







2026/Nov/14
SS1 - Isna de Oleiros -> Freixial do Campo - 185,44 Km

07:14 ☼⇧ ⇩☼ 17:14

	Km	Stage Km	Target Time / Max Time	Control Opening	Avg Speed Km/h	First Bike	Last Bike	First Quad	Last Quad	First SSV	Last SSV	Control Closing
TC/CH 1.01 Parc Fermé OUT Start RS / Lig A	-	-	-	**05:55**		**06:55**	**07:36**	**07:46**	**08:04**	**08:34**	**09:36**	**10:06**
TC/CH 1.02 Before / Antes DSS	**60,18**	**60,18**	**01:30**	**07:25**	**40,12**	**08:25**	**09:06**	**09:16**	**09:34**	**10:04**	**11:06**	**11:36**
DSS1	0,77	**60,95**		**07:30**		***08:30***	***09:11***	**09:21**	**09:39**	**10:09**	**11:11**	**11:41**
CC 01 Vale da Ursa	2,37	**63,32**		*07:31*		*08:31*	*09:12*	*09:22*	*09:40*	*10:10*	*11:12*	*11:42*
M_02 Castanheira	9,40	**70,35**		*07:36*		*08:36*	*09:18*	*09:27*	*09:45*	*10:15*	*11:20*	*11:50*
M_03 Perna do Galego	16,32	**77,27**		*07:42*		*08:42*	*09:24*	*09:33*	*09:51*	*10:21*	*11:27*	*11:57*
I_02 Cabeço da Raínha	21,13	**82,08**		*07:46*		*08:46*	*09:28*	*09:37*	*09:55*	*10:25*	*11:33*	*12:03*
Transfer_1 IN Mosteiro de S. Tiago **T: 3**	**31,87**	**92,82**		*07:54*		*08:54*	*09:37*	*09:45*	*10:03*	*10:33*	*11:44*	*12:14*
Transfer_1 OUT	**33,47**	**94,42**		*07:57*		*08:57*	*09:40*	*09:48*	*10:06*	*10:36*	*11:47*	*12:17*
Transfer_2 IN Maxial da Estrada **T: 7**	**41,16**	**102,11**		*08:04*		*09:04*	*09:47*	*09:55*	*10:13*	*10:43*	*11:56*	*12:26*
Transfer_2 OUT CP1	**44,98**	**105,93**		*08:11*		*09:11*	*09:54*	*10:02*	*10:20*	*10:50*	*12:03*	*12:33*
Transfer_3 IN Vilar da Carga **T: 4**	**54,95**	**115,90**		*08:19*		*09:19*	*10:02*	*10:10*	*10:28*	*10:58*	*12:14*	*12:44*
Transfer_3 OUT	**56,96**	**117,91**		*08:23*		*09:23*	*10:06*	*10:14*	*10:32*	*11:02*	*12:18*	*12:48*
Transfer_4 IN Serra S. Domingos **T: 6**	**59,47**	**120,42**		*08:25*		*09:25*	*10:08*	*10:16*	*10:34*	*11:04*	*12:20*	*12:50*
GAZ01 Serra São Domingos	59,97	**120,92**		*08:25*		*09:25*	*10:09*	*10:16*	*10:34*	*11:04*	*12:21*	*12:51*
Transfer_4 OUT	**60,31**	**121,26**		***08:31***		***09:31***	***10:14***	***10:22***	***10:40***	***11:10***	***12:26***	***12:56***
I_06 Serra do Bravo	77,11	**138,06**		*08:44*		*09:44*	*10:29*	*10:35*	*10:53*	*11:23*	*12:45*	*13:15*
Transfer_5 IN Oleiros **T: 14**	**90,27**	**151,22**		*08:54*		*09:54*	*10:40*	*10:45*	*11:03*	*11:33*	*12:59*	*13:29*
Transfer_5 OUT Cristo Rei **CP2**	**98,25**	**159,20**		*09:08*		*10:08*	*10:54*	*10:59*	*11:17*	*11:47*	*13:13*	*13:43*






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	Km	Stage Km	Target Time / Max Time	Control Opening	Avg Speed Km/h	First Bike	Last Bike	First Quad	Last Quad	First SSV	Last SSV	Control Closing
Transfer_6 IN Estreito **T: 17**	**119,38**	**180,33**		*09:25*		*10:25*	*11:12*	*11:16*	*11:34*	*12:04*	*13:36*	*14:06*
GAZ02 Estreito	120,77	**181,72**		*09:27*		*10:27*	*11:13*	*11:18*	*11:36*	*12:06*	*13:38*	*14:08*
Transfer_6 OUT	**121,93**	**182,88**		***09:42***		***10:42***	***11:29***	***11:33***	***11:51***	***12:21***	***13:53***	***14:23***
Transfer_7 IN Vilar Barroco **T: 8**	**126,02**	**186,97**		*09:46*		*10:46*	*11:33*	*11:37*	*11:55*	*12:25*	*13:58*	*14:28*
Transfer_7 OUT	**129,83**	**190,78**		*09:54*		*10:54*	*11:41*	*11:45*	*12:03*	*12:33*	*14:06*	*14:36*
CP3 Foz Giraldo	**136,75**	**197,70**		*09:59*		*10:59*	*11:47*	*11:50*	*12:08*	*12:38*	*14:13*	*14:43*
Transfer_8 IN Almaceda **T: 4**	**151,93**	**212,88**		*10:11*		*11:11*	*12:00*	*12:02*	*12:20*	*12:50*	*14:30*	*15:00*
Transfer_8 OUT	**153,27**	**214,22**		*10:15*		*11:15*	*12:04*	*12:06*	*12:24*	*12:54*	*14:34*	*15:04*
Transfer_9 IN Pereiros **T: 3**	**162,87**	**223,82**		*10:23*		*11:23*	*12:12*	*12:14*	*12:32*	*13:02*	*14:44*	*15:14*
Transfer_9 OUT	**164,60**	**225,55**		*10:26*		*11:26*	*12:15*	*12:17*	*12:35*	*13:05*	*14:47*	*15:17*
ASS	185,18	**246,13**		*10:42*		*11:42*	*12:33*	*12:33*	*12:51*	*13:21*	*15:10*	*15:40*
TC/CH 1.03 STOP ASS Start RS / Lig B	**185,44**	**246,39**	**05:00**	*10:43*		*11:43*	*12:33*	*12:34*	*12:52*	*13:22*	*15:10*	*15:40*
Service Park / Assistência Start RS / Lig C	**20,76**	**267,15**				-	-	-	-	-	-	-
TC/CH 1.04* Parc Fermé IN	**6,61**	**273,76**	**04:00**	**11:00**		***15:43***	***16:33***	***16:34***	***16:52***	***17:22***	***19:10***	***19:40***

Expected time / Horas previstas

***Early Check-in Allowed / Permitida Entrada por Avanço**

1st Stage	Km	%
Liaison	102,58	35,03%
Prologue	4,81	1,64%
SS1	185,44	63,33%
Total	292,83	100%

