Holland Cup 2 / Gruno Bokaal

Kardinge - Groningen

21 en 22 november 2026

3. Uitslag Vrouwen 3000 meter

Pos		Naam	Cat	Paar	Baan	Tijd	Info	Punten
1	17	**Jade Groenewoud**	DN4	16	O	**4:09.81**		
2	45	**Elisa Dul**	DSA	15	I	**4:15.04**		
3	10	**Vera van Ditshuizen**	DSA	13	O	**4:16.11**		
4	13	**Sophie Exterkate**	DN1	16	I	**4:17.25**		
5	24	**Judith Krabbenborg**	DSA	10	O	**4:17.56**	PR	
6	43	**Sanne Westra**	DSA	11	I	**4:18.33**		
7	38	**Jasmijn Veenhuis**	DN1	14	I	**4:18.56**		
8	3	**Leonie Bats**	DSA	14	O	**4:18.95**		
9	33	**Iza Stekelenburg**	DSA	12	O	**4:21.38**		
10	40	**Rosalie van Vliet**	DN2	13	I	**4:21.90**		
11	21	**Lieke Huizink**	DN1	12	I	**4:22.64**		
12	2	**Reina Anema**	DSB	15	O	**4:24.60**		
13	30	**Susanne Prins**	DN3	11	O	**4:24.81**		
14	9	**Nyncke Dijkstra**	DSA	7	O	**4:25.64**		
15	31	**Evi de Ruijter**	DN1	8	O	**4:26.42**		
16	42	**Naomi van der Werf**	DSA	9	I	**4:27.03**		
17	7	**Britt Breider**	DN1	7	I	**4:27.26**		
18	6	**Willeke Bouwhuis**	DA2	6	I	**4:30.56**		
19	36	**Nynke Tinga**	DN2	10	I	**4:32.53**		
20	23	**Anouk Könst**	DN2	8	I	**4:32.66**		
21	32	**Marije van der Spek**	DSA	4	O	**4:36.46**		
22	14	**Veerle Friso**	DA1	5	I	**4:38.26**		
23	70	**Mariska Stegenga**	DA1	6	O	**4:38.44**		
24	25	**Isa Leroy**	DN2	5	O	**4:38.63**		
25	28	**Tosca Mulder**	DN4	9	O	**4:41.35**		
26	60	**Silke Kabel**	DA2	1	O	**4:46.77**		
27	65	**Bente Moller**	DN3	3	I	**4:51.20**		
28	68	**Elena Ruijtenberg**	DA1	1	I	**4:51.25**		
29	50	**Lara Dingjan**	DN3	4	I	**4:56.24**		
30	74	**Valerie Vinken**	DN2	3	O	**4:59.72**		



Scheidsrechter: Patrick den Elsen Assistent: Niels Roesink Starter: Sieme Kok

Van 21-11-2026 18:29:00 tot 21-11-2026 19:49:53

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