



2023
CANADIAN CHAMPIONSHIPS
CHAMPIONNATS CANADIENS
ARTISTIC SWIMMING | NATATION ARTISTIQUE

PANEL 1

RIO STRAIGHT LEG

STARTS AT #1

BREAKS AT 35 (5 mins)
70 (5 mins)
105 (20 mins)
140 (5 mins)

STARTS AT #84

BREAKS AT 118 (5 mins)
153 (5 mins)
20 (20 mins)
57 (5 mins)

WALKOVER BACK
CLOSING 360

PANEL 2

