TUDOR
OFFICIAL TIMEKEEPER

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Dear ,

Welcome to the second Newsletter for the Gaucho Trial 2026.

We hope that you are looking forward to the event, with the shipping of the vehicles now underway.

There is important information in this Newsletter to help you plan and prepare further for the event, so we ask you to read it carefully and contact us if you need any clarifications.

Please make sure you read the medical section below, and return the Questionnaire to our medical team. This is a compulsory request.

The entry list of participants with the assigned competition number for each crew will be published on the event page on our website, and can be found on this link: **Numbered Entry List**

We have also created an entry list by Class: **Class Entry List**

Should you notice any irregularities in the details published for your crew, please advise us without delay via email to **hayley@hero-era.com**.

A set of metal rally plates and door roundels with your assigned competition number will be provided at the rally HQ in Montevideo, **before** Scrutineering.

An electronic copy of the Event Regulations is included in this Newsletter; PLEASE REVISE THIS DOCUMENT CAREFULLY and get in touch with the Rally Office if you have any specific questions or concerns; **Regulations**

As previously advised, accommodation in Montevideo is provided for 2-nights prior to the event start date; each crew will have a double or twin room allocated at the Hotel Sofitel Carrasco Casino & Spa for the nights of Saturday 31 October and Sunday 1 November. This is the same hotel where the rally will return for the finish, on Saturday 28 November.

The hotel has advised that they will not be accepting items in storage for the duration of the rally – please travel light as no formal attire is required at any of the dinners on the event. The dress code for the Welcome and Prize-Giving dinner is Smart Casual.

The complete hotels list for the whole itinerary will be shared on Sportity approximately one week prior to the event start. This is a confidential document for the rally participants and their family only, it should never be shared or published on social media.

The pre-rally programme will be as follows (subject to final arrangements):

- Saturday 31st October 2026; crews will collect the rally cars from the Customs warehouse; this will be followed by the Welcome Briefing and Welcome Dinner.
- Sunday 1st November 2026; crews will collect their metal rally plates and roundels, complete Scrutineering and Documentation.
- Monday 2nd November 2026: the event officially starts.

Further details and timings will follow.

A reminder that **all crew members** should send a colour copy/scan of the following documents, to Hayley, by email to: **hayley@hero-era.com**

- Passport;
- Driving Licence (even if **not** designated to drive on event)
- International Driving Permit;
- Car Registration Document;

Please note that you should send these documents, even if you participated on another rally recently. Thank you.

A reminder that we will need to share the copy of your passport and any other documents with any authorities and third parties as and if required in all the countries visited by the rally.

Note that passports need to be valid for at least six months beyond your expected departure date and have two blank pages for your visa.

Crew members who intend to drive must be over the age of 17, must be insured and have a valid, in-date Driving Licence.

The International Driving Permit (IDP) is compulsory for foreign drivers; this is an internationally recognized document which you will be pleased to have at hand, should you be stopped for any random checks by Traffic Police.

Car Registration Document

It is compulsory to have all the original car documents – **NOT COPIES** – so make sure you have the original Registration Document of your car with you, as well as some spare copies.

Should the rally vehicle not be registered in your name (driver or co-driver), please notify CARS as further arrangements may be required.

There are currently no visa requirements in advance for any of the nationalities participating. As a result, all travellers can move freely as tourists between the five countries on the rally. We will continue to monitor the situation closely and will provide updates should any visa requirements or travel regulations change.

A fully qualified medical team will follow the Rally from start to finish. If you suffer from any medical conditions, you have recently had surgery and/or have any medical concerns you are kindly requested to inform our Medical Team in advance; a Medical Questionnaire is included in this Newsletter. Please fill it in and return to the rally doctors prior to travelling to the event.

Travel insurance, including repatriation, is mandatory. We request that all participants arrange personal travel insurance that includes medical emergency repatriation in the event of an accident or sudden illness.

Thank you for taking note of this important requirement and please ensure with your preferred insurance provider that you are covered in the countries visited.

Tysers can also assist, contact **martin.tinsley@tysers.com**

NOTES FROM THE MEDICAL TEAM:
Please review the items below. They are graded with 'high importance' and should be undertaken at least 3 months prior to departure.

