



FIA ANTI-DOPING PROGRAM

A WORLD IN MOTION

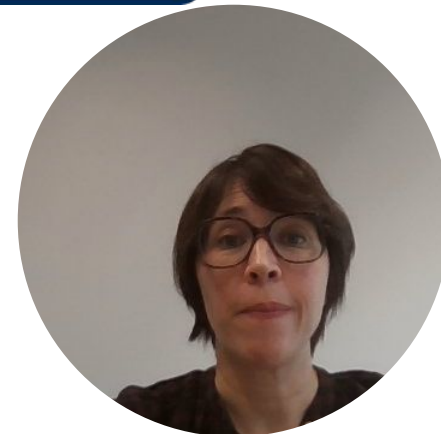
FEDERATION
INTERNATIONALE
DE L'AUTOMOBILE

FIA.COM





**RACE
TRUE**





DOPING IS CHEATING

Doping = use of prohibited drugs or methods to improve training and sporting results.

But also covers a variety of other offenses (refusal to submit to a control, trafficking...).

Doping is fundamentally contrary to the values and spirit of sport



DIFFERENT TYPES OF VIOLATIONS



Adverse Analytical Finding



Use



Refusal to Submit a Sample



Whereabouts Failure



Tampering



Possession



Trafficking



Administration



Complicity



Prohibited Association



Obstruction of Whistleblowing



WHY DO PEOPLE DOPE?



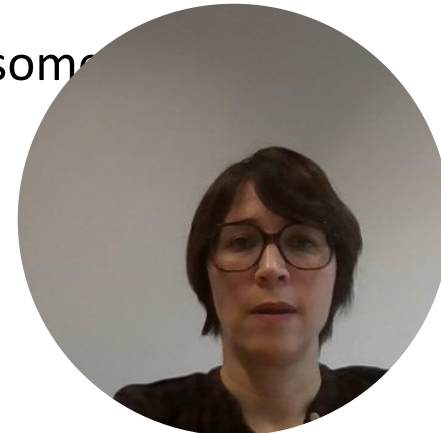
Vulnerability moments

- Changing team or country
- Higher level of competition
- Loss in competition
- Injuries



Entourage

- Pressure to win from coaches, sponsors etc.
- Medical staff providing prohibited substances
- Normalisation of doping by teammates
- Entourage can also prevent some doping!



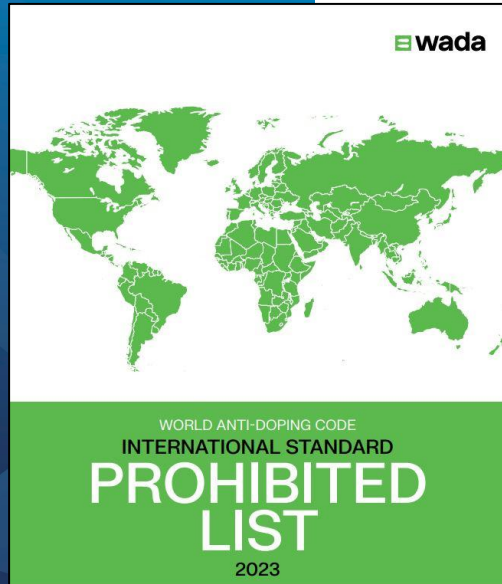
Always keep in mind that:

Athletes are strictly responsible for any prohibited substance found in their body, regardless of intent, negligence, or fault.

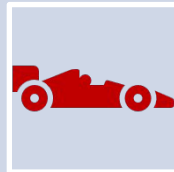
Athletes must monitor everything they ingest—food, supplement or medication.



