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Subject: Fire Risk

We are extremely lucky to be running this weekend given the current weather and extreme heat.

Please remember:



With effect from 1 January 2023 all Defence Training Sites will become tobacco free environments. Smoking and the use of all tobacco products (including combustible and chewing tobacco products) is not permitted anywhere in the Defence working environment, which is the entire defence estate and includes all Defence personnel, contractors, visitors and other non-MoD personnel. Vaping and vaping products will be permitted; however their use will be limited to designated areas only.

This will now also apply to all parts of the rally route

If you do go off in stage, please remember to check your car for any fire risk such as leaking fuel, hot exhausts etc. If you have a fuel leak activate the hazard button on your tracker to alert Rally HQ, after 10 seconds press the OK.

Take your hand held fire extinguisher with you and stay as close as possible while staying in a safe position

If at any time a fire does break out, if it is safe to do so, press the fire button on the tracker

Beat the heat

Plan ahead



Check the weather
forecast and the news



Plan ahead to
avoid the heat



Schedule activities to
cooler times of the day

Keep yourself cool



Drink plenty of fluids and
avoid excess alcohol



Wear sunscreen, a
hat, and sunglasses



Cool your skin with water
and slow down

Find somewhere cool



Close blinds and curtains
during the day



Go indoors or outdoors,
whichever feels cooler



Avoid closed spaces
like stationary cars

Be safe



Be on the lookout
for signs of heat
related illness



Look after yourself
and check in with
others



Stay safe when
swimming



Get help. Call
NHS 111 or in an
emergency 999

For more information go to: gov.uk/ukhsa/beat-the-heat



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