

3rd - 4th of May, 2025



TECHNICAL DATA

ICE PREMIUM 2nd Spring Cup

Interclub Figure Skating Competition

Event time: May 3rd & 4th, 2025

Competition venue: "Mārupes ledus halle", Kantora street 128, Marupe, Latvia, LV-2167

Organizer: Figure Skating club "Daiļslidošanas skola ISPS"

WOMEN and MEN

Short Program: the required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024,

Rule 611, paragraphs 1 and 2.

Duration: 2 min., 40 sec. +/- 10 sec.

Free Skating: in accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

Duration: 4 min., +/- 10 sec.

JUNIOR WOMEN and MEN

Short Program: the required elements to be skated are those listed in ISU Technical Rules Single & Pair Skating 2024, Rule 611, paragraphs 1 and 3, for 2024/2025.

Duration: 2 min.40 sec. +/-10 sec.

Free Skating: in accordance with ISU Technical Rules Single & Pair Skating 2024, Rule 612 and the respective ISU Communication. Special attention should be paid to the "well balanced program" and the element value.

Duration: 3 min.30 sec. +/-10 sec.

ADVANCED NOVICE 2012-2014 and 2008-2011 Girls and Boys

Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Short Program: 2 min 20 sec, +/-10 sec.

Free Skating: 3 min +/-10 sec

INTERMEDIATE NOVICE Girls and Boys

Age and technical requirements are according to the ISU Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 3 min, +\- 10 sec



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BASIC NOVICE 2010-2012 Girls and Boys

Technical requirements are according to the ISU Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

BASIC NOVICE 2013 and Younger Girls and Boys

Technical requirements are according to the ISU Technical Rules Single and Pair Skating 2024, ISU Communication 2624 and all respective ISU Communications.

Free Skating: 2 min 30 sec, +/- 10 sec

INTERCLUB CLASS A

PRE-CHICKS A

Girls and Boys (2018 and younger)

Free Skating: only 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) maximum of two (2) spins of a different nature (minimum of 4 revolutions each)
- d) one (1) Choreographic Sequence consisting of at least two different skating movements.

CHICKS A

Girls and Boys (2016/2017)

Free Skating: only 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence
- c) the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- d) maximum of two (2) spins of a different nature (minimum of 4 revolutions each). In spin with change of foot, only one level feature per foot will count. If two features are done on the first foot, only one feature will be rewarded
- e) there must be a maximum of one (1) step sequence fully utilizing the ice surface and including at least one skating movement such as a spiral, spread eagle, Ina Bauer, hydroblading etc. If the skating movement is missing, no Level will be given. At least 2 difficult turns and steps must be executed on clean edges for Level basic. The Technical Panel will not award Feature 3) Use of body movements for at least 1/3 of the pattern and Feature 4) Two combinations of 3 difficult turns on different feet.



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CHICKS Axel

Girls and Boys (2016/2017)

Free Skating: only 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) maximum of two (2) spins of a different nature (minimum of 3 revolutions each)
- d) one (1) Choreographic Sequence consisting of at least two different skating movements.

Double jumps are NOT allowed!

IMPORTANT!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.67

- In all elements which are subject to Levels, only features up to (Pre-Chicks A and Chicks A) Level 2 and (Chicks Axel) Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
- 2. Evaluation is in accordance with ISU Communication No.2623 (or any update of this Com.)
- 3. No jump with the same name may be repeated more than twice including Axel type jumps.
- 4. There shall be no bonus for difficult elements in the second half of the program
- 5. Program time violation up to every 5 seconds lacking or in excess -0.5
- 6. Part of the costume/decoration falls on the ice -0.5
- 7. Costume/prop violation -0.5
- 8. Late start -0.5
- 9. Falls: **-0,5** per fall outside elements.

Falls in elements will be called by the Technical Panel but with no deduction(s).

- 10. Interruption
 - a. more than 10 sec. up to 20 sec.: -0,5
 - b. more than 20 sec. up to 30 sec.: -1,0
 - c. more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption:

-2,5 per program

- 11. Warm up group up to 10 skaters
- 12. Warm up 4 min.



