

July 20 - 22 , 2023 Markham Pan Am Centre

TENTATIVE SCHEDULE

Version 6 (2023-07-12)

11-12

YOUTH

ADAPTED

WED 19/07	8:00		Access to change rooms
	8:45		Access to pool deck
10707	9:00	4:00	SPACING PRACTICE - SEE SPACING SCHEDULE

	8:00			Access to change rooms
	8:45			Access to pool deck
	9:00	9:15		Lap Warm-up
	9:15	9:45		WARM UP - 11-12 & ADAPTED FIGURES
	9:50	10:50	2 46	Adapted & 11-12 Figures
THU	11:00	11:30		WARM UP - YOUTH FIGURES
20/07	11:35	13:00	69	Youth Figures
	14:00	14:30		WARM UP - 11-12 TEAM PRELIMS
	14:35	15:05	5	11-12 Team Prelims
	15:10	15:40		WARM UP - YOUTH MIXED DUET & YOUTH DUET
	15:45	15:55	1	Youth Mixed Duet Finals
	15:55	16:55	8	Youth Duet Finals

	8:00			Access to change rooms
	8:45			Access to pool deck
	9:00	9:15		Lap Warm-up
	9:15	9:45		WARM UP - 11-12 DUET
	9:50	10:20	5	11-12 Duet Finals
	10:25	10:55		WARM UP - YOUTH MALE & FEMALE SOLO
	11:00	11:05	1	Youth Male Solo Finals
FRI	11:05	11:40	5	Youth Female Solo Finals
21/07	11:40	12:10		WARM UP - ADAPTED & 11-12 SOL O
	12:15	12:25	2	Adapted Solo Finals
	12:25	12:55	5	11-12 Solo Finals
	13:00	13:30		WARM UP - YOUTH TEAM PRELIMS
	13:35	14:25	7	Youth Team Prelims
	14:30	15:00		WARM UP - 11-12 TEAM FINALS
	15:05	15:45	5	11-12 Team Finals

SAT
22/07

8:	00		Access to change rooms
8:	45		Access to pool deck
9:00	9:30		Lap Warm-up
9:30	10:00		WARM UP - YOUTH TEAM FINALS
10:10	11:00	7	Youth Team Finals