26-27 SSM Short Track Championships

SATURDAY, November 14, 2026

Selkirk Recreation Complex, Selkirk

Hosted by: **Interlake Speed Skating Club**

SPORTITY → Event: SSM 2026-27 / PW: SSM2627

Send scratches to: mssarecorder@outlook.com

Group	Category	Count	Track	Distances
1 Open-Mix	Open (20+) Mixed	9	111m	500m, 500m, 1000m, 1000m, 1500m
2 CWG-M	Canada Games Trials (14-19) male	10	111m	500m, 500m, 1000m, 1000m, 1500m
3 CWG-F	Canada Games Trials (14-19) female	8	111m	500m, 500m, 1000m, 1000m, 1500m
4 Yth-Mix	Youth (11-13) mixed	15	100m	400m, 400m, 800m, 800m, 1500m
5 L2T-Mix	L2T (9-10) mixed	7	100m	400m, 400m, 200m, 200m, 1500m
6 FUNd-Mix	Fundamentals (8 or less) mixed	13	100m	400m, 400m, 200m, 200m, 800m
7 SpO-Mix	Special Olympics mixed	9	100m	400m, 400m, 200m, 200m, 800m
		71		

8:45 AM	**Athlete Check-in completed**						
9:00 AM	**Put on half mats and bungees, 15 min flood (5 min for ice to freeze)**						***try to stay off skating track***
9:30 AM	**1 Open**	Warm-up					
9:40 AM	**2 & 3 CWG**	Warm-up					
9:50 AM	**4 Yth**	Warm-up					
10:00 AM	**5 L2T & 6 FUNd**	Warm-up					
10:10 AM	**7 SpO**	Warm-up					
10:20 AM	**Full FLOOD (30min)**						Quick Coaches and Officials meeting
Start Time	**EVENT**	**GROUP**	**DISTANCE**	**SKATER COUNT**	**MAX ON START**	**RACE COUNT**	**COUNT PER RACE (+ADVANCE)**
10:50 AM	1	**1 Open-Mix**	**500mH (111)**	9	**4**	3	3,3,3 (1+1)
	2	**2 CWG-M**	**500mH (111)**	10	**4**	3	4,3,3 (1+1)
	3	**3 CWG-F**	**500mH (111)**	8	**4**	2	4,4 (1+2)
	4	**4 Yth-Mix**	**400mH (100)**	15	**5**	3	5,5,5 (1+2)
	5	**5 L2T-Mix**	**400mH (100)**	7	**5**	2	4, 3 (2+1)
	6	**6 FUNd-Mix**	**400mH (100)**	13	**5**	3	5,4,4 (1+2)
	7	**7 SpO-Mix**	**400mH (100)**	9	**5**	2	5,4 (2+1)
11:37 AM	**Full FLOOD (30 min)**						
12:07 PM	8	**1 Open-Mix**	**500mF (111)**	9	**4**	2	4,4+1 start behind
	9	**2 CWG-M**	**500mF (111)**	10	**4**	3	4,4,2
	10	**3 CWG-F**	**500mF (111)**	8	**4**	2	4,4
	11	**4 Yth-Mix**	**400mF (100)**	15	**5**	3	5,5,5
	12	**5 L2T-Mix**	**400mF (100)**	7	**5**	2	4,3
	13	**6 FUNd-Mix**	**400mF (100)**	13	**5**	3	5,5,3
	14	**7 SpO-Mix**	**400mF (100)**	9	**5**	2	5,4
12:52 PM	**Full FLOOD / Lunch Break (45min)**						
1:37 PM	15	**1 Open-Mix**	**1000mH (111)**	9	**5**	2	5,4 (2+1)
	16	**2 CWG-M**	**1000mH (111)**	10	**4**	3	4,3,3 (1+1)
	17	**3 CWG-F**	**1000mH (111)**	8	**4**	2	4,4 (1+2)
	18	**4 Yth-Mix**	**800mH (100)**	15	**5**	3	5,5,5 (1+2)
	19	**5 L2T-Mix**	**200mH (100)**	7	**5**	2	4, 3 (2+1)
	20	**6 FUNd-Mix**	**200mH (100)**	13	**5**	3	5,4,4 (1+2)
	21	**7 SpO-Mix**	**200mH (100)**	9	**5**	2	5,4 (2+1)
2:27 PM	**Full FLOOD (30min)**						
2:57 PM	22	**1 Open-Mix**	**1000mF (111)**	9	**5**	2	5,4
	23	**2 CWG-M**	**1000mF (111)**	10	**4**	3	4,4,2
	24	**3 CWG-F**	**1000mF (111)**	8	**4**	2	4,4
	25	**4 Yth-Mix**	**800mF (100)**	15	**5**	3	5,5,5
	26	**5 L2T-Mix**	**200mF (100)**	7	**5**	2	5,2
	27	**6 FUNd-Mix**	**200mF (100)**	13	**5**	3	5,5,3
	28	**7 SpO-Mix**	**200mF (100)**	9	**5**	2	5,4
3:47 PM	**Full FLOOD (30min)**						
4:17 PM	29	**1 Open-Mix**	**1500m SF (111)**	9	**6**	2	6,3
	30	**2 CWG-M**	**1500m SF (111)**	10	**6**	2	6,4
	31	**3 CWG-F**	**1500m SF (111)**	8	**6**	2	6,2
	32	**4 Yth-Mix**	**1500m SF (100)**	15	**7**	2	7,7 +1 start behind
	33	**5 L2T-Mix**	**1500m SF (100)**	7	**7**	1	7
	34	**6 FUNd-Mix**	**800m SF (100)**	13	**7**	2	7,6
	35	**7 SpO-Mix**	**800m SF (100)**	9	**7**	1	7 +2 start behind
5:11 PM	**Mats Off**						
5:26 PM	**Awards**						