

Training Saturday 24.02.2023 Competition rink						
07:45	-	08:10	00:25	Adv. Girls B	SP	Start No. 1-5 *NEW*
08:10	-	08:35	00:25	Adv. Girls B	SP	Start No. 6 -10 *NEW*
08:35	-	09:00	00:25	Adv. Girls B	SP	Start No. 11-16 *NEW*

Training Saturday 24.02.2023 Training rink						
08:00	-	08:25	00:25	Adv. Girls A	SP	Warm-up Group 1
08:25	-	08:50	00:25	Adv. Girls A	SP	Warm-up Group 2
08:50	-	09:15	00:25	Adv. Girls A	SP	Warm-up Group 3
00:15						
09:30	-	09:55	00:25	Junior Ladies	FS	Warm-up Group 1
09:55	-	10:20	00:25	Junior Ladies	FS	Warm-up Group 2
10:20	-	10:45	00:25	Junior Ladies	FS	Warm-up Group 3
00:15						
11:00	-	11:25	00:25	Adv. Pairs	FS	
11:25	-	11:50	00:25	Adv. Boys	FS	

Training Sunday 25.02.2023 Competition rink						
06:30	-	06:55	00:25	Adv. Girls A	FS	Warm-up Group 1
06:55	-	07:20	00:25	Adv. Girls A	FS	Warm-up Group 2
07:20	-	07:45	00:25	Adv. Girls A	FS	Warm-up Group 3
00:15						
08:00	-	08:25	00:25	Adv. Girls B	FS	Start No. 1-5 *NEW*
08:25	-	08:50	00:25	Adv. Girls B	FS	Start No. 6 -10 *NEW*
08:50	-	09:15	00:25	Adv. Girls B	FS	Start No. 11-16 *NEW*