CONTENT OF THE PROHIBITED LIST



Identifies substances and methods **banned in sport.**



Applies **in-competition, out-of-competition**, and sometimes to **specific sports** (betablockers)

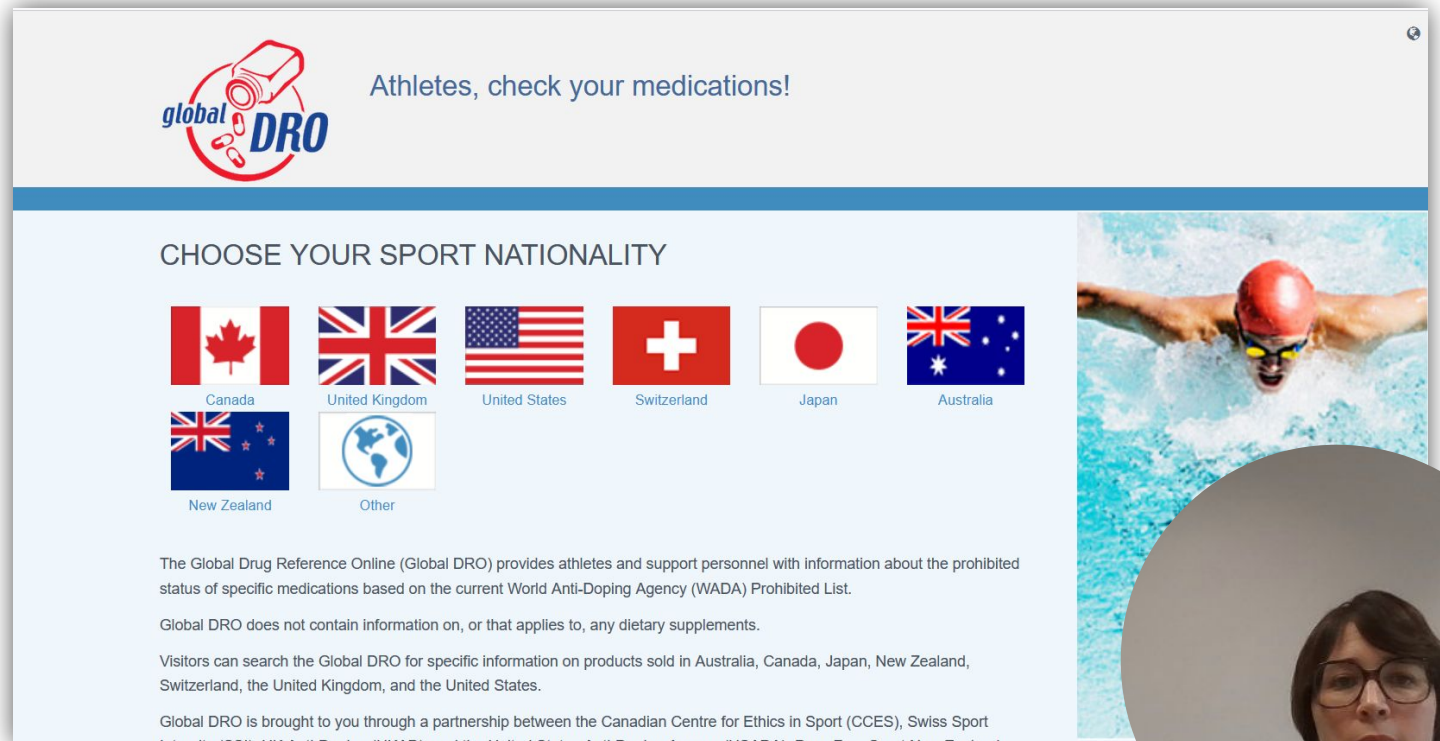


- Steroids, hormones, diuretics, stimulants etc
- Recreational drugs (cannabis, cocaine)
- Methods: Intravenous infusions, blood tra



CHECK YOUR MEDICATION

- Contact your National Anti-Doping Organisation
- Check on globaldro.com





Menthol

Other Names
Levomenthol; L-Menthol

Status According to the WADA Prohibited List



**In Competition
Not Prohibited**



**Out of Competition
Not Prohibited**

Conditions / Warnings



The intravenous (IV) infusion and/or injection of more than 100mL per 12 hour period of any substance is a prohibited method, even if the substance itself is not prohibited, unless it is received while being treated at the hospital, during surgery, or during clinical diagnostic investigations. [Read More.](#)

WADA Classification(s)

No Classification (N/A)



TAMPER EVIDENT: Do not use if printed
inhaler wrap is broken or missing.



