

PROGRAMMA GARA						Sabato, 19 novembre 2022			
GARA: GRAND PRIX 1									
Luogo : Baselga di Pinè (TN) – Ice Rink Pinè									
Ora d'inizio: ore 15.00									
Category	Distance	Total				Time		Planning	
		Skaters	Pairs	Quartets	Time	competition	icecleaning	start	end
Warmup							0.40	14.00	14.40
Ice preparation							0.20	14.40	15.00
Jun D W	300m	18	9		0.01.30	0.13.30		15.00	15.13
Jun D M	300m	13	7		0.01.30	0.10.30		15.13	15.24
Change starter's position							0.05	15.24	15.29
MASTER W+M	500m	8		2	0.02.00	0.04.00		15.29	15.33
WOMEN	500m	30	1	7	0.02.00	0.16.00		15.33	15.49
Ice preparation							0.15	15.49	16.04
MEN	500m	49	1	12	0.02.00	0.26.00		16.04	16.30
Jun D W	500m	18	1	4	0.02.30	0.12.30		16.30	16.42
Jun D M	500m	13	1	3	0.02.30	0.10.00		16.42	16.52
Ice preparation and change starter's position							0.15	16.52	17.07
MASTER W+M	1000m	8		2	0.03.00	0.06.00		17.07	17.13
WOMAN	1000m	23		6	0.02.30	0.15.00		17.13	17.28
MEN	1000m	44		11	0.02.30	0.27.30		17.28	17.56
Ice preparation and change starter's position							0.15	17.56	18.11
WOMEN	3000m	8		2	0.05.30	0.11.00		18.11	18.22
MEN	3000m	8		2	0.05.30	0.11.00		18.22	18.33

Orari di partenza delle batterie da considerarsi indicativi