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INTERCLUB CLASS B PRE-CHICKS B

Girls and Boys (2018 and younger)

Free Skating: only 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements
- b) maximum of two (2) jump combinations. Jump combination can contain only two (2) jumps
- c) maximum of two (2) spins of a different nature (minimum of free (3) revolution for each)
- d) All spins must contain only basic positions (upright, sit or camel).
- e) <u>Variations-simple, difficult or non-basic (such as sideways sit spin, upright Biellmann, etc.) are not allowed and will be ignored by the technical panel. No value will be awarded for the spin, but it will be considered as attempted and occupy a spin box.</u>
- f) one (1) Choreographic Sequence consisting of at least two different skating movements.

Simple (1) Axel and double (2) jumps are not allowed in Pre-Chicks B category.

CHICKS B

Girls and Boys (2016/2017)

Free Skating: only 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements
- b) maximum of two (2) jump combinations. Jump combination can contain only two (2) jumps
- c) maximum of two (2) spins of a different nature (minimum of free (3) revolution for each)
- d) one (1) Choreographic Sequence consisting of at least two different skating movements

Simple (1) Axel and double (2) jumps are not allowed in Chicks B category.

CUBS B

Girls and Boys (2014/2015)

Free Skating: only, 2 min. 30 sec., +/- 10 sec.

- a) maximum of four (4) jump elements
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) maximum of two (2) spins of a different nature (minimum of five (5) revolutions)
- d) one (1) Choreographic Sequence consisting of at least two different skating movements

Simple (1) Axel and one (1) double (2) jump (2S or 2T) are allowed max. two (2) times in one program.

2A, 2Lo, 2F, 2Lz and 3 (triple jump) - are not allowed in this category!



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SPRINGS B

Girls and Boys (2012/2013)

Free Skating: only, 2 min. 30 sec., +/-10 sec.

- a) maximum of four (4) jump elements (one of which must be an Axel type jump)
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) maximum of two (2) spins of a different nature
 - a. one (1) spin combination with a change of foot must have a minimum of eight (8) revolutions and without a change of foot with a minimum of six (6) revolutions. Flying entry is allowed.
 - b. and one (1) spin in one position without change of foot must have a minimum of six (6) revolutions, must be done in a basic position without any difficult variation positions and will be called maximum level basic. After the required revolutions it is allowed to execute difficult variations, but these will be ignored by the Technical Panel. Flying entry is not allowed.
- d) one (1) Choreographic Sequence consisting of at least two different skating movements

Maximum 2 (two) different double jumps (2S, 2T or 2Lo) are allowed and they cannot be repeated more than twice.

2A, 2F, 2Lz and 3x (triple jump) – are not allowed in this category.

IMPORTANT!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.50

- In all elements which are subject to Levels, only features up to (Pre-Chicks B, Chicks B and Cubs B) Level Base, (Springs) Level 1 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel. Evaluation is in accordance with ISU Communication No.2623 (or any update of this Com.)
- 2. No jump with the same name may be repeated more than twice including Axel type jumps.
- 3. There shall be no bonus for difficult elements in the second half of the program.
- 4. Program time violation up to every 5 seconds lacking or in excess -0.5
- 5. Part of the costume/decoration falls on the ice -0.5
- 6. Costume/prop violation -0.5
- 7. Late start -0.5
- 8. Falls deduction for every fall -0.5
- 9. Interruption:
 - a. more than 10 sec. up to 20 sec. -0,5
 - b. more than 20 sec. up to 30 sec. -1,0
 - c. more than 30 sec. up to 40 sec. -1,5
 Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption -2,5 per program
- 10. Warm up group up to 10 skaters
- 11. Warm up Pre-chicks B & Chicks B 3 min. / Cubs B & Springs B 4 min.



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NOVICE B

Girls and Boys (age limits)

Participant has reached at least the age of ten (10) and has not reached the age of sixteen (16) before May 1st preceding the event

Free Skating: only 3 min. +/- 10 sec.

- a) maximum five (5) jump elements at least one (1) Axel type jump
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) there must be a maximum of two (2) spins of a different nature:
 - a. one of which must be a spin combination with change of foot (minimum of eight (8) revolutions in total) or without change of foot (minimum of six (6) revolutions in total) Flying entry is allowed.
 - b. one spin with no change of position with change of foot (minimum of eight (8) revolutions in total) or without change of foot (minimum of six (6) revolutions in total). Flying entry is allowed.
- d) one (1) Choreographic Sequence consisting of at least two different skating movements.

