                | (45.63)              |    |                |      |
|    |    |      | 300m                   | 42.38                  | (42.38)              |    |                |      |
|    |    |      | 700m                   | 1:32.13                | (49.75)              |    |                |      |
|    |    |      | 1100m                  | 2:23.32                | (51.19)              |    |                |      |
|    |    |      | 1500m                  | 3:17.41                | (54.09)              |    |                |      |

|    |    | Naam |  | Cat |   | PR | Tijd | Info |
|----|----|------|--|-----|---|----|------|------|
| 74 | gl |      |  |     |   |    |      |      |
|    | bl |      |  |     |   |    |      |      |
|    |    |      |  | m   | m |    |      |      |

|    |    | Naam |                        | Cat                    |                       | PR | Tijd           | Info |
|----|----|------|------------------------|------------------------|-----------------------|----|----------------|------|
| 75 | wt | 61   | <b>Arlinde Vletter</b> |                        | D50                   |    | <b>3:50.11</b> |      |
|    | rd | 26   | <b>Corina Blaazer</b>  |                        | D50                   |    | <b>3:42.63</b> |      |
|    |    |      |                        | <b>Arlinde Vletter</b> | <b>Corina Blaazer</b> |    |                |      |
|    |    |      | 300m                   | 46.15                  | (46.15)               |    |                |      |
|    |    |      | 700m                   | 1:45.02                | (58.87)               |    |                |      |
|    |    |      | 1100m                  | 2:48.76                | (63.74)               |    |                |      |
|    |    |      | 1500m                  | 3:50.11                | (61.35)               |    |                |      |
|    |    |      | 300m                   | 44.73                  | (44.73)               |    |                |      |
|    |    |      | 700m                   | 1:42.79                | (58.06)               |    |                |      |
|    |    |      | 1100m                  | 2:43.00                | (60.21)               |    |                |      |
|    |    |      | 1500m                  | 3:42.63                | (59.63)               |    |                |      |

|    |    | Naam |                          | Cat            |                          | PR | Tijd           | Info |
|----|----|------|--------------------------|----------------|--------------------------|----|----------------|------|
| 76 | gl | 44   | <b>Ed Vink</b>           |                | H55                      |    | <b>2:43.50</b> |      |
|    | bl | 27   | <b>Hilco Eikelenboom</b> |                | H45                      |    | <b>2:58.02</b> |      |
|    |    |      |                          | <b>Ed Vink</b> | <b>Hilco Eikelenboom</b> |    |                |      |
|    |    |      | 300m                     | 35.94          | (35.94)                  |    |                |      |
|    |    |      | 700m                     | 1:17.09        | (41.15)                  |    |                |      |
|    |    |      | 1100m                    | 1:59.77        | (42.68)                  |    |                |      |
|    |    |      | 1500m                    | 2:43.50        | (43.73)                  |    |                |      |
|    |    |      | 300m                     | 38.60          | (38.60)                  |    |                |      |
|    |    |      | 700m                     | 1:23.56        | (44.96)                  |    |                |      |
|    |    |      | 1100m                    | 2:10.36        | (46.80)                  |    |                |      |
|    |    |      | 1500m                    | 2:58.02        | (47.66)                  |    |                |      |

|    |    | Naam |                        | Cat |     | PR | Tijd           | Info |
|----|----|------|------------------------|-----|-----|----|----------------|------|
| 77 | wt | 50   | <b>Jan Ravestijn</b>   |     | H45 |    | <b>2:46.20</b> |      |
|    | rd | 34   | <b>Danny Wesselius</b> |     | H45 |    | <b>2:49.21</b> |      |

**Jan Ravestijn**

|       |         |         |
|-------|---------|---------|
| 300m  | 34.23   | (34.23) |
| 700m  | 1:15.23 | (41.00) |
| 1100m | 2:00.12 | (44.89) |
| 1500m | 2:46.20 | (46.08) |

**Danny Wesselius**

|       |         |         |
|-------|---------|---------|
| 300m  | 33.82   | (33.82) |
| 700m  | 1:14.28 | (40.46) |
| 1100m | 1:59.40 | (45.12) |
| 1500m | 2:49.21 | (49.81) |

|    |    | Naam |                              | Cat |     | PR | Tijd           | Info |
|----|----|------|------------------------------|-----|-----|----|----------------|------|
| 78 | gl | 79   | <b>Jacques van der Knaap</b> |     | H60 |    | <b>3:14.01</b> |      |
|    | bl | 58   | <b>Johan Boere</b>           |     | H40 |    | <b>2:46.75</b> |      |

**Jacques van der Knaap**

|       |         |         |
|-------|---------|---------|
| 300m  | 42.94   | (42.94) |
| 700m  | 1:32.16 | (49.22) |
| 1100m | 2:23.16 | (51.00) |
| 1500m | 3:14.01 | (50.85) |

**Johan Boere**

|       |         |         |
|-------|---------|---------|
| 300m  | 37.02   | (37.02) |
| 700m  | 1:20.41 | (43.39) |
| 1100m | 2:03.82 | (43.41) |
| 1500m | 2:46.75 | (42.93) |

