

PRACTICE (IW rink)

THURSDAY 22 JAN 2026						
Advanced Novice B	SP	1 pract	08:00	00:40	08:40	
Advanced Novice G	SP	1 pract	08:40	00:40	09:20	
Ice			09:20	00:15	09:35	
Advanced Novice G	SP	2 pract	09:35	00:40	10:15	
Advanced Novice G	SP	3 pract	10:15	00:40	10:55	
Junior M	SP	1 pract	10:55	00:30	11:25	
Junior M	SP	2 pract	11:25	00:30	11:55	
Ice			11:55	00:15	12:10	
Junior Dance	RD	1 pract	12:10	00:30	12:40	
Junior Dance	RD	2 pract	12:40	00:30	13:10	
Junior Dance	RD	3 pract	13:10	00:30	13:40	
Ice			13:40	00:15	13:55	
Senior Dance	RD	1 pract	13:55	00:30	14:25	
Senior Dance	RD	2 pract	14:25	00:30	14:55	
Senior Dance	RD	3 pract	14:55	00:30	15:25	
Ice			15:25	00:15	15:40	
Basic Novice B	FS	1 pract	15:40	00:30	16:10	
Basic Novice G	FS	1 pract	16:10	00:30	16:40	
Basic Novice G	FS	2 pract	16:40	00:30	17:10	
Basic Novice G	FS	3 pract	17:10	00:30	17:40	
Ice			17:40	00:20	18:00	
Free Practice			18:00	01:00	19:00	

FRIDAY 23 JAN 2026						
Advanced Novice G	FS	1 pract	08:00	00:40	08:40	
Advanced Novice G	FS	2 pract	08:40	00:40	09:20	
Advanced Novice G	FS	3 pract	09:20	00:40	10:00	
Ice			10:00	00:15	10:15	
Junior M	FS	1 pract	10:15	00:40	10:55	
Junior M	FS	2 pract	10:55	00:40	11:35	
Ice			11:35	00:15	11:50	
Junior Dance	FD	1 pract	11:50	00:30	12:20	
Junior Dance	FD	2 pract	12:20	00:30	12:50	
Junior Dance	FD	3 pract	12:50	00:30	13:20	
Ice			13:20	00:15	13:35	
Senior Dance	FD	1 pract	13:35	00:30	14:05	
Senior Dance	FD	2 pract	14:05	00:30	14:35	
Senior Dance	FD	3 pract	14:35	00:30	15:05	
Advanced Novice B	FS	1 pract	15:05	00:30	15:35	
Ice			15:35	00:15	15:50	
Junior W	SP	1 pract	15:50	00:30	16:20	
Junior W	SP	2 pract	16:20	00:30	16:50	
Junior W	SP	3 pract	16:50	00:30	17:20	
Junior W	SP	4 pract	17:20	00:30	17:50	
Ice			17:50	00:20	18:10	
Free Practice			18:10	01:00	19:10	

SATURDAY 24 JAN 2026						
Senior W	SP	1 pract	10:00	00:30	10:30	
Ice			10:30	00:15	10:45	
Advanced Novice Pairs	SP	1 pract	10:45	00:30	11:15	
Junior Pairs	SP	1 pract	11:15	00:30	11:45	
Junior Pairs	SP	2 pract	11:45	00:30	12:15	
Junior Pairs	SP	3 pract	12:15	00:30	12:45	
Ice			12:45	01:15	14:00	
Junior W	FS	1 pract	14:00	00:40	14:40	
Junior W	FS	2 pract	14:40	00:40	15:20	
Junior W	FS	3 pract	15:20	00:40	16:00	
Junior W	FS	4 pract	16:00	00:40	16:40	

SUNDAY 25 JAN 2026						
Senior W	FS	1 pract	09:00	00:40	09:40	
Ice			09:40	00:15	09:55	
Advanced Novice Pairs	FS	1 pract	09:55	00:30	10:25	
Junior Pairs	FS	1 pract	10:25	00:30	10:55	
Junior Pairs	FS	2 pract	10:55	00:30	11:25	
Junior Pairs	FS	3 pract	11:25	00:30	11:55	

COMPETITION (main rink)

