Road Book

INTRODUCTION

We would like to extend a warm welcome to everyone involved with the Nicky Grist Stages. Please read the following notes carefully as there are some very important points contained in them.

We wish you an enjoyable day's motor sport in the classic mid Wales stages and look forward to seeing you all at the post event celebrations in Builth Wells.

DRIVING

The organisers ask all competitors to drive carefully and with consideration to other road users. The organisers will not treat kindly any adverse reports received regarding driving manners, servicing etc., which includes all service vehicles and personnel. It is essential that the event causes no disruption or problems to local residents.

ACCOUNTABILITY

Competitors are deemed to be responsible for the actions and behaviour of their support crews with regard to Judge of Fact and Driving Standards Observers reports relating to noise, driving manners, speed, route, out of bounds, illegal assistance and contravention of regulations and official instructions.

ROAD SECTIONS

We have allowed plenty of time on the road sections and you should find it easy to maintain the time schedule. Please observe all speed limits and drive carefully, particularly on narrow public roads; we may need them next year. It is almost certain that Dyfed Powys police will be about during the day – Don't upset the goodwill we have locally!

Particular care must be taken whilst using the roads on the Ranges. The army have strict policies regarding speeds on the ranges and therefore you will notice that average speeds for range liaison sections are 20mph or below. Please remember these are not closed roads and the public also uses them. The Ranges are used for military training, which will continue irrespective of the rally and most military vehicles are much larger than you. Under no circumstances should you or any members of your team venture away from the prescribed route, or you may find yourself in the middle of an army exercise. Don't be collateral damage!

RETIREMENTS

Competitors are reminded of the Motorsport UK requirement to obtain the Stage Commander's permission before leaving any special stage by an exit other than the defined route. On retirement please ensure that Rally HQ are informed as soon as possible and your damage declaration is returned to the organisers within 48 hours or pass to a time control, course car or Rally HQ.

RECOVERY

Recovery crews will pass through each stage and extract any cars from immediate difficulty and usually take them out of the stage, normally by the stage exit.

The Stage Commanders will know the current location of retirements and their recovery arrangements. They will decide how and when a service crew will enter a stage and only if this is necessary. Please do not block any access or exit routes whilst waiting for a stage to close.

Competitor Safety Information

First Competitor on Scene

If the competitor is still in the vehicle and the vehicle is on fire GET THEM OUT IMMEDIATELY.

If the competitor is still in the vehicle, is responsive and there is no risk of fire:

- Approach from the front, look them in the eyes
- Do they seem aware of their surroundings?
- Speak to them, ask their name do they respond?
- Any pain, loss of feeling if yes keep them where they are!
- Keep them calm and keep them talking.
- DO NOT MOVE THEM UNTIL PROFESSIONAL HELP ARRIVES.
- Do nothing else

If the competitor is still in the vehicle, is unresponsive and there is no risk of fire:

- Stop any life threatening bleeding by applying direct pressure/ plugging the wound
- Ensure an open airway
- Immobilise the head and c-spine (neck)
- Check if they are breathing
- Treat any non-life threatening bleeding

DO NOT REMOVE THEIR HELMET UNLESS THERE IS NO OTHER WAY TO ENSURE AN OPEN AIRWAY.

If the competitor is out of the vehicle:

- Do not grab hold of them they might be unaware of what is happening and become combative.
- Guide them to a place of safety away from the incident and other competitors.
- Speak to them, ask if they are OK?
- Keep someone with them.

- Once in a safe place, assess them for injuries:
 - · Are they aware of their surroundings?
 - Any signs of injury / are they experiencing pain?
 - DO NOT LET THEM WANDER AROUND, BUT KEEP THEM UNDER OBSERVATION

Afterwards please write a short report for the organisers and either hand it to the first control official that you reach or to the Competitor Relations Officer. This report should cover the facts as you know them and include times of the incident starting and when you left the scene; always include your own details so that the organisers can, if necessary, contact you.

Safety & Accident Procedure

Competitors must carry an A4-size white board with a red SOS on one side and black OK on the other (letters to be a minimum of 12cm high with a minimum stroke width of 1.5cm), with means to secure them on display for oncoming Competitors. In the case of an accident where urgent medical attention is required, the following applies:

- The SOS display on the safety tracking device (if fitted) must be activated as soon as possible.
- The red "SOS" sign must be displayed as quickly as possible to alert following cars and aid any aircraft attempting to assist.
- The Emergency Red Warning Triangle must be placed at least 100m down the stage, appropriate to the approaching speed of following competitors to provide a visible advanced warning.