Double (2) Axel and (3) triple jumps are not allowed.

JUNIOR B

Women and Men (age same as Junior A)

Free Skating: only 3 min., +/- 10 sec.

- a) maximum of five (5) jump elements one of which must be an Axel type jump
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten (10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions)
- d) one (1) Choreographic Sequence consisting of at least two different skating movements (2A).

Double Axel and (3x) triple jumps are not allowed.

SENIOR B

Women and Men(age same as Senior A)

Free Skating: only 3.30 min., +/- 10 sec.

- a) maximum of six (6) jump elements one of which must be an Axel type jump
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump





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- must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) three (3) spins of a different nature, one of which must be a spin combination (minimum of ten(10) revolutions in total), one a flying spin (minimum of six (6) revolutions) and one spin is optional (minimum of six (6) revolutions)
- d) one (1) Choreographic Sequence consisting of at least two different skating movements.

Double (2) Axel and (3) triple jumps are not allowed.

IMPORTANT!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.50

- In all elements which are subject to Levels, only features up to (Novice B, Junior B), Level 2 and (Senior B)
 Level 3 will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
- 2. Evaluation is in accordance with ISU Communication No.2623 (or any update of this Com.)
- 1. No jump with the same name may be repeated more than twice including Axel type jumps.
- 2. There shall be no bonus for difficult elements in the second half of the program
- 3. Program time violation up to every 5 sec. lacking or in excess (-1,0) -0.5 (only Novice B)
- 4. Part of the costume/decoration falls on the ice (-1,0) -0.5 (only Novice B)
- 5. Costume/prop violation (-1,0) -0.5 (only Novice B)
- 6. Late start (-1,0) -0.5 (only Novice B)
- 7. Falls deduction for every fall (-1,0) -0.5 (only Novice B)
- 8. Late start (-1,0) -0.5 (only Novice B)
- 9. Interruption:
 - a. more than 10 sec. up to 20 sec.: -0,5
 - b. more than 20 sec. up to 30 sec.: -1,0
 - c. more than 30 sec. up to 40 sec.: -1,5
- 10. Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program
- 11. Warm up group up to 8 skaters 13
- 12. Warm up 5 min

INTERCLUB CLASS C

PRE-CHICKS C

Girls and Boys (2018 and younger)

Free Skating: only 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence.

 Jump combinations and the jump sequence consist of two (2) jumps. In the jumpsequence the second jump



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- must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each).
- d) All spins must contain only <u>basic positions (upright, sit or camel)</u>. <u>Variations-simple, difficult or non-basic (such as sideways sit spin, upright Biellmann, etc.)</u> are not allowed and will be ignored by the technical panel. <u>No value will be awarded for the spin, but it will be considered as attempted and occupy a spin box.</u>
- e) one (1) Choreographic Sequence consisting of at least two different skating movements.

Waltz jump is allowed in Pre-Chicks C category and has a value 0.20.

1Axel, 1Lutz, 1Flip, 1Loop and double jumps are not allowed in pre-chicks C category!

CHICKS C

Girls and Boys (2016/2017)

Free Skating: 2 min., +/- 10 sec.

- a) maximum of four (4) jump elements
- b) There may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence. Jump combinations and the jump sequence consist of two (2) jumps. In the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each)
- d) All spins must contain only basic positions (upright, sit or camel). Variations-simple, difficult or non-basic (such as sideways sit spin, upright Biellmann, etc.) are not allowed and will be ignored by the technical panel. No value will be awarded for the spin, but it will be considered as attempted and occupy a spin box.
- e) one (1) Choreographic Sequence consisting of at least two different skating movements.

Waltz jump is allowed in Chicks C category and has a value 0.20. 1Axel, 1Lutz, 1Flip, 1Loop and double jumps are not allowed!