## 7. Uitslag 3000 meter Jun C tm Masters

| Pos | Naam                     | Cat | Paar | Baan | Tijd    | Info | Punten |
|-----|--------------------------|-----|------|------|---------|------|--------|
| 1   | 17 Marino Godwaldt       | HB1 | 83   | O    | 4:51.55 |      |        |
| 2   | 9 Jelle de Bock          | HC2 | 80   | I    | 5:13.26 |      |        |
| 3   | 49 Manouk van Emmerik    | DSB | 82   | O    | 5:14.60 |      |        |
| 4   | 41 Niels Rewijk          | HA2 | 84   | O    | 5:17.20 |      |        |
| 5   | 59 Camiel Vletter        | HN4 | 84   | I    | 5:18.46 |      |        |
| 6   | 2 Merit de Bruin         | DB2 | 80   | O    | 5:21.98 |      |        |
| 7   | 10 Lotte de Bock         | DB2 | 81   | I    | 5:27.48 |      |        |
| 8   | 31 Sanne Roos            | DA2 | 81   | O    | 5:36.47 |      |        |
| 9   | 7 Zhara Möllers          | DB1 | 82   | I    | 5:43.77 | FL   |        |
| 10  | 15 Franca Baars          | DC1 | 79   | I    | 6:17.27 |      |        |
| 11  | 4 Anne Lubbers           | DC2 | 79   | O    | 6:35.31 |      |        |
|     | 82 Roeland van der Hoorn | HSA | 83   | I    |         | DQ   |        |

## 7. Rituitslag 3000 meter Jun C tm Masters

|    |    | Naam                   |         |         | Cat                 | PR      | Tijd           | Info |
|----|----|------------------------|---------|---------|---------------------|---------|----------------|------|
| 79 | wt | 15 <b>Franca Baars</b> |         |         | DC1                 |         | <b>6:17.27</b> |      |
|    | rd | 4 <b>Anne Lubbers</b>  |         |         | DC2                 |         | <b>6:35.31</b> |      |
|    |    | <b>Franca Baars</b>    |         |         | <b>Anne Lubbers</b> |         |                |      |
|    |    | 200m                   | 27.43   | (27.43) | 200m                | 27.58   | (27.58)        |      |
|    |    | 600m                   | 1:15.57 | (48.14) | 600m                | 1:16.31 | (48.73)        |      |
|    |    | 1000m                  | 2:05.64 | (50.07) | 1000m               | 2:07.91 | (51.60)        |      |
|    |    | 1400m                  | 2:55.79 | (50.15) | 1400m               | 3:00.48 | (52.57)        |      |
|    |    | 1800m                  | 3:46.08 | (50.29) | 1800m               | 3:54.89 | (54.41)        |      |
|    |    | 2200m                  | 4:37.13 | (51.05) | 2200m               | 4:49.62 | (54.73)        |      |
|    |    | 2600m                  | 5:28.25 | (51.12) | 2600m               | 5:42.81 | (53.19)        |      |
|    |    | 3000m                  | 6:17.27 | (49.02) | 3000m               | 6:35.31 | (52.50)        |      |

|    |    | Naam                    |         |         | Cat                   | PR      | Tijd           | Info |
|----|----|-------------------------|---------|---------|-----------------------|---------|----------------|------|
| 80 | gl | 9 <b>Jelle de Bock</b>  |         |         | HC2                   | 5:08.33 | <b>5:13.26</b> |      |
|    | bl | 2 <b>Merit de Bruin</b> |         |         | DB2                   | 5:16.77 | <b>5:21.98</b> |      |
|    |    | <b>Jelle de Bock</b>    |         |         | <b>Merit de Bruin</b> |         |                |      |
|    |    | 200m                    | 23.32   | (23.32) | 200m                  | 24.24   | (24.24)        |      |
|    |    | 600m                    | 1:02.85 | (39.53) | 600m                  | 1:03.60 | (39.36)        |      |
|    |    | 1000m                   | 1:42.30 | (39.45) | 1000m                 | 1:44.00 | (40.40)        |      |
|    |    | 1400m                   | 2:25.26 | (42.96) | 1400m                 | 2:26.07 | (42.07)        |      |
|    |    | 1800m                   | 3:07.02 | (41.76) | 1800m                 | 3:09.28 | (43.21)        |      |
|    |    | 2200m                   | 3:49.13 | (42.11) | 2200m                 | 3:53.26 | (43.98)        |      |
|    |    | 2600m                   | 4:31.45 | (42.32) | 2600m                 | 4:37.44 | (44.18)        |      |
|    |    | 3000m                   | 5:13.26 | (41.81) | 3000m                 | 5:21.98 | (44.54)        |      |

|    |    | Naam                    | Cat | PR      | Tijd           | Info |
|----|----|-------------------------|-----|---------|----------------|------|
| 81 | wt | 10 <b>Lotte de Bock</b> | DB2 | 5:11.92 | <b>5:27.48</b> |      |
|    | rd | 31 <b>Sanne Roos</b>    | DA2 | 5:20.42 | <b>5:36.47</b> |      |

