



Coupe du Printemps

Interclub Figure Skating Competition

Junior B, Intermediate Novice, Pre-Novice, Minimen A,
Minimen B, Letz Skate, Adult Silver

March 13th 2026

Ice Rink Kockelscheuer

42, route de Bettembourg

Luxembourg

Organised by Club Hiversport-Patinage Luxembourg



Announcement

The club Hiversport-Patinage Luxembourg (CH-PL) is pleased to announce the **Coupe du Printemps Interclub Competition 2026**.

The organizing committee reserves the right to cancel any level if the number of entries is too low to complete the event or to limit the number of entries in case of too many entries.

Depending on demand, Junior B and Adult Silver might skate on Saturday or Sunday. This will be confirmed shortly after the entry closing date.

1. Technical Data

Junior B Women

The skater has not reached the age of 19 by July 1st preceding the competition.

Free skating Program:

In accordance with ISU Technical Rules Single Skating 2024, Rule 612 and the respective ISU Communications for Junior Women.

Duration: 3:30 min +/- 10 sec.

Warm-up: 6 minutes. The warm-up groups can be maximum up to six (6) skaters.

The factor for Program Components is

- for Women 2.67
- for Men 3.33

Intermediate Novice

The skater has not reached the age of 16 by July 1st preceding the competition.

Free skating Program for **Girls and Boys**:

In accordance with ISU communication 2699 Single Skating Intermediate Novice (or subsequent updates)

Duration 3:00 min +/- 10 sec

Warm-up : 4 minutes. The warm-up groups can be maximum up to eight(8) skaters. There will be no Bonus for jump elements performed in the second half of the Free Program.

The factor for Program Components is

- for Girls 1.7
- for Boys 2.0

Level Explanation:

All elements, which are subject to levels, only features up to **level 2** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

FALL -0.5 Pt per fall outside – no deduction for a fall in element

Any Luxembourgish skater who competes in this category will also be competing in the National Championships.

Pre-Novice

The skater has not reached the age of 10 by July 1st preceding the competition for Girls and Boys.

Free skating Program for Girls and Boys:

Duration 2:30 min +/- 10 sec

Warm-up : 4 minutes. The warm-up groups can be maximum up to eight(8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well balanced Free Skating Program for Pre-Novice Singles Girls and Boys must contain:

- a) Maximum of 5 jump elements one of which must be an Axel type jump for Girls and Boys. There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of only two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump.

Only one single jump and one double jump (excluding double Axel) can be repeated once. **No double Axel or triple jumps are allowed.**

- b) There must be a maximum of two (2) spins of a different nature (abbreviation), one of which must be a spin combination, and one must be a spin with no change of position and no change of foot.

The spin combination with a change of foot must have a minimum of eight (8) revolutions and without a change of foot with a minimum of six (6) revolutions. Flying entry is not allowed. If with change of foot, only one level feature per foot will count. Difficult variation of a non-basic position is not counted as a feature in this spin, this will be ignored by the Technical Panel.

The spin in one position without change of foot must have a minimum six (6) revolutions, must be done in a basic position and will be called maximum level basic. No level features are allowed in this spin, 8 revolutions can be done but will not count as an attempted feature. Flying entry is not allowed.

- c) There must be a maximum of one (1) step sequence fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading, etc.

If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be executed on clean edges for Level basic.

The Technical Panel will not award Feature 3) Use of body movements for at least $\frac{1}{3}$ of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.

The factor for Program Components is 1.67 for Girls and Boys.

Level explanations:

All elements, which are subject to levels, only features up to **level 2** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

FALL -0.5 Pt per fall outside – no deduction for a fall in element

Minimen A

The skater has not reached the age of 10 by July 1st preceding the competition for Girls and Boys.

Free skating Program for Girls and Boys:

Duration 2:00 min +/- 10 sec

Warm-up : 4 minutes. The warm-up groups can be maximum up to eight(8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A **well-balanced Free Skating Program** for Minimen A Single Girls and Boys must contain:

- a) Maximum of 4 jump elements for Girls and Boys.
There may be up to one (1) jump combination
Jump combinations can contain only two (2) jumps.
Any single jump cannot be executed more than twice in total.
Only single jumps (excluding Axel) are allowed.
- b) There must be a maximum of two (2) spins of a different nature (abbreviation):
One (1) spin with no change of position and no change of foot minimum six (6) revolutions. Must be done in a basic position (upright, sit, camel) without any difficult variation position.

One (1) other spin of a different nature with change of foot: minimum four (4) revolutions on each foot.

In both spins flying entries are NOT allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in one position spin).