VapoInhaler™

Levmetamfetamine...Nasal Decongestant

**FAST RELIEF FROM
NASAL CONGESTION**

- Colds • Hay Fever
- Allergies

With Soothing
Vicks Vapors

See Drug Facts

Net Wt. 0.007 OZ (204 mg)



Ingredient Status

Levmetamfetamine

Other Names
L-Desoxyephedrine; Levmetamphetamine; Levmethamphetamine

Status		
Route of Administration Route Independent *	In Competition ✗ Prohibited	Out of Competition ✓ Not Prohibited
* The intravenous (IV) infusion and/or injection of more than 100mL per 12 hour period of any substance is a prohibited method, even if the substance itself is not prohibited, unless it is received while being treated at the hospital, during surgery, or during clinical diagnostic investigations. Read More.		
WADA Classification(s)		
Stimulants (S6)		



TUE APPLICATION PROCESS

If a driver needs to use a substance that is normally prohibited:

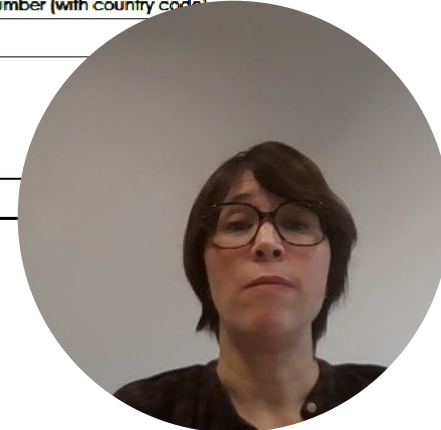
1. Download the TUE application form <https://ita.sport/tue/> and fill it with the doctor of the driver
2. The ITA TUE Committee (medical experts) reviews the application
3. Decision usually made within 21 days: granted or denied.

THERAPEUTIC USE EXEMPTION APPLICATION FORM

Please complete all sections in capital letters or typing. Athlete to complete and sign sections 1, 2, 3 and 7; Physician to complete and sign sections 4, 5 and 6. Illegible or incomplete applications will be returned and will need to be re-submitted in legible and complete form. If you already have an ADAMS account, please upload this application form directly in ADAMS. If you do not have an ADAMS account, please contact us at tue@ita.sport.

1. Athlete Information

Family name(s)	First name(s)
Gender	Date of Birth (dd/mm/yyyy)
Address	
City	Country
Postcode	Telephone Number (with country code)
E-mail	
Sport	Discipline



TAKE CARE WITH SUPPLEMENTS

- **What is a supplement?**

- It contains vitamins, minerals, herbs or amino acids
- Taken orally (tablet, capsule, powder, liquid)

- **Risks**

- **Mislabelling:** absence or low levels of stated ingredients
- **Contamination:** inadvertent ingestion of substances that are
- **Health risks:** ingestion of toxic substances that are harmful to health

- **Remember**

- Their use has led to many positive anti-doping tests
- Supplements do not replace a proper, well-balanced diet



SANCTIONS



Loss of points and prizes (disqualification from the competition where the violation was committed)



Suspension from motor sport, and all other sports (generally **2 to 4 years**) + **Public Disclosure**



Financial sanction



OTHER CONSEQUENCES



Effects on physical health

Skin condition
Liver damages
Thyroid problems
Heart failure



Effects on mental health

Depression
Obsessive disorders
Anxiety
Addiction





Welcome to ADEL!

The global Anti-Doping Education and Learning platform. ADEL welcomes anyone who wants to learn about clean sport. Register and join ADEL to discover how we can support you. Together we can protect clean sport.



INFO AND CONTACT

Contact us

anti-doping@fia.com

Inform you

<https://www.fia.com/anti-doping>

Speak up

<https://fia-ethicsline.com/index.php>