Any crew that sees a red SOS sign displayed on a car, or sees a major accident where both crew members are inside the car but not displaying the SOS sign, must immediately and without exception stop to give assistance. Where present the crew must operate the SOS function on the Tracking Console in their own vehicle and that of the crashed vehicle where accessible. All following cars must also stop and the second car arriving at the scene must inform the next radio point. Subsequent cars must leave a clear route for emergency vehicles. All crews stopping under this procedure will be allocated a time.

In the case of an incident where immediate medical intervention is not required, or of a car stopping for any other reason on or beside a special stage, whether temporarily or permanently, the following applies:

- The OK display on the safety tracking device (if fitted) must be activated within one minute.
- The green "OK" sign must immediately be displayed to the following cars and to any aircraft attempting to assist. If the crew leaves the vehicle, the "OK" sign must be displayed so that it is clearly visible to all the other competitors.
- The Emergency Red Warning Triangle must be placed at least 100m down the stage, appropriate to the approaching speed of following competitors to provide a visible advanced warning.

Any crew failing to comply will be Disqualified following a Judicial Hearing pursuant to Section C and reported to the ASN.

Where a Tracking System is being used, a competitor encountering a hazard other than described in R25.4.2. must operate the Hazard function on the Tracking Console and await further instructions from officials.

Competitors who misuse the Hazard function will be Disqualified following a Judicial Hearing pursuant to Section C and reported to the ASN for further action.

A 'hazard' is defined as any situation or incident on a Special Stage which is considered to be creating a safety issue that affects the safe passage of Competitors through that Stage.

The location of safety radios are indicated in the Road Book and by boards on the stage. A yellow radio board will be 100m prior to the radio point and a blue radio board at the radio location. There will always be a radio at the stage start and stage finish.

Red Flags

The red flag system will be used on all stages.

Tyre Limits Declaration

So as to ensure no Competitors are excluded from competing by the application of a Tyre Limit, this system is designed to be an all encompassing and as simple as possible. However, the onus is on the Competitor to ensure that their Tyre Declaration form is completed at all times. The form is available at the back of this road book (Page 105) and must be an accurate representation of what is on your vehicle.

Below is some scenario-based logic to assist with completing this process:

- At the beginning of the event, record what tyres you have placed on the vehicle, including any spares.
- At the next Service, record any changes in the correct columns, paying close attention to the quantity of tyres you have used.
- Should you not change the tyres and proceed onto the next loop without changing your tyres, you do not have to fill anything in.
- If the Clerk of the Course, together with the Event Stewards, declare that the tyre allowance has been suspended in accordance with R48.5.11, you no longer have to fill in the form.

If, at any time, the Scrutineers request to see your Tyre Declaration form, please surrender your form to them in order to facilitate a spot check. At the conclusion of the Event, please hand in your Tyre Declaration form with your damage declaration.

2024 Nicky Grist Stages



Defence Infrastructure Organisation

Ministry of Defence DIO OPS/TRG Wales & West Sennybridge Training Area

Welcome to Sennybridge Training Area.

We are pleased that the army allows the training area to be utilised for rallying; however, as I am sure you appreciate the primary function of the area is to provide a realistic training facility to our armed services. To assist in this task <u>AND FOR YOUR OWN PERSONAL SAFETY</u>, please read and observe the following guidelines:

- 1. Do <u>not</u> leave the tarmac roads in the training area.
- 2. Only park in designated car parking areas for the event.
- Do not drive through any barriers left in the down position, whether locked or not, they are there for your own and others' safety.
- 4. Do not interfere with or get involved in, any military training whatsoever.
- 5. Do not enter or interfere with any of the Training Area buildings, installations or equipment.
- 6. Do not pick up or touch any military equipment or debris. IT MAY EXPLODE AND KILL YOU!
- 7. Do not leave any litter, please take it home.
- Do <u>not</u> light fires. Even in the winter, the undergrowth on the Training Area can be dry enough to present a significant fire hazard.
- 9. <u>Observe</u> the speed limits set for the roads on the Training Area, they present a challenge to experienced rally drivers and could well prove fatal to you if driven without due care.
- 10. The Training Area also contains significant agricultural, forestry and nature conservation interests. Please follow the Countryside Code at all times.
- 11. In the event of any emergency, please contact an official of the rally or Range Staff or use one of the clearly marked Range Emergency Telephones (free of charge), which will provide you with a direct line to Sennybridge Camp Guardroom, who can summon help on your behalf.

