

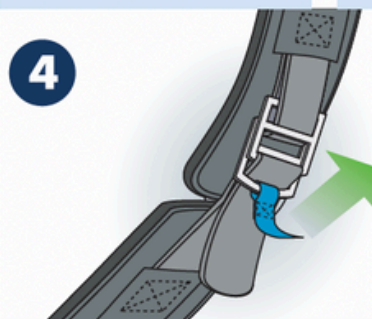
BE READY



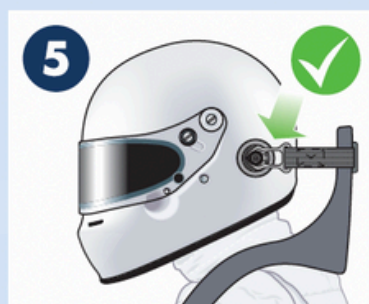
Balaclava must go under the overalls



Fully close the overalls



Check the helmet chin strap is well tightened



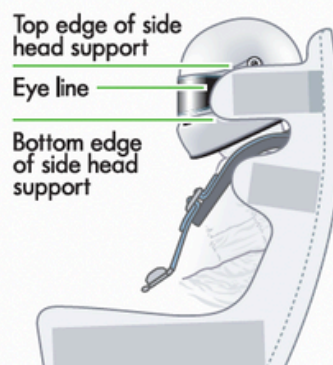
Check that both FHR straps are attached to each side of the helmet



Check that the harness shoulder straps pass over the FHR

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Check that the harness is attached and that your seating position is correct.



Close your visor



Arm the extinguisher



Enjoy!