

Start Time	End Time	Event
Saturday 7th June 2025		
06:00:00	06:20:00	Practice 1
06:20:00	06:40:00	Practice 2
06:40:00	07:00:00	Practice 3
07:00:00	07:20:00	Practice 4
07:20:00	07:35:00	Resurface
07:35:00	07:35:00	Start
07:35:00	07:35:00	Irish Senior Rhythm Dance
07:35:00	07:40:00	Senior Rhythm Dance Warm Up
07:40:00	07:44:50	Senior Rhythm Dance
07:44:50	07:44:50	Beginner Girls D
07:44:50	07:47:20	Beginner Girls (D) Warm Up Group 1
07:47:20	08:07:20	Beginner Girls (D) Group 1
08:07:20	08:09:50	Beginner Girls (D) Warm Up Group 2
08:09:50	08:29:50	Beginner Girls (D) Group 2
08:29:50	08:29:50	Beginner Girls E
08:29:50	08:32:20	Beginner Girls (E) Warm Up Group 1
08:32:20	08:52:20	Beginner Girls (E) Group 1
08:52:20	08:54:50	Beginner Girls (E) Warm Up Group 2
08:54:50	09:14:50	Beginner Girls (E) Group 2
09:14:50	09:14:50	Beginner Girls C
09:14:50	09:17:20	Beginner Girls (C) Warm Up Group 1
09:17:20	09:37:20	Beginner Girls (C) Group 1
09:37:20	09:57:20	Resurface
09:57:20	09:59:50	Beginner Girls (C) Warm Up Group 2
09:59:50	10:19:50	Beginner Girls (C) Group 2
10:19:50	10:19:50	National 4 Girls NON Ranking
10:19:50	10:23:50	National 4 Girls NON Ranking Warm Up Group 1
10:23:50	10:49:50	National 4 Girls NON Ranking Group 1
10:49:50	10:53:50	National 4 Girls NON Ranking Warm Up Group 2
10:53:50	11:19:50	National 4 Girls NON Ranking Group 2
11:19:50	11:40:50	Irish Championships & Resurface
11:40:50	11:40:50	Irish Senior Free Dance
11:40:50	11:45:50	Senior Free Dance Warm Up
11:45:50	11:51:40	Senior Free Dance
11:51:40	11:51:40	Irish Advanced Novice Girls SP
11:51:40	11:55:40	Advanced Novice Girls SP Warm Up Group 1
11:55:40	12:00:00	Advanced Novice Girls SP Group 1
12:00:00	12:00:00	Irish Junior Women SP
12:00:00	12:06:00	Junior Women SP Warm Up Group 1
12:06:00	12:25:20	Junior Women SP Group 1
12:25:20	12:25:20	Irish Senior Men SP
12:25:20	12:31:20	Senior Men SP Warm Up Group 1
12:31:20	12:36:40	Senior Men SP Group 1
12:36:40	12:36:40	National 4 Boys Ranking & NON Ranking
12:36:40	12:40:40	National 4 Boys NON Ranking Over Warm up

12:40:40	12:53:40	National 4 Boys Ranking
12:53:40	12:53:40	National 5 Boys Ranking & NON Ranking
12:53:40	12:53:40	National 6 Boys SP Ranking & NON Ranking
12:53:40	12:57:40	National 6 Boys SP Ranking & National 6 Girls SP NON Ranking Warm Up Group 1
12:53:40	12:58:00	National 6 Boys SP Ranking Group 1
12:57:40	13:02:00	National 6 Boys SP NON Ranking Group 1
13:02:00	13:02:00	National 6 Girls SP NON Ranking
13:02:00	13:07:00	National 6 Girls SP NON Ranking Warm Up Group 1
13:07:00	13:21:30	National 6 Girls SP NON Ranking Group 1