- c) A Step Sequence consisting of at least one (1) different skating movement like spirals, arabesques, spread eagles, Ina Bauers, shoot the duck transition, transition jumps like split jumps and any variations of a split jump (All different movement must be held for two counts in position, except the transition jumps).

There must be at least two (2) Three Turns and two (2) Mohawks executed on clean edges in the Step Sequence covering at least half the ice rink.

If the skating movement is missing and/or the Three Turns and Mohawks are not executed clean or missing, **NO level** will be given.

The factor for Program Components is 1.67 for Girls and Boys.

Level explanations:

All elements which are subject to levels, only up to **level BASE** will be counted.

FALL -0.5 Pt per fall outside – no deduction for a fall in element

Minimen B:

The skater has not reached the age of 12 by July 1st preceding the competition for Girls and boys.

Free skating Program for Girls and Boys:

Duration 2:00 min +/- 10 sec

Warm-up : 4 minutes. The warm-up groups can be maximum up to eight(8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Minimen B Single Girls and Boys must contain:

- a) Maximum of 4 jump elements for Girls and Boys.

There may be up to one (1) jump combinations or sequences. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

Any single jump cannot be executed more than twice in total.

Only single jumps (including Axel) are allowed.

- b) There must be a maximum of two (2) spins of a different nature (abbreviation):
One (1) spin with no change of position and no change of foot minimum six (6) revolutions. Must be done in a basic position (upright, sit, camel) without any difficult variation position and will be called maximum level BASIC.

One (1) combination spin with change of foot (minimum eight (8) revolutions in total) or without a change of foot (minimum six (6) revolutions).

In both spins flying entries are NOT allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in one position spin).

- c) A Step Sequence consisting of at least one (1) different skating movement like spirals, arabesques, spread eagles, Ina Bauers, shoot the duck transition, transition jumps like split jumps and any variations of a split jump (All different movement must be held for two counts in position, except the transition jumps).

There must be at least two (2) Three Turns and two (2) Mohawks executed on clean edges in the Step Sequence covering at least half the ice rink.

If the skating movement is missing and/or the Three Turns and Mohawks are not executed clean or missing, **NO level** will be given.

The factor for Program Components is 1.67 for Girls and Boys.

Level explanations:

All elements (except the one position spin), which are subject to levels, only features up to **level 1** will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.

FALL -0.5 Pt per fall outside – no deduction for a fall in element

Letz Skate

The skater has reached the age of twelve (12) and has not reached the age of eighteen (18) by July 1st preceding the competition for girls and boys.

Free skating Program for girls and boys:

Duration 2:30 min +/- 10 sec

Warm-up: 4 minutes. The warm-up groups can be maximum up to eight (8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Letz Skate Girls and Boys must contain:

- a) Maximum of five (5) jump elements for Girls and Boys.

There may be up to two (2) jump combinations or or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

You may include **single jumps (including Axel)** and up to **two (2) double jumps**.

Any single jump cannot be executed more than twice in total.

b) There must be a maximum of two (2) spins of a different nature (abbreviation):

One (1) spin with no change of position and no change of foot minimum six (6) revolutions. Must be done in a basic position (upright, sit, camel) without any difficult variation position and will be called maximum level BASIC.

One (1) combination spin with change of foot (minimum eight (8) revolutions in total) or without a change of foot (minimum six (6) revolutions).

In both spins flying entries are NOT allowed.

The minimum of required revolutions must be counted from the entry of the spin until its exit (except final wind-up in one position spin).

c) The Step Sequence must include at least one (1) skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading ect. There must be at least two (2) difficult turns and steps executed on clean edges. If the skating movement is missing and/or the difficult turns and steps are not executed clean or missing, **NO level** will be given.

The factor for Program Components is 1.67 for Girls and Boys.

Level explanations:

All elements (except the one position spin), which are subject to levels, only features up to **level 2** will be counted.

FALL -0.5 Pt per fall outside – no deduction for a fall in element

Adult Silver

The skater has reached at least the age of 18 by July 1st preceding the competition. There is no upper age limit.

Free skating Program for Women and Men:

Duration 2:00 min +/- 10 sec

Warm-up : 4 minutes. The warm-up groups can be maximum up to eight(8) skaters.

There will be **no** Bonus for jump elements performed in the second half of the free program.

A well-balanced Free Skating Program for Adult Silver Single Women and Men must contain:

a) Maximum of four (4) jump elements for Women and Men.

There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. One (1) jump combination or one (1) jump sequence may consist of up to three (3) jumps. The other may have two (2) jumps. In the jump sequence the second and/or third jump must be an Axel type jump with a direct step from the

landing curve of the first jump into the take-off curve of the Axel jump. One full revolution on the ice between the jumps (free foot can touch the ice, but without weight transfer) keeps the element in the frame of the definition of a jump sequence. Jumps executed in a jump sequence receive their full value.