We do not wish to labour the above points, but they are important and failure to observe them may jeopardise future rallying on the Sennybridge Ranges.

We hope you enjoy your days Motorsport on the training area.

ISSUED BY: Major Andrew Butcher

TRAINING OFFICER, SENNYBRIDGE

IN ASSOCIATION WITH THE MILLITARY, EPYNT & CAERWENT LIAISON OFFICER, WELSH ASSOCIATION OF MOTOR CLUBS, & THE ORGANISING MOTOR CLUB OF THIS EVENT.

Nicky Grist Stages

Saturday 13th July 2024

1.2

TC	Location	SS Dist.	Liaison Dist.	Section	1st Car
SS		Miles	Miles	Time	Due
MC 0	Start - Builth Wells	-	-		09:01
1		-	5.65	0:18	09:19
SS 1	Llyn Login 1	-	-		09:22
SF 1		3.50	-		09:27
PC 1		-	-		
2		-	4.53	0:14	09:41
SS 2	Monument 1	-	-		09:44
SF 2		5.68	-		09:53
PC 1		-	-		
3		-	4.73	0:16	10:09
SS 3	Halfway 1	-	-		10:12
SF 3		6.79	-		10:22
4		-	0.89	0:05	10:27
SS 4	Bowlsey 1	-	-		10:30
SF 4		6.27	-		10:39
PC 4		-	-		
4A	Regroup - In	-	22.77	0:50	11:29
4B	Regroup - Out / Service - In	-	0.07		11:45
	Service A - Builth Wells	(22.24)	(38.64)	0:50	
MC 1	Service - Out	-	-		12:35
5		-	5.88	0:18	
		-	0.00		12:53
SS 5	Llyn Login 2	-	-		12:56
SS 5 SF 5	Llyn Login 2				
SS 5 SF 5 PC 5	Llyn Login 2	-	-		12:56
SS 5 SF 5 PC 5 6		- 3.50	-	0:14	12:56 13:01 13:15
SS 5 SF 5 PC 5 6 SS 6	Llyn Login 2 Monument 2	3.50 - -			12:56 13:01 13:15 13:18
SS 5 SF 5 PC 5 6 SS 6 SF 6		3.50 - - - 5.68	4.53		12:56 13:01 13:15
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6		3.50 - -	- - - 4.53 - - -	0:14	12:56 13:01 13:15 13:18 13:27
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7	Monument 2	3.50 - - - 5.68	- - 4.53 - - 4.73		12:56 13:01 13:15 13:18 13:27 13:43
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7		3.50 - - 5.68 - - -	- - - 4.53 - - -	0:14	12:56 13:01 13:15 13:18 13:27 13:43 13:43
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7 SF 7	Monument 2	3.50 - - 5.68 - -	4.53 - - 4.73 -	0:14 0:16	12:56 13:01 13:15 13:18 13:27 13:43 13:46 13:56
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7 SF 7 8	Monument 2 Halfway 2	3.50 - - 5.68 - - -	- - 4.53 - - 4.73	0:14	12:56 13:01 13:15 13:18 13:27 13:43 13:46 13:56 14:01
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7 SF 7 8 SS 8	Monument 2	3.50 - - 5.68 - - - 6.79 -	4.53 - - 4.73 -	0:14 0:16	12:56 13:01 13:15 13:18 13:27 13:43 13:46 13:56 14:01 14:04
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7 SS 7 SF 7 8 SS 8 SF 8	Monument 2 Halfway 2	3.50 - - 5.68 - - - 6.79	4.53 - 4.73 - 0.89	0:14 0:16	12:56 13:01 13:15 13:18 13:27 13:43 13:46 13:56 14:01
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7 SS 7 SS 7 SS 8 SF 8 PC 8	Monument 2 Halfway 2 Bowlsey 2	3.50 - - 5.68 - - - 6.79 -	- - 4.53 - - 4.73 - 0.89 - - -	0:14 0:16 0:05	12:56 13:01 13:15 13:18 13:27 13:43 13:46 13:56 14:01 14:04 14:13
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7 SS 7 SF 7 8 SS 8 SF 8	Monument 2 Halfway 2	3.50 - - 5.68 - - 6.79 - - 6.27	4.53 - 4.73 - 0.89	0:14 0:16	12:56 13:01 13:15 13:18 13:27 13:43 13:46 13:56 14:01 14:04
SS 5 SF 5 PC 5 6 SS 6 SF 6 PC 6 7 SS 7 SS 7 SS 7 SS 8 SF 8 PC 8	Monument 2 Halfway 2 Bowlsey 2	3.50 - - 5.68 - - 6.79 - 6.27 -	- - 4.53 - - 4.73 - 0.89 - - -	0:14 0:16 0:05	12:56 13:01 13:15 13:18 13:27 13:43 13:46 13:56 14:01 14:04 14:13