13:21:30 14:00:30 Resurface & Lunch MEDALS

14:00:30	14:00:30	National 6 Girls SP Ranking
14:00:30	14:04:30	National 6 Girls SP Ranking Warm Up Group 1
14:04:30	14:30:30	National 6 Girls SP Ranking Group 1
14:30:30	14:34:30	National 6 Girls SP Ranking Warm Up Group 2
14:34:30	15:00:30	National 6 Girls SP Ranking Group 2
15:00:30	15:04:30	National 6 Girls SP Ranking Warm Up Group 3
15:04:30	15:30:30	National 6 Girls SP Ranking Group 3
15:30:30	15:50:30	Resurface
15:50:30	15:50:30	National 7 Women SP
15:50:30	15:56:30	National 7 Women SP Warm Up Group 1
15:56:30	16:20:40	National 7 Women SP Group 1
16:20:40	16:26:40	National 7 Women SP Warm Up Group 2
16:26:40	16:55:40	National 7 Women SP Group 2
16:55:40	17:01:40	National 7 Women SP Warm Up Group 3
17:01:40	17:30:40	National 7 Women SP Group 3
17:30:40	17:50:40	Resurface
17:50:40	17:50:40	National 7 Men SP
17:50:40	17:56:40	National 7 Men SP Warm Up Group 1
17:56:40	18:11:10	National 7 Men SP Group 1
18:11:10	18:11:10	National 8 Women SP
18:11:10	18:17:10	National 8 Women SP Warm Up Group 1
18:17:10	18:41:20	National 8 Women SP Group 1
18:41:20	18:41:20	National 8 Men SP
18:41:20	18:47:20	National 8 Men SP Warm Up Group 1
18:47:20	19:01:50	National 8 Men SP Group 1

19:01:50 19:20:00 Medals

Sunday 8th June 2025

06:00:00	06:20:00	Practice 1
06:20:00	06:40:00	Practice 2
06:40:00	07:00:00	Practice 3
07:00:00	07:20:00	Practice 4
07:20:00	07:35:00	Resurface
07:35:00	07:35:00	Start
07:35:00	07:35:00	National 1 Girls (B)
07:35:00	07:37:30	National 1 Girls (B) Warm Up Group 1

07:37:30	07:57:30	National 1 Girls (B) Group 1
07:57:30	08:00:00	National 1 Girls (B) Warm Up Group 2
08:00:00	08:20:00	National 1 Girls (B) Group 2
08:20:00	08:22:30	National 1 Girls (B) Warm Up Group 3
08:22:30	08:42:30	National 1 Girls (B) Group 3
08:42:30	08:42:30	National 1 Girls (A)
08:42:30	08:45:00	National 1 Girls (A) Warm Up Group 1
08:45:00	09:05:00	National 1 Girls (A) Group 1
09:05:00	09:07:30	National 1 Girls (A) Warm Up Group 2
09:07:30	09:27:30	National 1 Girls (A) Group 2
09:27:30	09:47:30	Resurface
09:47:30	09:50:00	National 1 Girls (A) Warm Up Group 3
09:50:00	10:10:00	National 1 Girls (A) Group 3
10:10:00	10:10:00	National 6 Girls FP NON Ranking
10:10:00	10:15:00	National 6 Girls FP NON Ranking Warm Up Group 1
10:15:00	10:34:20	National 6 Girls FP NON Ranking Group 1
10:34:20	10:34:20	National 5 Girls NON Ranking
10:34:20	10:39:20	National 5 Girls NON Ranking Warm Up Group 1
10:39:20	11:08:20	National 5 Girls NON Ranking Group 1
11:08:20	11:08:20	National 6 Boys FP Ranking & NON Ranking FP
11:08:20	11:13:20	National 6 Boys FP Ranking & NON Ranking Warm Up Group 1
11:08:20	11:13:10	National 6 Boys FP Ranking Group 1
11:13:20	11:18:10	National 6 Boys FP NON Ranking Group 1
11:18:10	11:38:10	Resurface
11:38:10	11:38:10	National 6 Girls FP Ranking
11:38:10	11:43:10	National 6 Girls FP Ranking Warm Up Group 1
11:43:10	12:12:10	National 6 Girls FP Ranking Group 1
12:12:10	12:17:10	National 6 Girls FP Ranking Warm Up Group 2
12:17:10	12:46:10	National 6 Girls FP Ranking Group 2
12:46:10	12:51:10	National 6 Girls FP Ranking Warm Up Group 3
12:51:10	13:20:10	National 6 Girls FP Ranking Group 3
13:20:10	14:00:10	Resurface & Lunch & Medals
14:00:10	14:00:10	National 7 Women FP
14:00:10	14:06:10	National 7 Women FP Ranking Warm Up Group 1
14:06:10	14:38:10	National 7 Women FP Ranking Group 1
14:38:10	14:44:10	National 7 Women FP Ranking Warm Up Group 2
14:44:10	15:16:10	National 7 Women FP Ranking Group 2
15:16:10	15:22:10	National 7 Women FP Ranking Warm Up Group 3
15:22:10	15:54:10	National 7 Women FP Ranking Group 3
15:54:10	16:14:10	Resurface & Irish Championship
16:14:10	16:14:10	Irish Advanced Novice Girls FP
16:14:10	16:19:10	Irish Advanced Novice Girls FP Warm Up Group 1
16:19:10	16:24:00	Irish Advanced Novice Girls FP Group 1
16:24:00	16:24:00	Irish Junior Women FP
16:24:00	16:30:00	Junior Women FP Warm Up Group 1
16:30:00	16:51:20	Junior Women FP Group 1
16:51:20	16:51:20	Irish Senior Men FP

