

PROGRAMMA GARA						Sabato, 17 dicembre 2022			
GARA: GRAND PRIX 2									
Luogo : Collalbo (BZ) – Ritten Arena									
Ora d'inizio: ore 15.00									
Category	Distance	Total				Time		Planning	
		Skaters	Pairs	Quartets	Time	competition	icecleaning	start	end
Warmup							0.40	14.00	14.40
Ice preparation							0.20	14.40	15.00
Jun D W	300m	4	2		0.01.30	0.03.00		15.00	15.03
Jun D M	300m	7	4		0.01.30	0.06.00		15.03	15.09
Change starter's position							0.08	15.09	15.17
MASTER W+M	500m	9	1	2	0.02.00	0.06.00		15.17	15.23
WOMEN	500m	35		9	0.02.00	0.18.00		15.23	15.41
Ice preparation							0.15	15.41	15.56
MEN	500m	55		14	0.02.00	0.28.00		15.56	16.24
Jun D W	500m	4		1	0.02.30	0.02.30		16.24	16.26
Jun D M	500m	7		2	0.02.30	0.05.00		16.26	16.31
Change starter's position							0.08	16.31	16.39
MASTER W+M	1000m	9	1	2	0.03.00	0.09.00		16.39	16.48
Ice preparation							0.15	16.48	17.03
WOMAN	1000m	32		8	0.02.30	0.20.00		17.03	17.23
MEN	1000m	44		11	0.02.30	0.27.30		17.23	17.51
Ice preparation and change starter's position							0.20	17.51	18.11
WOMEN	3000m	6	1	1	0.06.00	0.12.00		18.11	18.23
MEN	3000m	12		3	0.05.30	0.16.30		18.23	18.39
MEN	5000m	4		1	0.08.30	0.08.30		18.39	18.48

Orari di partenza delle batterie da considerarsi indicativi