USS AmCup 1 & Fall World Cup Qualifier

Schedule Friday, October 30, 2026

Distance	# of pairs	Mins pair	Mins	Estimated Start	Estimated End	Comments
Warm-up			30	7:45	8:15	
Ice Preparation, National Anthem 8:40			45	8:15	9:00	full track
500m #1 Women	11	1.75	19.3	**9:00**	9:19	**ONLY hard start time**
Timing Break			3	9:19	9:22	
500m #1 Men	19	1.75	33.3	9:22	9:55	
Ice Preparation			25	9:55	10:20	race lanes
1000m #1 Women	9	2.25	20.3	10:20	10:40	
Timing Break			3	10:40	10:43	
1000m #1 Men	5	2.25	11.3	10:43	10:54	
Resurface Break			20	10:54	11:14	race lanes
1000m #1 Men	13	2	26	11:14	11:40	
15' Warm Up 3k/5k			15	11:40	11:55	15' Warm up 3k/5k skaters & lunch break
Ice Preparation			35	11:55	12:30	full track
3000m Women	5	6	30	12:30	13:00	pairs
Timing Break			3	13:00	13:03	
3000m Junior Men & Master Men	4	7.5	30	13:03	13:33	quads
Ice Preparation			20	13:33	13:53	race lanes
5000m Men	5	8	40	13:53	14:33	pairs
End of Competition					14:33	

*times are subject to change