

**Swisscup Widnau 2023 and Swiss Championship  
Official Practice Short Program / Free Skating  
Senior ISU, Junior ISU, Advanced Novice, Juvenile  
Saturday, March 4 2023**

TEAMS	WARM-UP AREA	ENTER WARM-UP AREA	EXIT WARM-UP AREA	DSG ROOM	ENTER DR RM	WAIT AT RKSIDE	ENTER ICE	EXIT ICE	EXIT DR RM
1 JUN ISU Starlight Junior SUI	1A	09:05	09:35	2	09:45	09:58	10:00	10:21	10:30
2 JUN ISU Cool Dreams Junior SUI	2A	09:26	09:56	3	10:06	10:19	10:21	10:42	10:51
3 JUN ISU Team Emerald SUI	1B	09:47	10:17	4	10:27	10:40	10:42	11:03	11:12
<b>Eisreinigung / Resurfacing</b>							<b>11:03</b>	<b>11:18</b>	
4 JUN ISU Kometa Junior CZE	2B	10:23	10:53	5	11:03	11:16	11:18	11:39	11:48
5 JUN ISU Majestic Ice Junior AUS	1A	10:44	11:14	1	11:24	11:37	11:39	12:00	12:09
1 SEN ISU Starlight Elite SUI	2A	11:05	11:35	2	11:45	11:58	12:00	12:22	12:31
<b>Eisreinigung / Resurfacing</b>							<b>12:22</b>	<b>12:37</b>	
1 JUV Team Pearls SUI	1B	11:42	12:12	3	12:22	12:35	12:37	12:47	12:56
2 JUV Cool Dreams Juvenile SUI	2B	11:52	12:22	4	12:32	12:45	12:47	12:57	13:06
3 JUV Mini Icebees GER	1A	12:02	12:32	5	12:42	12:55	12:57	13:07	13:16
4 JUV Kometa Juvenile CZE	2A	12:12	12:42	1	12:52	13:05	13:07	13:17	13:26
<b>Eisreinigung / Resurfacing</b>							<b>13:17</b>	<b>13:32</b>	
1 ANovice Team Ruby SUI	1B	12:37	13:07	2	13:17	13:30	13:32	13:42	13:51
2 ANovice Starlight Novice SUI	2B	12:47	13:17	3	13:27	13:40	13:42	13:52	14:01
3 ANovice Kometa Novice CZE	1A	12:57	13:27	4	13:37	13:50	13:52	14:02	14:11
4 ANovice Cool Dreams Novice SUI	2A	13:07	13:37	5	13:47	14:00	14:02	14:12	14:21
<b>Eisreinigung / Resurfacing (2x)</b>							<b>14:12</b>	<b>14:42</b>	
<b>break</b>							<b>14:42</b>	<b>15:15</b>	

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Competition Short Program + Free Skating  
Senior ISU, Junior ISU, Advanced Novice, Juvenile  
Saturday, March 4 2023**