MC 0 Start - Builth Wells TC 1 Llyn Login 1					
Dista	nce	5.65 Miles Tim	e 0 Hr 18 Min Speed 18.8	3 Mph	
	ance	Direction	Information	Miles to TC	
 0.00	Partial		MC 0 N52° 08.952' W03° 24.188' ///reports.eyelashes.impressed	5.65	
0.04	0.04	2	STOP	5.61	
0.21	0.17	3	Capel Uchaf Upper Chapel 8	5.44	
0.25	0.04		Brecon 16 Aberhonddu Upper Chapel 7 Capel Uchaf	5.40	
0.29	0.04	5	Refuel Area on right after traffic lights	5.36	
5.52	5.23	6		0.13	
	! 0.07 ট	2024	Nicky Grist Stages	Page 10	

MC 0	Start - B	uilth Wells	TC 1 Llyn Login 1	
Dista	nce	5.65 Miles Time	0 Hr 18 Min Speed 18	.83 Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
5.59	0.07	7	Pass SS 1 Start	0.06
5.65	0.06	8	TC 1 N52° 04.933' W03° 25.869' ///elevator.interest.eliminate	0.00
	0.04		SS 1 N52° 04.894' W03° 25.857' ///weeks.quote.vintages	
	D	2024 Nick	ky Grist Stages	Page 11



SS 1 - 5 Llyn Login 1 & 2					
Distar	nce	3.50 Miles Bogey	2 Min 48 Sec Target 7 M	linutes	
	ance	Direction	Information	Miles to FF	
Total	Partial		SS 1 - 5 Llyn Login 1 & 2 (f) N52° 04.894' W03° 25.857' (//weeks.quote.vintages)	3.50	
0.17	0.17	2		3.33	
0.48	0.31	3		3.02	
1.17	0.69	4	\$	2.33	
1.58	0.41	5		1.92	
1.96	0.38		Tightened Junction Onto Asphalt	1.54	
	0.12	2024 Nick	y Grist Stages	Page 13	

SS 1 -	5 Llyn L	ogin 1 & 2		
Dista	nce	3.50 Miles Boge	y 2 Min 48 Sec Target 7 M	Vinutes
	ance	Direction	Information	Miles to FF
 2.08	Partial	7	Tightened Junction Onto Gravel	1.42
2.20	0.12	8		1.30
2.57	0.37	9	G Tightened Junction	0.93
2.89	0.32	10		0.61
3.45	0.56	1	Tightened Junction Onto Asphalt	0.05
3.50	0.05	12	Flying Finish	0.00
	0.13 ହ	2024	Nicky Grist Stages	Page 14

SS 1 - !	5 Llyn L	.ogin 1 & 2		,
Dista	nce	3.50 Miles Bogey	2 Min 48 Sec Target 7	Vinutes
Dista	ance	Direction	Information	Miles to
Total	Partial	Birootion		FF
3.63	0.13	13	STOP STOP SF 1 - 5 N52° 05.822' W03° 28.487' ///hurtles.rejoined.pens	
l	Ď	2024 Ni	cky Grist Stages	Page 15

SF 1 -	5 Llyn L	.ogin 1 & 2	TC 2 - 6 Monument 1 & 2	
Dista	nce	4.53 Miles Time	0 Hr 14 Min Speed 19.	41 Mph
	ance	Direction	Information	Miles to TC
 0.00	Partial		SF 1 - 5 N52° 05.822' W03° 28.487' ///hurtles.rejoined.pens	
0.30	0.30	Drovers Arms	PC 1 - 5 Slow and Care to 2.12 miles No Overtaking	
2.12	1.82	3		
4.53	2.41		TC 2 - 6 N52° 05.209' W03° 33.213' ///measure.export.galloped	
	0.11		Onto Gravel SS 2 - 6 N52° 05.267' W03° 33.365' ///correctly.skins.polygraph	
	Û	2024 Ni	cky Grist Stages	Page 16



