



FINAL SCHEDULE / HORAIRE FINAL

Version 2.2 (2023-05-07)

May 7-14, 2023 / 7-14 mai 2023
MNP Community & Sport Centre
Calgary, AB



JUNIOR	SENIOR	YOUTH JEUNESSE	MASTERS/MAITRES	AdAS / NAA	RÉCOMPENSES / AWARDS
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THU/JEU MAY 11	07:45				Access to pool deck	Accès à l'enceinte de la piscine
	08:00	08:30			Lap & Routine WARM-UP	ÉCHAUFFEMENT en longueur + routines
	08:30	08:35	1		Finals - AdAS SOLO TECH	Finales - SOLO TECH NAA
	Immediately following immediately apres	11:30	29	15	Prelims - YOUTH SOLO 1 x 10-minute break	Prélims - SOLO JEUNESSE 1 x pause de 10 mins
	11:35	11:50	5		Finals - AdAS SOLO FREE	Finales - SOLO LIBRE NAA
	Immediately following immediately apres	11:55	1		Finals - AdAS DUET	Finales - DUO NAA
	12:30	12:45	Gym		MEDAL CEREMONY AdAS Solo + Duet	REMISE DE MÉDAILLES Solo + Duo NAA
	11:55	12:15			LUNCH / DINER	
	12:15				Lap & Routine Warmups WARM-UP	
	12:45	15:30	25	13	Prelims - JUNIOR SOLO FREE 1 x 10-minute break	Prélims - SOLO LIBRE JUNIOR 1 x pause de 10 mins
	15:45	17:30	16		Finals - SENIOR SOLO FREE 1 x 10-minute break	Finales - SOLO LIBRE SENIOR 1 x pause de 10 mins
	Immediately following immediately apres	18:00			MEDAL CEREMONY SR Solo Free + SR Duet Free + JR & SR Mixed Duet Free	REMISE DE MÉDAILLES Solo Libre SR + Duo Libre SR + Duo Mixte JR & SR
	18:00	18:30			DINNER/SOUPER	
	18:30	21:30	29	15	Prelims - YOUTH DUET 1 x 10-minute break	Prélims - DUO JEUNESSE 1 x pause de 10 mins
19:30	20:00			MASTERS Technical Coaches Meeting (Virtual)	Réunion technique pour entraîneur.e.s MAITRES (Virtual)	

COMPETITION POOL	WARMUP POOL / PISCINE D'ENTRAÎNEMENT			
	AREA A- 10m Official Competition Warmup Space	LAP LANES - 5m Laps / Longueurs	AREA B - 10m Open Pool / Piscine Ouverte	
Closed/Fermé	AdAS Solo Tech (1) + Youth Solo (1-11)	Laps / Longueurs		
COMPETITION	AdAS Solo Tec + Youth Solo + AdAS Solo Free + AdAS Duet (12 comp. before / avant)			
Closed/Fermé				
OPEN POOL / BASSIN LIBRE				
Closed/Fermé	OPEN POOL / BASSIN LIBRE			
COMPETITION	JR Solo Free + SR Solo Free (12 comp. before / avant)			
Closed/Fermé	OPEN POOL / BASSIN LIBRE			
Closed/Fermé	Youth Duet (1-10)			
COMPETITION	Youth Duet (10 comps before / avant)			
Closed/Fermé				