Advanced Novice B	SP	1 comp	12:00	00:12	12:12	
Advanced Novice G	SP	1 comp	12:12	00:42	12:54	
Ice			12:54	00:15	13:09	
Advanced Novice G	SP	2 comp	13:09	00:42	13:51	
Advanced Novice G	SP	3 comp	13:51	00:42	14:33	
Ice			14:33	00:15	14:48	
Junior M	SP	1 comp	14:48	00:35	15:23	
Junior M	SP	2 comp	15:23	00:35	15:58	
Ice			15:58	00:15	16:13	
Junior Dance	RD	1 comp	16:13	00:32	16:45	
Junior Dance	RD	2 comp	16:45	00:32	17:17	
Junior Dance	RD	3 comp	17:17	00:40	17:57	
Ice			17:57	00:30	18:27	
Senior Dance	RD	1 comp	18:35	00:24	18:59	
Senior Dance	RD	2 comp	18:59	00:32	19:31	
Senior Dance	RD	3 comp	19:31	00:32	20:03	

Basic Novice B	FS	1 comp	08:00	00:10	08:10	
Basic Novice G	FS	1 comp	08:10	00:30	08:40	
Basic Novice G	FS	2 comp	08:40	00:36	09:16	
Basic Novice G	FS	3 comp	09:16	00:36	09:52	
Ice			09:52	00:15	10:07	
Advanced Novice G	FS	1 comp	10:07	00:49	10:56	
Advanced Novice G	FS	2 comp	10:56	00:49	11:45	
Ice			11:45	00:15	12:00	
Advanced Novice G	FS	3 comp	12:00	00:49	12:49	
Ice			12:49	00:15	13:04	
Junior M	FS	1 comp	13:04	00:40	13:44	
Junior M	FS	2 comp	13:44	00:40	14:24	
VC Basic Nov B/G, Adv Nov G, Jun M			14:24	00:25	14:49	
Ice			14:49	00:15	15:04	
Junior Dance	FD	1 comp	15:04	00:32	15:36	
Junior Dance	FD	2 comp	15:36	00:32	16:08	
Junior Dance	FD	3 comp	16:08	00:40	16:48	
Ice			16:48	00:15	17:03	
Senior Dance	FD	1 comp	17:11	00:24	17:35	
Senior Dance	FD	2 comp	17:35	00:32	18:07	
Senior Dance	FD	3 comp	18:07	00:32	18:39	
VC Junior Dance, Senior Dance			18:39	00:15	18:54	

Advanced Novice B	FS	1 comp	10:00	00:14	10:14	
Junior W	SP	1 comp	10:14	00:35	10:49	
Ice			10:49	00:15	11:04	
Junior W	SP	2 comp	11:04	00:42	11:46	
Junior W	SP	3 comp	11:46	00:42	12:28	
Ice			12:28	00:15	12:43	
Junior W	SP	4 comp	12:43	00:42	13:25	
VC Adv Nov. B			13:25	00:15	13:40	
Ice			13:40	00:15	13:55	
Senior W	SP	1 comp	13:55	00:28	14:23	
Ice			14:23	00:15	14:38	
Advanced Novice Pairs	SP	1 comp	14:38	00:08	14:46	
Junior Pairs	SP	1 comp	14:46	00:32	15:18	
Ice			15:18	00:15	15:33	
Junior Pairs	SP	2 comp	15:33	00:32	16:05	
Junior Pairs	SP	3 comp	16:05	00:32	16:37	

Junior W	FS	1 comp	09:00	00:40	09:40	
Junior W	FS	2 comp	09:40	00:48	10:28	
Ice			10:28	00:15	10:43	
Junior W	FS	3 comp	10:43	00:48	11:31	
Junior W	FS	4 comp	11:31	00:48	12:19	
Ice			12:19	00:15	12:34	
Senior W	FS	1 comp	12:34	00:32	13:06	
Ice			13:06	00:15	13:21	
Advanced Novice Pairs	FS	1 comp	13:21	00:08	13:29	
Junior Pairs	FS	1 comp	13:29	00:32	14:01	
Ice			14:01	00:15	14:16	
Junior Pairs	FS	2 comp	14:16	00:32	14:48	
Junior Pairs	FS	3 comp	14:48	00:32	15:20	
VC Adv Nov Pairs, Junior Pairs, Challenge Cup 2026			15:20	00:30	15:50	