SS 2 - 6	6 Monu	ment 1 & 2				
Distar	nce	5.68 Miles	Bogey	4 Min 3	3 Sec Target	12 Minutes
Dista Total	ance Partial	Direct	ion		Information	Miles to FF
0.00	0.00			 + 4 5 	SS 2 - 6 Monument 1 & 2 N52° 05.267' W03° 33.3 ///correctly.skins.polygra	5.68
0.36	0.36	2				5.32
0.48	0.12	3	~			5.20
0.82	0.34	4	7	\$		4.86
2.10	1.28	5		\$		3.58
2.44	0.34	6	-	\$		3.24
	0.12 		2024 Nick	y Grist Stag	es	Page 18

SS 2 - 6 Monument 1 & 2					
Distar	nce	5.68 Miles Bogey	4 Min 33 Sec Target 12	Minutes	
Dista	ance	Direction	Information	Miles to FF	
Total 2.56	Partial	7	Jump	3.12	
2.71	0.15	8		2.97	
3.43	0.72	9	▲	2.25	
4.13	0.70	10		1.55	
4.96	0.83	11		0.72	
5.43	0.47	12		0.25	
	0.25 D	2024 Nick	y Grist Stages	Page 19	

SS 2 - 6	6 Monu	ment 1 & 2		
Dista	nce	5.68 Miles Bogey	4 Min 33 Sec Target 12	Vinutes
	ance Partial	Direction	Information	Miles to FF
<u>Total</u>	0.25	13	Flying Finish	0.00
5.85	0.17	14	STOP (f) SF 2 - 6 N52° 03.720' W03° 36.333' ///tributes.blackmail.tickling	
L	D	2024 Nick	y Grist Stages	Page 20

SF 2 - 6	6 Monu	ment 1 & 2	TC 3 - 7 Halfway 1 & 2	
Dista	nce	4.73 Miles Time	0 Hr 16 Min Speed 17.	74 Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
0.00	0.00	<i>x</i> . ©	SF 2 - 6 N52° 03.720' W03° 36.333' ///tributes.blackmail.tickling	4.73
0.90	0.90	2	OTO PC 2 - 6 N52° 03.240' W03° 37.233' ///envoy.easy.water	3.83
1.80	0.90	3	Llywel 634	2.93
2.20	0.40			2.53
3.16	0.96	5		1.57
3.71	0.55	6		1.02
	0.21 ହ		y Grist Stages	Page 21

SF 2 - 6	6 Monu	ment 1 & 2	TC 3 - 7 Halfway 1 & 2	
Dista	nce	4.73 Miles Time	0 Hr 16 Min Speed 17	. 74 Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
3.92	0.21	7		0.81
4.73	0.81	8	TC 3 - 7 N52° 01.041' W03° 40.112' ///bunch.community.slap	0.00
	0.08		SS 3 - 7 N52° 00.974' W03° 40.164' ///readings.sped.coaster	
	Ĵ		cky Grist Stages	Page 22

SS 3 - 7 Halfway 1 & 2





SS 3 - 7	7 Halfw	ay 1 & 2		
Distar		6.79 Miles Bogey	5 Min 26 Sec Target 14	Minutes
Dista	ance	Direction	Information	Miles to
Total	Partial		SS 3 - 7 Halfway 1 & 2 (j) N52° 00.974' W03° 40.164' ///readings.sped.coaster	6.79
0.14	0.14	2		6.65
0.22	0.08	3	Onto Gravel	6.57
0.77	0.55	4	(6.02
2.21	1.44	5	(4.58
2.64	0.43	6	Grid	4.15
	0.20 ହ	2024 N	icky Grist Stages	Page 24

SS 3 - 7	7 Halfw	ay 1 & 2						
Distar	nce	6.79 Miles	Bogey	5 Min 20	6 Sec	Target	14 N	/linutes
Dista	ance Partial	Direction	n l		Inforr	nation		Miles to FF
 2.84	0.20	7				tightens int	o Grid	3.95
3.08	0.24	8						3.71
3.79	0.71	9	1					3.00
4.16	0.37	10	ŗ	\$				2.63
4.37	0.21	11						2.42
4.60	0.23	12	•					2.19
	0.20 🕽		2024 Nick	y Grist Stag	es			Page 25

SS 3 - 7	7 Halfw	ay 1 & 2			
Dista	nce	6.79 Miles Bogey	5 Min 26 Sec	Target	14 Minutes
 Dista	ance	Direction	Infor	mation	Miles to FF
4.80	Partial	13			1.99
4.97	0.17	14			1.82
5.22	0.25	15			1.57
5.61	0.39	16	Tight	ened Junction	1.18
5.84	0.23	17	Onto	Asphalt	0.95
5.93	0.09	18	Onto	Gravel	0.86
	0.86)	2024 Nick	/ Grist Stages		Page 20

