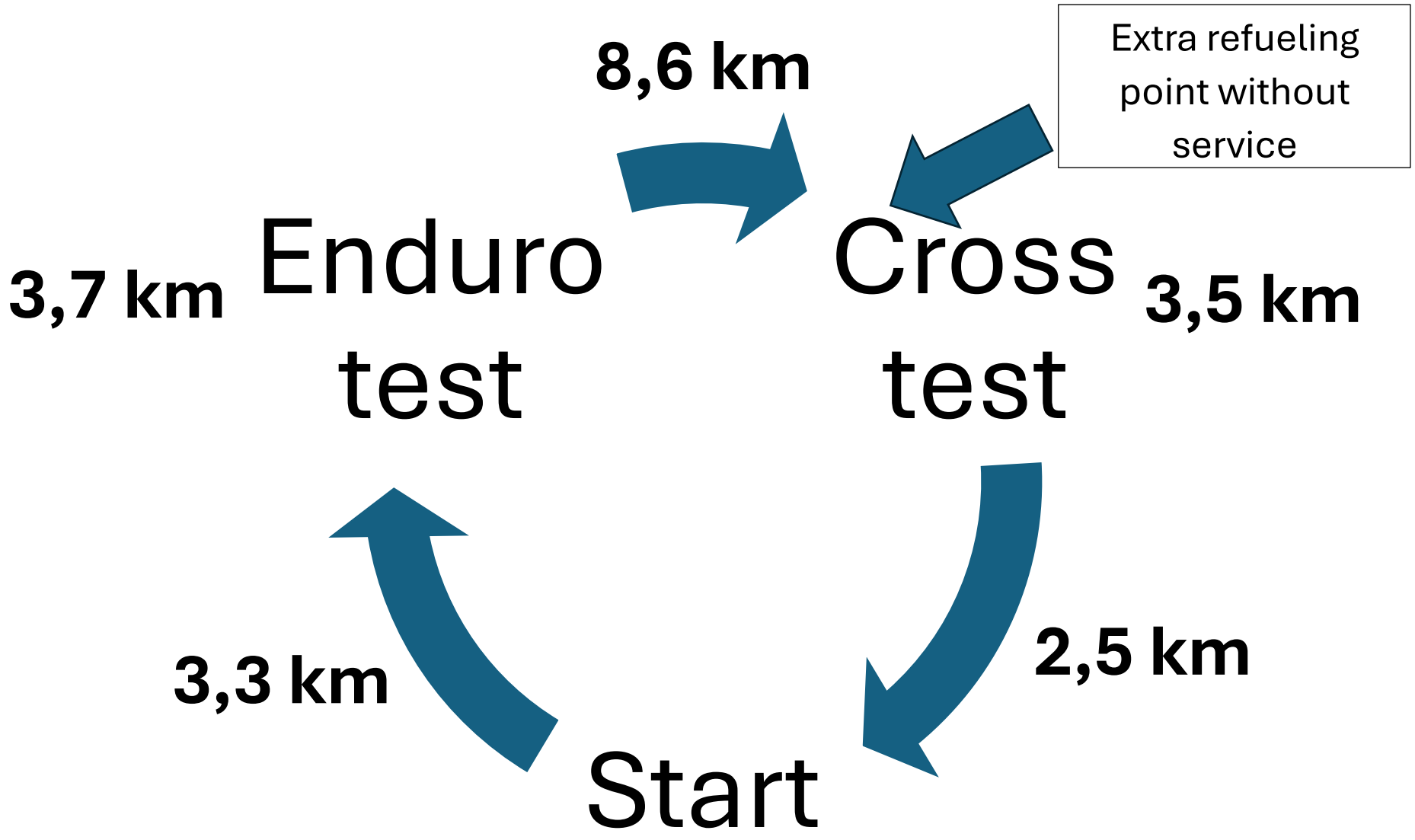

TOTAL: 21,6 km **70 min / lap**