16:51:20	16:57:20	Senior Men FP Warm Up Group 1
16:57:20	17:03:40	Senior Men FP Group 1
17:03:40	17:03:40	National 7 Men FP
17:03:40	17:09:40	National 7 Men FP Ranking Warm Up Group 1
17:09:40	17:25:40	National 7 Men FP Ranking Group 1
17:25:40	17:25:40	National 8 Women FP
17:25:40	17:31:40	National 8 Women FP Ranking Warm Up Group 1
17:31:40	17:58:20	National 8 Women FP Ranking Group 1
17:58:20	17:58:20	National 8 Men FP
17:58:20	18:04:20	National 8 Men FP Ranking Warm Up Group 1
18:04:20	18:20:20	National 8 Men FP Ranking Group 1
18:20:00	18:40:00	Medals

Monday 9th June 2025

06:00:00	06:20:00	Practice 1
06:20:00	06:40:00	Practice 2
06:40:00	07:00:00	Practice 3
07:00:00	07:15:00	Resurface
07:15:00	07:15:00	Start
07:15:00	07:15:00	National 3 Girls
07:15:00	07:18:00	National 3 Girls Warm Up Group 1
07:18:00	07:41:00	National 3 Girls Group 1
07:41:00	07:44:00	National 3 Girls Warm Up Group 2
07:44:00	08:07:00	National 3 Girls Group 2
08:07:00	08:10:00	National 3 Girls Warm Up Group 3
08:10:00	08:33:00	National 3 Girls Group 3
08:33:00	08:33:00	Beginner Girls A
08:33:00	08:35:30	Beginner Girls (A) Warm Up Group 1
08:35:30	08:55:30	Beginner Girls (A) Group 1
08:55:30	08:58:00	Beginner Girls (A) Warm Up Group 2
08:58:00	09:18:00	Beginner Girls (A) Group 2
09:18:00	09:38:00	Resurface
09:38:00	09:38:00	Beginner Girls B
09:38:00	09:40:30	Beginner Girls (B) Warm Up Group 1
09:40:30	10:00:30	Beginner Girls (B) Group 1
10:00:30	10:03:00	Beginner Girls (B) Warm Up Group 2
10:03:00	10:23:00	Beginner Girls (B) Group 2
10:23:00	10:23:00	National 2 Girls (B)
10:23:00	10:26:00	National 2 (B) Girls Warm Up Group 1
10:26:00	10:49:00	National 2 (B) Girls Group 1
10:49:00	10:52:00	National 2 (B) Girls Warm Up Group 2
10:52:00	11:15:00	National 2 (B) Girls Group 2
11:15:00	11:18:00	National 2 (B) Girls Warm Up Group 3
11:18:00	11:41:00	National 2 (B) Girls Group 3
11:41:00	12:30:00	Resurface & Lunch & Medals

12:30:00	12:30:00	National 5 Girls Ranking
12:30:00	12:35:00	National 5 Girls Ranking Warm Up Group 1
12:35:00	13:04:00	National 5 Girls Ranking Group 1
13:04:00	13:04:00	Beginner Boys & National 1 Boys
13:04:00	13:06:30	Beginner Boys & National 1 Boys Warm Up Group 1
13:06:30	13:16:30	National 1 Boys Group 1
13:16:30	13:19:50	Beginner Boys Group 1
13:19:50	13:19:50	National 3 & 2 Boys
13:19:50	13:22:50	National 2 Boys & Level 3 Boys Warm up
13:22:50	13:34:20	National 3 Boys
13:34:20	13:42:00	National 2 Boys
13:42:00	13:42:00	National 2 Girls (A)
13:42:00	13:45:00	National 2 (A) Girls Warm Up Group 1
13:45:00	14:08:00	National 2 (A) Girls Group 1
14:08:00	14:11:00	National 2 (A) Girls Warm Up Group 2
14:11:00	14:34:00	National 2 (A) Girls Group 2
14:34:00	14:54:00	Resurface
14:54:00	14:54:00	National 4 Girls Ranking
14:54:00	14:58:00	National 4 Girls Ranking Warm up Group 1
14:58:00	15:24:00	National 4 Girls Ranking Group 1
15:24:00	15:28:00	National 4 Girls Ranking Warm up Group 2
15:28:00	15:54:00	National 4 Girls Ranking Group 2
15:54:00	15:58:00	National 4 Girls Ranking Warm up Group 3
15:58:00	16:24:00	National 4 Girls Ranking Group 3
16:24:00	16:44:00	Medals
16:44:00	17:45:00	Takedown