SS 3 - 7	7 Halfw	ay 1 & 2			
Distar	nce	6.79 Miles B	ogey 5 Min	26 Sec Target	14 Minutes
Dista	ance Partial	Direction		Information	Miles to FF
<u>Total</u>	0.86	19		Flying Finish N52° 00.547' W03° 40.95 ///pickle.piglet.swooning	0.00
6.96	0.17	20	STOP (f)	SF 3 - 7 N52º 00.690' W03º 40.95 ///liked.winded.potential	6'
	Û	2	024 Nicky Grist Sta	iges	Page 27

SF 3 - 7	7 Halfw	ay 1 & 2	TC 4 - 8 Bowlsey 1 & 2	
Dista	nce	0.89 Miles Time		68 Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
0.00	0.00	1	SF 3 - 7 N52° 00.690' W03° 40.956' ///liked.winded.potential	0.89
0.23	0.23	2	Onto Asphalt	0.66
0.66	0.43	3	Onto Gravel	0.23
0.89	0.23	4	TC 4 - 8 N52° 01.285' W03° 41.063' ///kennels.animator.putty	0.00
	0.06		SS 4 - 8 N52° 01.293' W03° 41.111' ///instance.trifling.masts	
	ŋ	2024 Nick	y Grist Stages	Page 28







SS 4 - 8	Bowls	ey 1 & 2		
Dista	nce	6.27 Miles Bogey	5 Min 01 Sec Target 13	Minutes
	ance Partial	Direction	Information	Miles to FF
 0.00	0.00	1	SS 4 - 8 Bowlsey 1 & 2 (*) N52° 01.293' W03° 41.111' ///instance.trifling.masts	6.27
0.46	0.46	2		5.81
0.95	0.49	3	\$	5.32
1.61	0.66	4		4.66
2.40	0.79	5		3.87
3.07	0.67	6	\$	3.20
	0.31 	2024 Nick	y Grist Stages	Page 30

SS 4 - 8	B Bowls	sey 1 & 2		
Dista		6.27 Miles Bogey	5 Min 01 Sec Target	13 Minutes
Dista	ance Partial	Direction	Information	Miles to FF
Total 3.38	0.31	7		2.89
3.98	0.60	8		2.29
4.14	0.16	9	\$	2.13
4.25	0.11	10		2.02
4.68	0.43	11	\$	1.59
4.80	0.12	12		1.47
	0.32 🕽	2024 Nick	y Grist Stages	Page 31

SS 4 - 8 Bowlsey 1 & 2						
Dista		6.27 Miles Bogey	5 Min 01 Sec Target 13 M	Vinutes		
Dist		Direction	Information	Miles to		
<u>Total</u> 5.12	Partial	13		1.15		
5.67	0.55	14	\$	0.60		
6.27	0.60	15	Flying Finish	0.00		
6.42	0.15	16	STOP SF 4 - 8 N52° 01.501' W03° 43.311' ///emptied.variation.nicer			
After SS 4 turn to the Page 33 for the route to TC 4A - Regroup In After SS 8 turn to Page 43 for the route to MC 2 - Finish						
	ŷ	2024 Nick	y Grist Stages	Page 32		

SF 4 Bowlsey 1 TC 4A Regroup - In						
Distar	nce	22.77 Miles Time	0 Hr 50 Min Speed 27.3	32 Mph		
Dista Total	ance Partial	Direction	Information	Miles to TC		
0.00	0.00	1	STOP SF 4 N52° 01.501' W03° 43.311' ///emptied.variation.nicer	22.77		
0.60	0.60	2		22.17		
1.52	0.92	3	PC 4 Join Public Road	21.25		
1.98	0.46			20.79		
2.82	0.84	5	(Cynghordy) Join A483 ! Care when pulling out	19.95		
9.14	6.32	6	Croeso i LANWRTYD Welcome to LLANWRTYD WELLS	13.63		
	0.22 ସ୍		y Grist Stages	Page 33		

