

Trail Cat The Race , Rules and Regulations

Introduction

Participation is not permitted for minors under 18 years old.

No medical certificate is required for any distance.

Participants must master the necessary techniques and possess adequate preparation for this challenge, including navigation skills, resilience to changing natural conditions, the ability to assist other runners if needed, and tolerance for fatigue, sleep deprivation, and nutritional challenges.

The course will not be marked.

Carrying a GPS device with the official track for navigation is mandatory . Refer to mandatory gear lists for each distance, available from September 2026.

The event requires semi-self-sufficiency, with aid stations and life bases widely spaced apart.

Aid station distances are available on the website from September 2026.

GPX tracks will be provided to runners only 7 days before the event start.

Participants manage their own rest periods at their discretion.

The organization provides life bases and aid stations along the course, offering rest areas and refueling.

Bed/mattress availability at life bases is limited and first-come, first-served. If demand is high, a maximum 1-hour rest limit applies to ensure fairness (only when all beds are occupied).

Regulations

Races and Distances

1. TRAILCAT 25 | 40-50 km | Max 12 hours
2. TRAILCAT 50 | 75-85 km | Max 22 hours
3. TRAILCAT 300 | 450-500 km | Max 152 hours

Final Distance Note : As a navigation-based race, the provided track is shorter than the actual distance covered. Add 5-8% to estimate the final distance.[2][1]

Modalities

- Individual

0. Tracks and Courses

GPX tracks are unavailable until 7 days before the event.

Distances and elevations may vary by platform or program used for loading tracks.

1. Ethics and Values

1. The event relies on core ethics and values shared by runners, sponsors, volunteers, and organizers.

2. Sporting Behavior and Environmental Respect

2.1. Absolute environmental respect is required. Organizers minimize traffic disruptions; participants must obey road rules in public areas.

2.2. Offensive behavior or littering results in disqualification. Respect crops, livestock, and private property; participants are liable for damages.

3. Respect Your Own Body

3.1. Anti-doping policies are enforced, promoting natural effort and training.

3.2. Random controls occur before, during, or after the event.

3.3. Runners consent to urine/blood tests and analysis.

3.4. Testing costs are not covered by runners.

4. Registrations and Payment Methods

4.1. Only official website registrations with full details and credit/debit card payment are accepted.

4.2. Accurate personal data is required and verified at bib pickup.

5. Accident Insurance

Not included in entry fee but valid for event dates. Purchase option at registration if needed. Verify personal coverage. No valid insurance = no start, no refund .

6. Refunds and Registration Changes

6.1. No bib rollovers to future editions.

6.2. Issues via therace@trail.cat only.

- 6.3. Downgrades to shorter distances allowed until 30 days prior (50€ fee + difference, if spots available).
- 6.4. Optional cancellation insurance for 100% refund (recommended).
- 6.5. No changes within 15 days.
- 6.6. Late entries (last 30 days) may not guarantee t-shirt size.
- 6.7. Full refunds for COVID-related cancellations.
- 6.8. Possible cancellation for weather/pandemic risks.
- 6.9-6.10. No liability for travel/accommodation extras.
- 6.11-6.12. Closes at capacity or deadline; capacity adjustable.
- 6.13. No responsibility for third-party services.
- 6.14. Unauthorized resales penalized for both parties.[3]

7. Technical Modifications

7.1. Organizers may alter courses, alternates, start times, COVID protocols, aid/life base details, or start/finish locations.

8. Participation Requirements

8.1. Must be 18+, accept rules/waiver, complete registration, hold suitable insurance.

9. Medical Certificate

- Not required for any distance.
- If mandated, physical fitness waiver required pre-start.

10. Image Rights, Advertising, Data Protection

10.1-10.2. Exclusive organizer rights to event imagery; media needs prior written approval.
10.3-10.4. Mandatory advertising materials (bibs/stickers); tampering penalized.
10.5-10.7. Registration consents to data use for promotional/sports purposes (rectify via hola@trail.cat); name/results/image usage granted.

11. Technical Verifications

11.1-11.3. Chip/bib/GPS beacon mandatory; front-visible bib, no alterations.

12. Mandatory Gear and Checks

12.1-12.3. Website-listed gear (weather-dependent); inspections anytime.

13. Starts and Finishes

13.1. Official clock starts regardless of presence.
13.2. Gear check/GPS/drop bag 1 hour pre-start.

14. Checkpoints

14.1-14.4. Mandatory (surprises possible); auto/manual; runners validate passage.

15. Aid Stations

15.1-15.2. Fluids/solids; bring own cups—no disposables.

16. Cutoff Times

16.1-16.4. Some close; overdue = disqualification, repatriation required.

17. Drops/Withdrawals

17.1-17.6. At designated points; 112 rescue if immobilized; self-transport otherwise; no fixed pickup times.

18. Race Directors

18.1-18.3. Authority to withdraw unfit runners or modify/suspend race; final decisions.

19. External Aid

19.1-19.5. Permitted at life bases ($\pm 100\text{m}$); crews follow rules; no gear at aid stations; no seating.

20. Means of Progression

20.1-20.3. Foot-powered only (poles after 1km); store unused poles safely.

21. Drop Bags, Finish, Clothing

21.1-21.5. One 50L drop bag transported; returned post-event. Crews handle own.

22. Start/Finish Clothing Bag (25/50 only; none for 300)

22.1-22.6. 40x50cm max; no liability; unclaimed donated.

23. Safety and General Conduct

23.1-23.5. Aid distressed runners; no littering (mark food); obey instructions.

24. Penalties

Time penalties (1-20 hours) for shortcuts, unauthorized aid, tampering, littering, blocking, missed controls, org assistance.

25. Disqualifications

Aggression/insults, intentional accidents, missing gear/bib/GPS, ignoring officials, 3+ penalties.

26. Categories and Awards

26.1-26.5. Age as of event day; finisher medals; absolute/general M/F trophies (non-cumulative); awards October 17, 2026, 6 PM.

27. Protests

27.1-27.2. Written claims within 30 min post-finish or provisional results.

28. Event Suspension

28.1-28.2. Force majeure possible; no full refunds.

29. Acceptance

Registration confirms full rules/waiver acceptance.

30. Modifications

Rules adjustable anytime; tracks 90% indicative online, finals 7 days prior via email.[4][1][2]

Waiver of Liability and Physical Fitness

1. Fully read/accepted regulations.
2. Confirmed physically/psychologically fit; no contraindications.
3. Aware of event demands.
4. Voluntarily assumes risks; waives all claims against organizers/sponsors/etc.
5. Adequate skills for self-safety.
6. Gear compliant; follows protocols; consents to medical intervention.
7. Authorizes event photos.
8. No doping.
9. Non-transferable entry.
10. Commits to environmental respect: prudent travel, no ecosystem damage/littering, stay on course, etc.