IMPORTANT!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.40

- 1. Skaters who did participate in group A, B or C are not allowed to change category for lowest during season (only with some exceptions consulting with referee and OC).
- 2. In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
- 3. Evaluation is in accordance with ISU Communication No.2623 (or any update of this Com.)
- 4. No jump with the same name may be repeated more than twice including Axel type jumps.
- 5. There shall be no bonus for difficult elements in the second half of the program
- 6. Program time violation up to every 5 seconds lacking or in excess -0.25
- 7. Falls deduction for every fall -0.25



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- 8. Part of the costume/decoration falls on the ice -0.25
- 9. Costume/prop violation -0.25
- 10. Late start -0.25
- 11. Interruption
 - a. more than 10 sec. up to 20 sec.: -0,5
 - b. more than 20 sec. up to 30 sec.: -1,0
 - c. more than 30 sec. up to 40 sec.: -1,5

Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: **-2,5 per program**

- 12. Warm up group up to 10 skaters
- 13. Warm up Pre-chicks C, Chicks C 3 min.

INTERCLUB BEGINNERS and HOBBY CLASS BEGINNERS 2014 Younger and 2012/2013

Girls, Boys

Free Program: max. 2:00 min ±10 sec.

- a) Maximum four (4) jump elements
- b) at least one (1) and no more than two (2) are jump combinations. Jump combination can contain only two (2) jumps
- c) maximum of two (2) spins, each spin in one position (minimum of 3 revolutions each)
- d) All spins must contain only basic positions (upright, sit or camel). Variations-simple, difficult or non-basic (such as sideways sit spin, upright Biellmann. etc.) are not allowed and will be ignored by the technical panel. No value will be awarded for the spin, but it will be considered as attempted and occupy a spin box.
- e) one (1) Choreographic Sequence consisting of at least two different skating movements.

Single Axel and double jumps are not allowed!

Beginners 2010-2011, 2004-2009

Girls and Boys

Free Program: max. 2:30 min ± 10 sec.

- a) maximum four (4) jump elements at least two (2) of them are solo jumps
- b) there may be up to two (2) jump combinations or one (1) jump combination and one (1) jump sequence
 - a. jump combinations and the jump sequence consist of two (2) jumps
 - b. in the jump sequence the second jump must be an Axel type jump with a direct step from the landing curve of the first jump into the take-off curve of the Axel jump
- c) at least one (1) but not more than two (2) spins of a different nature min. four (4) revolutions
- d) one (1) Choreographic Sequence consisting of at least two different skating movements.



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HOBBY CLASS (For the skating beginners!!!)

Girls and Boys (2007-2010)

Free Skating: only, 2 min., +/- 10 sec.

- a) maximum of free (3) jump elements
- b) maximum of one (1) jump combination. Jump combination can contain only two (2) jumps
- c) maximum of one (1) spin. Only USP (upright position (minimum of 3 revolutions each)
- d) Spins must contain only basic positions (upright). Variations-simple, (such as upright Biellmann, etc.) are not allowed and will be ignored by the technical panel. No value will be awarded for the spin, but it will be considered as attempted and occupy a spin box.
- e) one (1) Choreographic Sequence consisting of at least two different skating movements.

Waltz jump is allowed and has a value of **0.20**Singel (1) Lutz, Simple (1) Axel and double (2) jumps are not allowed!

IMPORTANT!

The following Program Components are judged:

- Composition
- Presentation
- Skating Skills

The factor for the Program Components is 1.40 / (HOBY CLASS 1.20)

- a) In all elements which are subject to Levels, only features up to Level Base will be counted. Any additional features will not count for Level requirements and will be ignored by the Technical Panel.
- b) Evaluation is in accordance with ISU Communication No.2623 (or any update of this Com.)
- c) No jump with the same name may be repeated more than twice including Axel type jumps.
- d) There shall be no bonus for difficult elements in the second half of the program
- e) Program time violation up to every 5 seconds lacking or in excess -0.50
- f) Falls deduction for every fall -0.50
- g) Part of the costume/decoration falls on the ice -0.50
- h) Costume/prop violation -0.50
- i) Late start -0.50
- j) Interruption:
 - a. more than 10 sec. up to 20 sec.: -0,5
 - b. more than 20 sec. up to 30 sec.: -1,0
 - c. more than 30 sec. up to 40 sec.: -1,5
 Interruption of the program with allowance of up to three (3) min. to resume from the point of interruption: -2,5 per program
- k) Warm up group up to 10 skaters
- I) Warm up 3 min.

Please, make sure that in all categories the choice of music fits the skater skills as well as their age (Com.2624)





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All the information & updates will be available on:

• Website: https://www.isps.lv/spring-cup-2-2025

• **Sportity:** ISPS2025