1. **Medical Questionnaire:**
2. **Health checkup:**
3. **Routine vaccinations and boosters:**
4. **Travel Clinic:**
5. **Travellers' Diarrhoea (TD):**
6. **Travel insurance:**
7. **Dental Fitness:**
8. **Medications:**
9. **Sight Correction:**
10. **Individual First Aid Kit (IFAK):**

11. **Further Reading:**

The medical questionnaire included with Newsletter Number 2 must be completed by all competitors on the Gaucho Trail and returned directly to the Medical Team no later than 1st October 2026. Please note, competed forms with be treated as 'Medical-In-Confidence' with restricted access limited to the Medical Team.

Open Medical Questionnaire

If it's been a while since your last health check-up, it is recommended you visit your physician / doctor to undertake a health check-up. You should do so within 3 months of departure date.
Although not mandatory for any of the locations on the rally, all routine vaccinations and boosters must be up to date and in particular, hepatitis A and B.

You must check with your physician / doctor at least 3 months prior to departure whether there are outstanding routine vaccinations or boosters.

You must visit your travel clinic or physician / doctor at least 3 months prior to departure to discuss your itinerary. A travel risk assessment will be undertaken where travel vaccinations, malaria chemoprophylaxis, and biting insect mitigation will be discussed.
Millions of travellers succumb to travellers' diarrhoea annually which presents the greatest risk of illness when travelling to developing countries and remote regions. Although TD is typically self-limiting, in some cases antibiotics may be required.

You can discuss antibiotics with your travel clinic, physician / doctor and whether remote prescribing is appropriate. Remote prescribing is a circumstance in which a client carries antibiotics but only starts the antibiotic course under the strict approval and direction of the event Medical Officer.

Travel insurance is a legal required to enter certain South American countries. However, it is recommended for all travel destinations. It should include appropriate cover for medical expenses and repatriation. Please see previous communications sent by HERO-ERA as soon as possible if there are questions or difficulties with travel insurance, or contact **admin@hero-era.com**
It is recommended you carry a copy of your insurance certificate on the event.

Are you dentally fit? You should arrange a dental checkup 3 months prior to the Gaucho Trail with all remedial dental work completed 1 month prior to departure.

If you regularly take prescribed medications, you should bring enough medication to last the duration of the event. Medication should be contained in original boxes and accompanied by the original prescription and a physician's / doctor's note.

Additionally, you should check with the destination country to see if any of your prescribed medications are on a controlled medications list so require notification prior to travel. Examples of this include strong pain killers and certain mental health medications. General sales, over the counter medications, for example – paracetamol, can be carried but should be contained in their original boxes.

If you wear contact lenses or glasses for sight correction, you should ensure you have enough contact lenses to last the duration of the event. Furthermore, if you do wear contact lenses, you should also carry a backup pair of glasses in case you cannot wear contact lenes. If your primary correction is glasses, ensure you have a spare pair of glasses.

It is recommended you carry a small personalised medical kit known as an IFAK. This allows you to treat minor cuts, grazes and ailments. It is a personal choice what you include in your IFAK but should be based on potential circumstances you may encounter on the Gaucho Trail and your first aid abilities.

Some suggested items include:

- Rehydration sachets
- Electrolytes
- Pain relief
- Assorted plasters
- Assorted crepe bandages
- Gauze
- Calico triangular bandages
- Tape
- Eye water pods
- Insect bite cream
- Scissors
- Tweezers
- Latex free surgical gloves
- Foil blanket
- Foot care products, for example medicated talcum powder (1st line), antifungal athletes foot cream (2nd line)

- Travel Health Pro – **https://travelhealthpro.org.uk/**
- UK Government Travel Advice – **https://www.gov.uk/foreign-travel-advice**
- WHO Disease Dashboard – **https://www.who.int/emergencies/disease-outbreak-news**

Prior to departing on the Gaucho Trail, you should undertake some research and intelligence gathering regarding the destination countries and travel risks.

Some recommended resources include:

Please do inform us if you have any dietary restrictions, allergies or intolerances to any foods by sending an email to: **hospitality@hero-era.com**

For any dietary requirements to be catered for, we need this information in advance and no later than 31 August.

It will not be possible to cater in all locations for dietary preferences (rather than restrictions) – thank you for your understanding.