**Lotte de Bock**

|       |         |         |
|-------|---------|---------|
| 200m  | 23.13   | (23.13) |
| 600m  | 1:02.64 | (39.51) |
| 1000m | 1:45.82 | (43.18) |
| 1400m | 2:29.57 | (43.75) |
| 1800m | 3:13.36 | (43.79) |
| 2200m | 3:57.46 | (44.10) |
| 2600m | 4:42.15 | (44.69) |
| 3000m | 5:27.48 | (45.33) |

**Sanne Roos**

|       |         |         |
|-------|---------|---------|
| 200m  | 24.45   | (24.45) |
| 600m  | 1:05.70 | (41.25) |
| 1000m | 1:50.04 | (44.34) |
| 1400m | 2:35.10 | (45.06) |
| 1800m | 3:21.47 | (46.37) |
| 2200m | 4:07.13 | (45.66) |
| 2600m | 4:52.86 | (45.73) |
| 3000m | 5:36.47 | (43.61) |

|    |    | Naam                         | Cat | PR      | Tijd           | Info |
|----|----|------------------------------|-----|---------|----------------|------|
| 82 | gl | 7 <b>Zhara Möllers</b>       | DB1 | 5:01.06 | <b>5:43.77</b> | FL   |
|    | bl | 49 <b>Manouk van Emmerik</b> | DSB | 4:37.07 | <b>5:14.60</b> |      |

**Zhara Möllers**

|       |         |         |
|-------|---------|---------|
| 200m  | 23.08   | (23.08) |
| 600m  | 1:00.98 | (37.90) |
| 1000m | 1:41.82 | (40.84) |
| 1400m | 2:23.72 | (41.90) |
| 1800m | 3:28.44 | (64.72) |
| 2200m | 4:13.36 | (44.92) |
| 2600m | 4:58.72 | (45.36) |
| 3000m | 5:43.77 | (45.05) |

**Manouk van Emmerik**

|       |         |         |
|-------|---------|---------|
| 200m  | 24.06   | (24.06) |
| 600m  | 1:03.12 | (39.06) |
| 1000m | 1:44.11 | (40.99) |
| 1400m | 2:25.63 | (41.52) |
| 1800m | 3:07.49 | (41.86) |
| 2200m | 3:48.82 | (41.33) |
| 2600m | 4:31.78 | (42.96) |
| 3000m | 5:14.60 | (42.82) |



|    |    | Naam                            | Cat | PR      | Tijd Info      |
|----|----|---------------------------------|-----|---------|----------------|
| 83 | wt | 82 <b>Roeland van der Hoorn</b> | HSA | 4:40.89 | <b>DQ</b>      |
|    | rd | 17 <b>Marino Godwaldt</b>       | HB1 | 4:46.93 | <b>4:51.55</b> |

**Roeland van der Hoorn**

|       |         |         |
|-------|---------|---------|
| 200m  | 23.42   | (23.42) |
| 600m  | 1:00.89 | (37.47) |
| 1000m | 1:38.69 | (37.80) |
| 1400m | 2:16.36 | (37.67) |
| 1800m | 2:53.97 | (37.61) |
| 2200m | 3:30.06 | (36.09) |
| 2600m | 4:09.36 | (39.30) |
| 3000m | 4:47.13 | (37.77) |

**Marino Godwaldt**

|       |         |         |
|-------|---------|---------|
| 200m  | 21.45   | (21.45) |
| 600m  | 57.43   | (35.98) |
| 1000m | 1:34.68 | (37.25) |
| 1400m | 2:12.62 | (37.94) |
| 1800m | 2:51.24 | (38.62) |
| 2200m | 3:32.04 | (40.80) |
| 2600m | 4:10.74 | (38.70) |
| 3000m | 4:51.55 | (40.81) |

|    |    | Naam                     | Cat | PR      | Tijd Info      |
|----|----|--------------------------|-----|---------|----------------|
| 84 | gl | 59 <b>Camiel Vletter</b> | HN4 | 4:39.97 | <b>5:18.46</b> |
|    | bl | 41 <b>Niels Rewijk</b>   | HA2 | 5:06.87 | <b>5:17.20</b> |

**Camiel Vletter**

|       |         |         |
|-------|---------|---------|
| 200m  | 23.02   | (23.02) |
| 600m  | 1:03.29 | (40.27) |
| 1000m | 1:44.47 | (41.18) |
| 1400m | 2:26.32 | (41.85) |
| 1800m | 3:09.27 | (42.95) |
| 2200m | 3:53.02 | (43.75) |
| 2600m | 4:35.89 | (42.87) |
| 3000m | 5:18.46 | (42.57) |

**Niels Rewijk**

|       |         |         |
|-------|---------|---------|
| 200m  | 23.10   | (23.10) |
| 600m  | 1:04.48 | (41.38) |
| 1000m | 1:45.54 | (41.06) |
| 1400m | 2:27.79 | (42.25) |
| 1800m | 3:10.67 | (42.88) |
| 2200m | 3:53.93 | (43.26) |
| 2600m | 4:36.94 | (43.01) |
| 3000m | 5:17.20 | (40.26) |