

CAMPIONATI ITALIANI ASSOLUTI 2022-2023**TORINO****18-19 marzo 2023****Detailed Programme**

March 18, 2023

12:30			<i>Warming up , Men</i>			
12:40			<i>Warming up , Women</i>			
12:50			<i>Ceremony</i>			
13:00			<i>Ice Res (Full)</i>			
13:15	Men	1500 meter	Quarter Finals	Group 1		1 - 4
13:33	Women	1500 meter	Semi Final	Group 1		5 - 6
13:43			<i>Ice Res (Track)</i>			
13:53	Men	1500 meter	Semi Final	Group 2		7 - 8
14:03	Men	1500 meter	Semi Final	Group 1		9 - 10
14:13			<i>Ice Res (Track)</i>			
14:23	Women	1500 meter	Final	Group 2		11
14:29	Women	1500 meter	Final	Group 1		12
14:34			<i>Ceremony , Women</i>			
14:44	Men	1500 meter	Final	Group 4		13
14:49	Men	1500 meter	Final	Group 3		14
14:55	Men	1500 meter	Final	Group 2		15
15:00	Men	1500 meter	Final	Group 1		16
15:05			<i>Ceremony</i>			
15:15			<i>Ice Res (Full)</i>			
15:30	Men	500 meter	Heats	Group 1		17 - 21
15:44	Women	500 meter	Quarter Finals	Group 2		22 - 24
15:52			<i>pause</i>			
15:59	Men	500 meter	Quarter Finals	Group 1		25 - 27
16:08			<i>Ice Res (Track)</i>			
16:18	Women	500 meter	Semi Final	Group 1		28 - 29
16:24	Men	500 meter	Semi Final	Group 2		30 - 31
16:30	Men	500 meter	Semi Final	Group 1		32 - 33
16:36			<i>Ice Res (Track)</i>			
16:46	Women	500 meter	Final	Group 3		34
16:49	Women	500 meter	Final	Group 2		35
16:53	Women	500 meter	Final	Group 1		36
16:56			<i>Ceremony</i>			
17:06	Men	500 meter	Final	Group 5		37
17:09	Men	500 meter	Final	Group 4		38
17:12	Men	500 meter	Final	Group 3		39
17:16	Men	500 meter	Final	Group 2		40
17:19	Men	500 meter	Final	Group 1		41
17:22			<i>Ceremony</i>			
17:32			<i>end</i>			

The program is tentative and subject to change. Starting times will follow the flow of the competition.

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09:00	Men	1000 meter	Heats	Group 1	42 - 46
09:18	Women	1000 meter	Quarter Finals	Group 1	47 - 49
09:29	<i>pause</i>				
09:34	Men	1000 meter	Quarter Finals	Group 1	50 - 52
09:45	<i>Ice Res (Track)</i>				
09:55	Women	1000 meter	Semi Final	Group 1	53 - 54
10:03	Men	1000 meter	Semi Final	Group 2	55 - 56
10:11	Men	1000 meter	Semi Final	Group 1	57 - 58
10:19	<i>Ice Res (Track)</i>				
10:29	Women	1000 meter	Final	Group 3	59
10:33	Women	1000 meter	Final	Group 2	60
10:37	Women	1000 meter	Final	Group 1	61
10:41	<i>Ceremony</i>				
10:51	Men	1000 meter	Final	Group 5	62
10:56	Men	1000 meter	Final	Group 4	63
11:00	Men	1000 meter	Final	Group 3	64
11:04	Men	1000 meter	Final	Group 2	65
11:08	Men	1000 meter	Final	Group 1	66
11:12	<i>Ceremony</i>				
11:22	<i>Ice Res (Full)</i>				
11:37	Mix Team Relay	2000 m Relay	Final	Group 1	67