TEAMS	WARM-UP AREA	ENTER WARM-UP AREA	EXIT WARM-UP AREA	DSG ROOM	ENTER DR RM	WAIT AT RKSIDE	ENTER ICE	EXIT ICE	EXIT DR RM
1 JUN ISU Starlight Junior SUI/SP	1A	14:12	14:42	2	15:00	15:13	15:15	15:21	15:29
2 JUN ISU Cool Dreams Junior SUI/SP	2A	14:26	14:56	3	15:06	15:19	15:21	15:27	15:35
3 JUN ISU Team Emerald SUI/SP	1B	14:32	15:02	4	15:12	15:25	15:27	15:33	15:41
4 JUN ISU Kometa Junior CZE/SP	2B	14:38	15:08	5	15:18	15:31	15:33	15:39	15:47
5 JUN ISU Majestic Ice Junior AUS/SP	1A	14:44	15:14	1	15:24	15:37	15:39	15:45	15:53
<b>Eisreinigung / Resurfacing</b>							<b>15:45</b>	<b>16:00</b>	
1 SEN ISU Starlight Elite SUI/SP	2A	15:00	15:30	2	15:45	15:58	16:00	16:08	16:16
1 JUV Team Pearls SUI	1B	15:13	15:43	3	15:53	16:06	16:08	16:14	16:22
2 JUV Cool Dreams Juvenile SUI	2B	15:19	15:49	4	15:59	16:12	16:14	16:20	16:28
3 JUV Mini Icebees GER	1A	15:25	15:55	5	16:05	16:18	16:20	16:26	16:34
4 JUV Kometa Juvenile CZE	2A	15:31	16:01	1	16:11	16:24	16:26	16:32	16:40
<b>Eisreinigung / Resurfacing</b>							<b>16:32</b>	<b>16:47</b>	
1 ANovice Team Ruby SUI	1B	15:52	16:22	2	16:32	16:45	16:47	16:53	17:01
2 ANovice Starlight Novice SUI	2B	15:58	16:28	3	16:38	16:51	16:53	16:59	17:07
3 ANovice Kometa Novice CZE	1A	16:04	16:34	4	16:44	16:57	16:59	17:05	17:13
4 ANovice Cool Dreams Novice SUI	2A	16:10	16:40	5	16:50	17:03	17:05	17:11	17:19
<b>Eisreinigung / Resurfacing</b>							<b>17:11</b>	<b>17:26</b>	
1 Junior ISU 1 FS	1B	16:25	16:55	1	17:11	17:24	17:26	17:33	17:41
2 Junior ISU 2 FS	2B	16:38	17:08	2	17:18	17:31	17:33	17:40	17:48
3 Junior ISU 3 FS	1A	16:45	17:15	3	17:25	17:38	17:40	17:47	17:55
4 Junior ISU 4 FS	2A	16:52	17:22	4	17:32	17:45	17:47	17:54	18:02
5 Junior ISU 5 FS	1B	16:59	17:29	5	17:39	17:52	17:54	18:01	18:09
<b>Eisreinigung / Resurfacing</b>							<b>18:01</b>	<b>18:16</b>	
1 SEN ISU Starlight Elite SUI/FS	2B	17:21	17:51	1	18:01	18:14	18:16	18:23	18:31
<b>Pause vor Siegerehrung</b>							<b>18:23</b>	<b>18:30</b>	

Siegerehrung auf dem Eis gemäss separaten Anweisungen Award Ceremony on the ice

Zeitverschiebungen sind möglich. Time changes are possible.

**Swisscup Widnau 2023**  
**Official Practice Free Skating**  
**Basic Novice, Adult, Mixed Age, Master, Senior B**  
**Sunday, March 5 2023**

TEAMS	WARM-UP AREA	ENTER WARM-UP AREA	EXIT WARM-UP AREA	DSG ROOM	ENTER DR RM	WAIT AT RKSIDE	ENTER ICE	EXIT ICE	EXIT DR RM
1 BNovice Team Bernettes SUI	1A	08:35	09:05	2	09:15	09:28	09:30	09:40	09:49
2 BNovice Iceflowers SUI	2A	08:45	09:15	3	09:25	09:38	09:40	09:50	09:59
3 BNovice Ice Crystals SUI	1B	08:55	09:25	4	09:35	09:48	09:50	10:00	10:09
1 Adult Team Passion SUI	2B	09:05	09:35	5	09:45	09:58	10:00	10:10	10:19
2 Adult Starlight Diamonds SUI	1A	09:15	09:45	1	09:55	10:08	10:10	10:20	10:29
<b>Eisreinigung / Resurfacing</b>							<b>10:20</b>	<b>10:35</b>	
3 Adult Ice Goldies SUI	2A	09:40	10:10	2	10:20	10:33	10:35	10:45	10:54
4 Adult Ice Roses SUI	1B	09:50	10:20	3	10:30	10:43	10:45	10:55	11:04
5 Adult Blue Sparkles GER	2B	10:00	10:30	4	10:40	10:53	10:55	11:05	11:14
1 MA Team Bernettes SUI	1A	10:10	10:40	5	10:50	11:03	11:05	11:16	11:25
2 MA Lausanne Ice Genesis SUI	2A	10:21	10:51	1	11:01	11:14	11:16	11:27	11:36
<b>Eisreinigung / Resurfacing</b>							<b>11:27</b>	<b>11:42</b>	
3 MA Snowflakes SUI	1B	10:47	11:17	2	11:27	11:40	11:42	11:53	12:02
4 MA United Blades SUI	2B	10:58	11:28	3	11:38	11:51	11:53	12:04	12:13
5 MA Ice Passion SUI	1A	11:09	11:39	4	11:49	12:02	12:04	12:15	12:24
6 MA Ice Storms SUI	2A	11:20	11:50	5	12:00	12:13	12:15	12:26	12:35
<b>Eisreinigung / Resurfacing</b>							<b>12:26</b>	<b>12:41</b>	
1 Masters Starlight Jewels SUI	1B	11:46	12:16	1	12:26	12:39	12:41	12:51	13:00
1 SeniorB Team Sapphire SUI	2B	11:56	12:26	2	12:36	12:49	12:51	13:03	13:12
2 SeniorB Starlight Seniors FS	1A	12:08	12:38	3	12:48	13:01	13:03	13:15	13:24
3 SeniorB Cool Dreams Royals SUI	2A	12:20	12:50	4	13:00	13:13	13:15	13:27	13:36
4 Senior B Team Unity SUI	1B	12:32	13:02	5	13:12	13:25	13:27	13:39	13:48
<b>Eisreinigung / Resurfacing (2x)</b>							<b>13:39</b>	<b>14:09</b>	
<b>break</b>							<b>14:09</b>	<b>14:30</b>	

