

ROUTINE BREAKS / PAUSES DE ROUTINES

March 12

Senior Solo Tech Break after event
Junior Solo Tech Break after #14

March 13

Senior Duet Tech Break after event
Junior Duet Tech Break after #16
Junior Mixed Duet Tech Starts immediately after Junior Duet Tech
Senior Mixed Duet Tech Starts immediately after Junior Mixed Duet Tech

Free Combination No breaks
Acrobatic routine Starts immediately after Free Combination – No breaks

March 14

Senior Solo Free Break after #9. Break after event.
Junior Solo Free Break after #15. Short break after event.
Adaptive Solo No breaks
Mixed Abilities Duets No breaks

Youth Team Prelims Break after #11

Senior Team Tech No breaks
Junior Team Tech Starts immediately after Senior Team Tech – Break after #8

March 15

Youth Solo – Girls Breaks after #12 and #24
Youth Solo – Boys Starts immediately after Youth Solo Girls – no breaks

Senior Duet Free Break after the event
Junior Duet Free Break after #16
Senior Mixed Duet Free Starts immediately after Junior Duet Free – no breaks
Junior Mixed Duet Free Starts immediately after Senior Mixed Duet Free – no breaks

March 16

Youth Duet Break after #15
Mixed Youth Duet Starts immediately after Youth Duet – no breaks

Senior Team Free Break after event
Junior Team Free No breaks

Youth Team Finals No breaks