







2026/Nov/14
SS1 - Isna de Oleiros -> Freixial do Campo - 188,00 Km

07:14 ☼⇧ ⇩☼ 17:14

	Km	Stage Km	Target Time / Max Time	Control Opening	Avg Speed Km/h	First Bike	Last Bike	First Quad	Last Quad	First SSV	Last SSV	Control Closing
TC/CH 1.01 Parc Fermé OUT Start RS / Lig A	-	-	-	**05:55**		**06:55**	**07:39**	**07:49**	**08:07**	**08:37**	**09:39**	**10:09**
TC/CH 1.02 Before / Antes DSS	**60,20**	**60,20**	**01:30**	**07:25**	**40,13**	**08:25**	**09:09**	**09:19**	**09:37**	**10:07**	**11:09**	**11:39**
DSS1	0,27	**60,47**		**07:30**		***08:30***	***09:14***	**09:24**	**09:42**	**10:12**	**11:14**	**11:44**
CC 01 Vale da Ursa	3,40	**63,87**		*07:32*		*08:32*	*09:16*	*09:26*	*09:44*	*10:14*	*11:17*	*11:47*
M_02 Castanheira	10,50	**70,97**		*07:38*		*08:38*	*09:22*	*09:32*	*09:50*	*10:20*	*11:25*	*11:55*
M_03 Perna do Galego	17,40	**77,87**		*07:43*		*08:43*	*09:28*	*09:37*	*09:55*	*10:25*	*11:32*	*12:02*
I_02 Cabeço da Raínha	22,30	**82,77**		*07:47*		*08:47*	*09:32*	*09:41*	*09:59*	*10:29*	*11:38*	*12:08*
Transfer_1 IN Mosteiro de S. Tiago **T: 6**	**33,10**	**93,57**		*07:56*		*08:56*	*09:42*	*09:50*	*10:08*	*10:38*	*11:49*	*12:19*
Transfer_1 OUT	**34,70**	**95,17**		*07:59*		*08:59*	*09:45*	*09:53*	*10:11*	*10:41*	*11:52*	*12:22*
Transfer_2 IN Maxial da Estrada **T: 6**	**42,50**	**102,97**		*08:05*		*09:05*	*09:51*	*09:59*	*10:17*	*10:47*	*12:01*	*12:31*
Transfer_2 OUT CP1	**46,40**	**106,87**		*08:13*		*09:13*	*09:59*	*10:07*	*10:25*	*10:55*	*12:09*	*12:39*
Transfer_3 IN Vilar da Carga **T: 6**	**56,50**	**116,97**		*08:21*		*09:21*	*10:08*	*10:15*	*10:33*	*11:03*	*12:20*	*12:50*
Transfer_3 OUT	**58,40**	**118,87**		*08:25*		*09:25*	*10:12*	*10:19*	*10:37*	*11:07*	*12:24*	*12:54*
Transfer_4 IN Serra S. Domingos **T: 70**	**60,90**	**121,37**		*08:27*		*09:27*	*10:14*	*10:21*	*10:39*	*11:09*	*12:27*	*12:57*
GAZ01 Serra São Domingos	61,50	**121,97**		*08:28*		*09:28*	*10:15*	*10:22*	*10:40*	*11:10*	*12:27*	*12:57*
Transfer_4 OUT	**61,80**	**122,27**		***08:35***		***09:35***	***10:22***	***10:29***	***10:47***	***11:17***	***12:35***	***13:05***
I_06 Serra do Bravo	78,70	**139,17**		*08:49*		*09:49*	*10:37*	*10:43*	*11:01*	*11:31*	*12:53*	*13:23*
Transfer_5 IN Oleiros **T: 6**	**92,00**	**152,47**		*08:59*		*09:59*	*10:48*	*10:53*	*11:11*	*11:41*	*13:08*	*13:38*
Transfer_5 OUT Cristo Rei	**100,00**	**160,47**		*09:14*		*10:14*	*11:03*	*11:08*	*11:26*	*11:56*	*13:23*	*13:53*







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	Km	Stage Km	Target Time / Max Time	Control Opening	Avg Speed Km/h	First Bike	Last Bike	First Quad	Last Quad	First SSV	Last SSV	Control Closing
Transfer_6 IN Estreito **T: 70**	**121,00**	**181,47**		*09:31*		*10:31*	*11:21*	*11:25*	*11:43*	*12:13*	*13:45*	*14:15*
GAZ02 Estreito	123,00	**183,47**		*09:33*		*10:33*	*11:23*	*11:27*	*11:45*	*12:15*	*13:48*	*14:18*
Transfer_6 OUT	**124,00**	**184,47**		***09:43***		***10:43***	***11:33***	***11:37***	***11:55***	***12:25***	***13:57***	***14:27***
Transfer_7 IN Almaceda **T: 6**	**154,00**	**214,47**		*10:07*		*11:07*	*11:59*	*12:01*	*12:19*	*12:49*	*14:30*	*15:00*
Transfer_7 OUT	**156,00**	**216,47**		*10:11*		*11:11*	*12:03*	*12:05*	*12:23*	*12:53*	*14:34*	*15:04*
Transfer_8 IN Pereiros **T: 6**	**165,00**	**225,47**		*10:18*		*11:18*	*12:10*	*12:12*	*12:30*	*13:00*	*14:44*	*15:14*
Transfer_8 OUT	**167,00**	**227,47**		*10:22*		*11:22*	*12:14*	*12:16*	*12:34*	*13:04*	*14:48*	*15:18*
ASS	188,00	**248,47**		*10:39*		*11:39*	*12:32*	*12:33*	*12:51*	*13:21*	*15:11*	*15:41*
TC/CH 1.03 STOP ASS Start RS / Lig B	**188,00**	**248,47**	05:00	*10:39*		*11:39*	*12:32*	*12:33*	*12:51*	*13:21*	*15:11*	*15:41*
Service Park / Assistência Start RS / Lig C	**20,80**	**269,27**				-	-	-	-	-	-	-
TC/CH 1.04* Parc Fermé IN	**6,64**	**275,91**	**04:00**	**11:00**		***15:39***	***16:32***	***16:33***	***16:51***	***17:21***	***19:11***	***19:41***

Expected time / Horas previstas

***Early Check-in Allowed / Permitida Entrada por Avanço**

1st Stage	Km	%
Liaison	102,20	34,54%
Prologue	5,65	1,91%
SS1	188,00	63,55%
Total	295,85	100%