**Swisscup Widnau 2023 and Swiss Championship  
Competition Free Skating  
Basic Novice, Adult, Mixed Age, Master, Senior B  
Sunday, March 5 2023**

TEAMS	WARM-UP AREA	ENTER WARM-UP AREA	EXIT WARM-UP AREA	DSG ROOM	ENTER DR RM	WAIT AT RKSIDE	ENTER ICE	EXIT ICE	EXIT DR RM
1 BNovice Team Bernettes SUI	1A	13:35	14:05	2	14:15	14:28	14:30	14:36	14:44
2 BNovice Iceflowers SUI	2A	13:41	14:11	3	14:21	14:34	14:36	14:42	14:50
3 BNovice Ice Crystals SUI	1B	13:47	14:17	4	14:27	14:40	14:42	14:48	14:56
<b>Eisreinigung / Resurfacing</b>							<b>14:48</b>	<b>15:03</b>	
1 Adult Team Passion SUI	2B	14:02	14:32	5	14:48	15:01	15:03	15:09	15:17
2 Adult Starlight Diamonds SUI	1A	14:14	14:44	1	14:54	15:07	15:09	15:15	15:23
3 Adult Ice Goldies SUI	2A	14:20	14:50	2	15:00	15:13	15:15	15:21	15:29
4 Adult Ice Roses SUI	1B	14:26	14:56	3	15:06	15:19	15:21	15:27	15:35
5 Adult Blue Sparkles GER	2B	14:32	15:02	4	15:12	15:25	15:27	15:33	15:41
<b>Eisreinigung / Resurfacing</b>							<b>15:33</b>	<b>15:48</b>	
1 MA Team Bernettes SUI	1A	14:50	15:20	5	15:33	15:46	15:48	15:55	16:03
2 MA Lausanne Ice Genesis SUI	2A	14:58	15:28	1	15:40	15:53	15:55	16:02	16:10
3 MA Snowflakes SUI	1B	15:07	15:37	2	15:47	16:00	16:02	16:09	16:17
4 MA United Blades SUI	2B	15:14	15:44	3	15:54	16:07	16:09	16:16	16:24
5 MA Ice Passion SUI	1A	15:21	15:51	4	16:01	16:14	16:16	16:23	16:31
6 MA Ice Storms SUI	2A	15:28	15:58	5	16:08	16:21	16:23	16:30	16:38
<b>Eisreinigung / Resurfacing</b>							<b>16:30</b>	<b>16:45</b>	
1 Masters Starlight Jewels SUI	1B	15:50	16:20	1	16:30	16:43	16:45	16:52	17:00
1 SeniorB Team Sapphire SUI	2B	15:57	16:27	2	16:37	16:50	16:52	17:00	17:08
2 SeniorB Starlight Seniors FS	1A	16:05	16:35	3	16:45	16:58	17:00	17:07	17:15
3 SeniorB Cool Dreams Royals SUI	2A	16:12	16:42	4	16:52	17:05	17:07	17:15	17:23
4 Senior B Team Unity SUI	1B	16:20	16:50	5	17:00	17:13	17:15	17:22	17:30
<b>Pause vor Siegerehrung</b>							<b>17:22</b>	<b>17:30</b>	

**Siegerehrung auf dem Eis gemäss separaten Anweisungen Award Ceremony on the ice  
Zeitverschiebungen sind möglich. Time changes are possible.**