Each listed jump may be performed a maximum of two (2) times.

Only single jumps (including Axel) are allowed. Double jumps and triple jumps are not permitted.

- b) There must be a maximum of two (2) spins of a different nature (abbreviation):

The spins must have a required minimum number of revolutions: four (4) for any spin with no change of foot, and six (6) for any spin with a change of foot. A spin that has no basic position with 2 revolutions will receive no value.

- c) There must be one (1) choreographic sequence fully utilizing the ice surface. The pattern is not restricted but the sequence must be clearly visible. A choreographic sequence has a base value and will be evaluated by the judges in GOE only.

The factor for Program Components is 2.00 for Women and Men.

Level explanations:

All elements (except the choreo sequence), which are subject to levels, only features up to **level 2** will be counted. Any additional features will not count for level requirements and will be ignored by the Technical Panel.

FALL Each fall shall receive a deduction of 0.5.

2. Entries

Entries for each category are only accepted from clubs which are members of their national federation.

a. Entries by name:

Entries by name: the names of the skaters and judges should be sent to :

lux.cdp+interclub@gmail.com before **February 6th 2026**.

In case of too many entries, the organizer might be obliged to close the entries earlier.

Email: lux.cdp+interclub@gmail.com

Address:

CLUB HIVERSPORT-PATINAGE Luxembourg ASBL

31A, Avenue du Bois
L-1251 Luxembourg
Luxembourg

Telephone: Diana Wagner : +352 621 17 37 67
Sheila Keifer : + 352 621 29 42 64

Entry Fees

Junior B, Intermediate novice: 85,00 euros

Pre-Novice, Minimen A, Minimen B, Letz Skate, Adult Silver: 75,00 euros

Invoices will be sent to the clubs in advance. These should be paid **within 5 working days, but latest by February 20th, 2026.**

The entry fee will not be refunded in case of withdrawals for any reason. We kindly ask to mention the following reference :

Coupe du Printemps Interclub Competition, Name of the skater and Federation or club.

Coupe du Printemps
IBAN: LU34 0019 4655 5984 3000
Swift code: BCEELULL

In case of too many entries, the organizer might be obliged to refuse several entries. This should be communicated immediately after the closing date and refunds will be issued in this specific case.

b. Entries of judges

Each participating foreign club has the right to propose at the least international level qualified judge. Entries from a foreign club bringing a judge will have priority in case of too many entries.

The organizing committee will provide all judges with food and lodging during the competition. In case of too many entries, a draw will be conducted immediately after the closing date, and clubs/federation will be informed accordingly.

3. Meals, lodging, and travel expenses

The expenses for travel, rooms and meals for Competitors, Team leaders and coaches will not be covered by the organizer.

4. Planned elements

Planned elements must be be uploaded in the google doc form together with the music file via <https://forms.gle/S8JZgeKfpfkjN7BC7> before **February 20th 2026**.

5. Music

All competitors shall furnish competition music of excellent quality on MP3 format, in accordance with Rule 343 in the ISU Special Regulations, paragraph 1.

This MP3 file must be labelled as follows:

File name format : FS <Category> <Full Name> <Time>

<Category> = JUN, INO, PRN, MINA, MINB, LTS, ADU

Example : FS INO John Doe 3m04.mp3

The competition music, only MP3 format, must be uploaded in the google doc form via <https://forms.gle/S8JZgeKfpfkjN7BC7> before **February 20th 2026**.

During the event, for backup purposes only, all competitors must also have a copy of their music available on CD/ USB-stick using the correct file format and file name format.

If MP3 is not provided, accreditation will not be given.

Please note: Files in MP3 format may have a significant difference in the music quality when reproduced. The Organizing Committee in this case is not responsible if the music quality would be insufficient.ials.

6. Opening draw

The draw will be done at the ice rink on **Thursday March 12th, 2026**, and will be published on the website <http://www.coupeduprintemps.com>

7. Registration

An info desk will be in place in the cafeteria of the ice rink. All competitors must register one hour before the start of their category at the latest.

8. Presentation of medals

All participants must be present in their competition costumes for the announcement of the results and the prize awarding ceremony. The first three best placed competitors in each event will be announced and honored. All other participants will receive a medal.

In case of absence during the awarding ceremony, no trophy or medals will be provided.

9. Insurance / liability

In accordance with ISU rules the organizing committee accepts no liability for injuries or damages sustained by competitors.

In accordance to ISU rules the responsibility for health and accident insurance lies with the athletes, officials and all other members of the team. Such insurance must include full medical care and repatriation.