International Thialf Race

Thialf - Heerenveen

26 en 27 september 2026

7. Uitslag Vrouwen 3000 meter

Pos		Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	78	**Mei Han**	DSA	17	O	**4:10.12**		
2	84	**Zofia Braun**	DN1	18	I	**4:11.58**		
3	77	**Binyu Yang**	DSA	18	O	**4:13.62**		
4	87	**Magdalena Czyszczon**	DSB	17	I	**4:14.25**		
5	89	**Susanne Prins**	DN3	16	O	**4:16.85**	PR	
6	12	**Eva-Sofie Elferink**	DA1	15	I	**4:17.57**	PR	
7	82	**Emilia Zawisza**	DN1	15	O	**4:17.66**		
8	33	**Sara van de Pol**	DB2	12	O	**4:19.30**	PR	
9	69	**Britt Breider**	DN1	13	O	**4:23.89**		
10	47	**Lotte Welboren**	DA1	16	I	**4:24.41**		
11	85	**Liwia Kubin**	DN3	14	O	**4:25.88**		
12	72	**Anouk Könst**	DN2	14	I	**4:27.71**		
13	44	**Hannah de Vries**	DB2	10	I	**4:30.03**	PR	
14	16	**Veerle Friso**	DA1	11	O	**4:32.26**		
15	105	**Abril Del Río Calonge**	DSA	8	O	**4:36.38**		
16	96	**Bente Moller**	DN3	10	O	**4:37.53**		
17	4	**Rixt Bijlsma**	DB1	5	I	**4:38.46**	PR	
18	17	**Maud Groenen**	DA1	5	O	**4:38.87**	PR	
19	98	**Lara Dingjan**	DN3	6	O	**4:39.99**		
20	38	**Eline Teeninga**	DB2	9	I	**4:40.08**		
21	73	**Carlijn te Poele**	DB1	3	I	**4:40.40**	PR	
22	43	**Mara Vergeer**	DA2	6	I	**4:41.18**		
23	32	**Menthe Pietersma**	DB1	7	I	**4:42.45**		
24	30	**Rosan Kuip**	DA1	12	I	**4:42.63**		
25	100	**Sara ter Hart**	DN1	11	I	**4:44.54**		
26	34	**Elena Ruijtenberg**	DA1	3	O	**4:44.85**	PR	
27	9	**Diede Brandts**	DA2	13	I	**4:48.02**		
28	27	**Maud Kempenaar**	DA2	8	I	**4:48.06**		
29	25	**Kyra Kamstra**	DB2	7	O	**4:50.11**		
30	19	**Jasmijn ter Haar**	DA1	4	O	**4:50.24**	PR	
31	48	**Naomi Wessels**	DA1	4	I	**4:52.42**	PR	
32	28	**Amber Koetsier**	DA2	9	O	**4:53.88**		
33	92	**Ella Boonstra**	DA1	1	I	**4:56.89**	PR	
34	107	**Tara Hanssen**	DB2	1	O	**5:05.35**	PR	



Scheidsrechter: Björn Fetlaar Assistent: Niels Roesink Starter: Ingeborg Westenberg

Van 27-9-2026 18:00:00 tot 27-9-2026 20:11:18 Print: 27-9-2026 20:12:18