SF4 E	Bowlsey	1	TC 4A Regroup - In	
Distar	nce	22.77 Miles Time	0 Hr 50 Min Speed 2	27.32 Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
9.36	0.22	7	20	13.41
13.65	4.29	8	BEULAH Gyrrwch yn ofalus Please drive carefully	9.12
16.28	2.63		GARTH Gyrrwch yn ofalus Please drive carefully	6.49
19.87	3.59	10	40 CILMERI CILMERY Safle marw Llywelyn II Site of Llywelyn II's death	2.90
21.81	1.95	11	(Builth Wells)	0.96
22.00	0.19	٩	20	0.77
	0.18 ই		ky Grist Stages	Page 34

Total Partial Direction Information TC 22.18 0.18 Image: constraint of the second seco	SF4 E	SF 4 Bowlsey 1 TC 4A Regroup - In					
Total Partial Direction Information TC 22.18 0.18 Image: constrained and the second a	Distar	nce	22.77 Miles Time	0 Hr 50 Min Speed 27.	32 Mph		
10ai Partial 10 22.18 0.18 13 Image: Constrained and a start and a sta			Direction	Information	Miles to		
22.37 0.13 14 Regroup on Right 22.49 0.12 15 Regroup on Right 15 15 Canol y dref 0.28 22.59 0.10 16 Canol y dref 0.18 22.72 0.13 16 Into Strand Street 0.05 22.77 0.05 17 TC 4A Regroup - In 0.00				Llandrindod Llandrindod Wells Aberhonddu Brecon			
22.49 0.12 Service entrance on Left 0.28 22.59 0.10 Image: Canol y dref Town centre 0.18 22.72 0.13 Image: Canol y dref Town centre 0.18 22.77 0.05 Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.05 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.00 Image: Canol y dref Town centre Image: Canol y dref Town centre 0.00	22.37	0.19		Service exit on Left	0.40		
22.59 0.10 Image: Canol y dref Town centre 0.18 16 Image: Canol y dref Town centre 0.18 22.72 0.13 Image: Canol y dref Town centre 0.05 17 Image: Canol y dref Town centre 0.05 17 Image: Canol y dref Town centre 0.05 22.77 0.05 Image: Canol y dref Town centre 0.00 17 Image: Canol y dref Town centre 0.05 17 Image: Canol y dref Town centre 0.00 17 Image: Canol y dref Town centre 0.00 17 Image: Canol y dref Town centre 0.00 18 Image: Canol y dref Town centre 0.00	22.49	0.12	15	Service entrance on	0.28		
22.72 0.13 0.05 17 22.77 0.05 0.05 TC 4A Regroup - In 0.00 N52° 08.964' W03° 24.189' N52° 08.964' W03° 24.189'	22.59	0.10	16	Canol y dref	0.18		
22.77 0.05 Regroup - In 0.00 N52° 08.964' W03° 24.189' (W///relative abia asymptotic 0.00	22.72	0.13	17	Into Strand Street	0.05		
18 2024 Nicky Grist Stages Page 3	22.77		18	Regroup - In N52° 08.964' W03° 24.189' /////unlocking.shin.newsreel	0.00		






MC 1	Builth W	ells Service - Out	TC 5 Llyn Login 2	
Dista	nce	5.88 Miles Time	0 Hr 18 Min Speed 19.6	60 Mph
	ance Partial	Direction	Information	Miles to TC
 0.00	0.00		MC 1 Service - Out DO NOT TURN RIGHT N52° 09.021' W03° 24.321'	5.88
0.04	0.04	2	Rally Traffic from Right	5.84
0.16	0.12	3	Rally Traffic crossing from Regroup to Service	5.72
0.26	0.10	4	Canol y dref Town centre	5.62
0.40	0.14	5	Rally Traffic turning Right to Regroup	5.48
0.44	0.04	6	Capel Uchaf Upper Chapel 8	5.44
	! 0.04 🕽	2024 Nick	y Grist Stages	Page 39

Distance 5.88 Miles Time 0 Hr 18 Min Speed 19.60 Mph Distance Direction Information Miles to Tc 0 Miles to Tc 0 Miles to Tc 0 Miles to Tc 0 Stance 5.40 0.48 0.04 Image: Chapel T 2 Stance Total Partial Fercinal Brecon 16 Aberhondu Stance	MC 1	Builth W	ells Service - Out	TC 5 Llyn Login 2	
Total Partial Direction information Tc 0.48 0.04 Important of the secon of the second of the secon	Distar	nce	5.88 Miles Time	-	
0.48 0.04 Image: Constraint of the second seco		ance	Direction	Information	
0.52 0.04 Refuel Area on right after traffic lights 5.36 5.75 5.23 0.13 0.13 5.82 0.07 Pass SS 5 Start 0.06 5.88 0.06 Image: Constraint of the start			7	Aberhonddu Upper Chapel 7	
9 Pass SS 5 Start 0.06 5.82 0.07 Pass SS 5 Start 0.06 10 Image: Constraint of the start o	0.52	0.04	Area	Refuel Area on right	5.36
5.82 0.07 0.06 10 Image: Constraint of the second sec	5.75	5.23			0.13
I1 I1 0.04 Instant Instant	5.82	0.07	10	Pass SS 5 Start	0.06
N52° 04.894' W03° 25.857'	5.88	0.06		N52° 04.933' W03° 25.869'	0.00
D 2024 Nicky Grist Stages Page 40				N52° 04.894' W03° 25.857'	



Turn back to Page 13 for SS 5 to SS 8

SF 8 E	Bowlsey	2	MC 2 Finish - Builth Wells	
Distar	nce	22.53 Miles Time	0 Hr 50 Min Speed 27.0)4 Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
0.00	0.00	1	STOP SF 8 N52° 01.501' W03° 43.311' ///emptied.variation.nicer	22.53
0.60	0.60	2		21.93
1.52	0.92	3	PC 8 Join Public Road	21.01
1.98	0.46			20.55
2.82	0.84	5	(Cynghordy) Join A483 ! Care when pulling out	19.71
9.14	6.32	6	Croeso i LANWRTYD Welcome to LLANWRTYD WELLS	13.39
	0.22 য	2024 Nick	y Grist Stages	Page 43

SF 8 E	Bowlsey	2	MC	2 Finish	- Builth Wells				
Distar	nce	22.53 Miles	Time 0 l	Hr 50 Min	Speed	27.04 Mph			
Dista Total	ance Partial	Direction		Information					
9.36	0.22	7	20			13.17			
13.65	4.29	8	40	PI	BEULAH Gyrrwch yn ofalus ease drive carefully	8.88			
16.28	2.63	9	40	PI	GARTH Gyrrwch yn ofalus ease drive carefully	6.25			
19.87	3.59	10	· (40		CILMERI CILMERY Safle marw Llywelyn II Site of Llywelyn II's death	2.66			
21.82	1.95	11	40)	Builth Wells)	0.71			
22.01	0.19	٩	20			0.52			
	0.18 য	2	2024 Nicky Grist	Stages		Page 4			

SF 8 E	Bowlsey	2	MC 2 Finish - Builth Wells	
Distar	nce	22.53 Miles Time	0 Hr 50 Min Speed 27.	04 Mph
Dista Total	ance Partial	Direction	Information	Miles to TC
22.19	0.18	13	Llandrindod Llandrindod Wells Aberhonddu Brecon A 470	0.34
22.38	0.19			0.15
22.50	0.12	15		0.03
22.53	0.03	16	MC 2 - Finish N52° 08.952' W03° 24.188' ///reports.eyelashes.impressed	0.00
	ź	2024 Ni	cky Grist Stages	Page 45



2024 NICKY GRIST STAGES

ENQUIRY SHEET

Note: This form may be handed Headquarters.	to the Competitor Liaison Officer at Rally					
Car No:	-					
This Enquiry relates to:						
Special Stage No: OR	Liaison to Time Control No :					
Nature of Enquiry:						
Name of Person lodging Enquiry	/:					
Signature:						
Date:	Time:					
×	ACTION					
Name of Official:						
Title: Signature:						
	Time:					

Event Name: 2024 Nicky Grist Stages

Car No.:



Competitors must complete the below form with complete accuracy, paying close attention to the quantity of tyres used. Please submit this form to the Event Organisers at the conclusion of the event with your Damage Declaration. Please surrender this form to the Event Scrutineers on request in order to facilitate a spot check Any Competitor found to be in breach of the tyre quantities will be penalised in accordance with C2.1 of the 2024 General Regulations.

Barcode (BRC use only)										
Quantity (incl. Spares)										
Tyres used										

Please submit this form with your Damage Declaration.

2024 NICKY GRIST STAGES										
DAMAGE DECLARATION										
I confirm that I HAVE / HAVE NOT been involved in any incident that may have caused damage to persons or property										
Complete details of any incident below;										
Name of Driver:Car No:										
Date: Time :										
Location:										
Details of any other Party involved:										
Name:										
Address:										
Description of Incident:										
Nature of any Injuries:										
Nature of any Property Damage:										
Reason for retirement:										